

18.10.2018 32 , 1500m

: FINA 2018

1.				99					17:06.89	718		
	50m:	31.65	31.65	450m:	5:07.42	34.25	850m:	9:44.70	34.58	1250m:	14:19.90	34.29
	100m:	1:05.78	34.13	500m:	5:42.08	34.66	900m:	10:19.27	34.57	1300m:	14:54.00	34.10
	150m:	1:40.35	34.57	550m:	6:16.32	34.24	950m:	10:53.91	34.64	1350m:	15:28.54	34.54
	200m:	2:15.18	34.83	600m:	6:51.11	34.79	1000m:	11:28.23	34.32	1400m:	16:02.43	33.89
	250m:	2:49.74	34.56	650m:	7:26.00	34.89	1050m:	12:02.55	34.32	1450m:	16:36.11	33.68
	300m:	3:24.14	34.40	700m:	8:00.69	34.69	1100m:	12:36.87	34.32	1500m:	17:06.89	30.78
	350m:	3:58.49	34.35	750m:	8:35.38	34.69	1150m:	13:11.08	34.21			
	400m:	4:33.17	34.68	800m:	9:10.12	34.74	1200m:	13:45.61	34.53			
2.				00					17:07.50	717		
	50m:	30.33	30.33	450m:	5:02.55	34.68	850m:	9:37.63	34.80	1250m:	14:17.17	35.34
	100m:	1:03.62	33.29	500m:	5:36.60	34.05	900m:	10:12.51	34.88	1300m:	14:52.46	35.29
	150m:	1:37.36	33.74	550m:	6:10.71	34.11	950m:	10:47.29	34.78	1350m:	15:26.76	34.30
	200m:	2:11.04	33.68	600m:	6:45.03	34.32	1000m:	11:22.29	35.00	1400m:	16:01.92	35.16
	250m:	2:44.97	33.93	650m:	7:19.59	34.56	1050m:	11:57.40	35.11	1450m:	16:36.16	34.24
	300m:	3:19.30	34.33	700m:	7:53.80	34.21	1100m:	12:32.57	35.17	1500m:	17:07.50	31.34
	350m:	3:53.64	34.34	750m:	8:28.46	34.66	1150m:	13:06.50	33.93			
	400m:	4:27.87	34.23	800m:	9:02.83	34.37	1200m:	13:41.83	35.33			
3.				01					17:13.18	705		
	50m:	31.61	31.61	450m:	5:08.62	34.69	850m:	9:45.05	34.68	1250m:	14:21.74	34.49
	100m:	1:05.73	34.12	500m:	5:43.46	34.84	900m:	10:19.89	