

TEST MEET - LIVE Results upload  
Bern, 25.12.2018

Event 19  
25.12.2018 - 11:30

400m Freestyle

18 years and older  
Results

Rank			Age			Time
<b>18 - 24 years, Men</b>						
1.	Ethier-Deschamps Francois		24	Neptune Natation		<b>4:43.0</b>
	50m:	31.1	31.1	150m:	1:42.0	36.2
	100m:	1:05.7	34.5	200m:	2:18.7	36.7
				250m:	2:55.7	36.9
				300m:	3:31.9	36.2
				350m:	4:08.3	36.3
				400m:	4:43.0	34.7
<b>25 - 29 years, Women</b>						
1.	Labonte Alexandra		26	Camo		<b>6:27.3</b>
	50m:	44.0	44.0	150m:	2:21.0	49.0
	100m:	1:31.9	47.9	200m:	3:11.3	50.3
				250m:	4:02.0	50.7
				300m:	4:52.4	50.4
				350m:	5:42.1	49.7
				400m:	6:27.3	45.1
<b>25 - 29 years, Men</b>						
1.	Marion Nicolas		27	Maitres A Contre Courant		<b>5:42.7</b>
	50m:	40.2	40.2	150m:	2:07.6	43.8
	100m:	1:23.7	43.4	200m:	2:51.0	43.4
				250m:	3:35.4	44.4
				300m:	4:20.5	45.0
				350m:	5:03.7	43.1
				400m:	5:42.7	38.9
<b>35 - 39 years, Women</b>						
1.	Gagnon Kathleen		35	Laval		<b>5:15.1</b>
	50m:	35.0	35.0	150m:	1:53.4	39.9
	100m:	1:13.5	38.4	200m:	2:34.0	40.6
				250m:	3:14.6	40.6
				300m:	3:55.0	40.3
				350m:	4:35.5	40.4
				400m:	5:15.1	39.6
2.	Grosman Jessica		36	Neptune Natation		<b>5:51.5</b>
	50m:	40.7	40.7	150m:	2:09.0	44.4
	100m:	1:24.6	43.9	200m:	2:53.6	44.5
				250m:	3:38.2	44.6
				300m:	4:22.9	44.6
				350m:	5:07.2	44.3
				400m:	5:51.5	44.3
3.	Bettez Genevieve		36	Elite		<b>5:58.7</b>
	50m:	40.4	40.4	150m:	2:10.5	45.2
	100m:	1:25.2	44.7	200m:	2:55.7	45.2
				250m:	3:41.8	46.1
				300m:	4:28.1	46.3
				350m:	5:14.3	46.2
				400m:	5:58.7	44.4
<b>40 - 44 years, Women</b>						
1.	Dalcourt Isabelle		41	Club Aquatique Salaberry		<b>5:38.6</b>
	50m:	37.4	37.4	150m:	2:00.9	42.7
	100m:	1:18.2	40.8	200m:	2:44.6	43.7
				250m:	3:28.7	44.0
				300m:	4:13.1	44.3
				350m:	4:57.2	44.1
				400m:	5:38.6	41.3
2.	Tanguay Veronique		42	Mtl Nord Natation		<b>5:38.9</b>
	50m:	37.1	37.1	150m:	2:01.4	43.1
	100m:	1:18.3	41.2	200m:	2:44.8	43.3
				250m:	3:28.9	44.0
				300m:	4:13.3	44.4
				350m:	4:57.4	44.0
				400m:	5:38.9	41.4
3.	Pearson Heidi		40	Neptune Natation		<b>5:53.4</b>
	50m:	41.0	41.0	150m:	2:09.8	44.4
	100m:	1:25.3	44.3	200m:	2:55.1	45.3
				250m:	3:39.6	44.4
				300m:	4:25.1	45.5
				350m:	5:10.2	45.1
				400m:	5:53.4	43.2
<b>40 - 44 years, Men</b>						
1.	Duplessis Gilbert		42	Laval		<b>4:33.0</b>
	50m:	32.0	32.0	150m:	1:40.5	34.3
	100m:	1:06.1	34.0	200m:	2:15.1	34.6
				250m:	2:49.8	34.7
				300m:	3:24.3	34.4
				350m:	3:59.0	34.6
				400m:	4:33.0	34.0
<b>45 - 49 years, Women</b>						
1.	Leger Julie		47	Club Aquatique Salaberry		<b>9:37.6</b>
	50m:	1:07.6	1:07.6	150m:	3:42.6	1:08.4
	100m:	2:34.1	1:26.4	200m:	4:52.1	1:09.4
				250m:	6:02.9	1:10.8
				300m:	7:13.9	1:11.0
				350m:	8:27.6	1:13.7
				400m:	9:37.6	1:09.9

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Event 19, 400m Freestyle

50 - 54 years, Women

1. Morin France			52	Maitres A Contre Courant					<b>6:28.9</b>		
50m:	43.9	43.9	150m:	2:20.4	48.7	250m:	3:59.8	49.7	350m:	5:40.1	49.8
100m:	1:31.7	47.8	200m:	3:10.1	49.6	300m:	4:50.2	50.4	400m:	6:28.9	48.8

50 - 54 years, Men

1. Landriault Robert			53	Natation Gatineau					<b>4:58.7</b>		
50m:	33.8	33.8	150m:	1:49.7	38.3	250m:	3:05.4	37.6	350m:	4:22.0	38.0
100m:	1:11.3	37.4	200m:	2:27.7	38.0	300m:	3:43.9	38.5	400m:	4:58.7	36.7

55 - 59 years, Women

1. Wyman Janet			57	Maitres A Contre Courant					<b>6:10.2</b>		
50m:	42.1	42.1	150m:	2:16.9	47.9	250m:	3:51.3	47.4	350m:	5:25.9	46.9
100m:	1:28.9	46.8	200m:	3:03.9	46.9	300m:	4:39.0	47.6	400m:	6:10.2	44.2
2. Girard Anne			55	Maitres A Contre Courant					<b>7:06.7</b>		
50m:	49.4	49.4	150m:	2:35.9	53.9	250m:	4:24.3	53.6	350m:	6:13.5	54.8
100m:	1:41.9	52.4	200m:	3:30.7	54.8	300m:	5:18.6	54.3	400m:	7:06.7	53.1

55 - 59 years, Men

1. Savaria Jean-Jacques			55	Elite					<b>5:35.5</b>		
50m:	37.3	37.3	150m:	1:59.1	41.6	250m:	3:25.5	43.2	350m:	4:52.7	43.3
100m:	1:17.5	40.1	200m:	2:42.2	43.1	300m:	4:09.3	43.8	400m:	5:35.5	42.8
2. Grenier Benoit			55	Neptune Natation					<b>6:10.0</b>		
50m:	43.4	43.4	150m:	2:16.5	46.9	250m:	3:50.5	47.6	350m:	5:25.0	47.2
100m:	1:29.6	46.2	200m:	3:02.9	46.3	300m:	4:37.8	47.2	400m:	6:10.0	44.9
DNF Beaulieu Jean-Yves			56	Mtl Nord Natation							
50m:	46.4	46.4	150m:	2:38.0	58.3	250m:	4:43.4	1:05.0	350m:		
100m:	1:39.7	53.3	200m:	3:38.4	1:00.3	300m:			400m:		

60 - 64 years, Women

1. Lethiecq Monique			63	Bro					<b>8:22.0</b>		
50m:	52.9	52.9	150m:	3:02.5	1:07.0	250m:	6:17.6	1:04.5	350m:	8:23.2	1:02.3
100m:	1:55.4	1:02.5	200m:	5:13.1	2:10.6	300m:	7:20.9	1:03.2	400m:	8:22.0	

60 - 64 years, Men

1. Beauchesne Michel			60	Club de Natation de Sherbrooke					<b>6:13.3</b>		
50m:	41.8	41.8	150m:	2:14.8	47.5	250m:	3:51.6	48.6	350m:	5:27.8	48.0
100m:	1:27.3	45.4	200m:	3:02.9	48.1	300m:	4:39.7	48.1	400m:	6:13.3	45.5
2. Desjardins Paul			63	Camo					<b>6:21.3</b>		
50m:	43.1	43.1	150m:	2:19.1	48.6	250m:	3:56.7	48.4	350m:	5:35.0	49.4
100m:	1:30.4	47.3	200m:	3:08.2	49.1	300m:	4:45.5	48.8	400m:	6:21.3	46.3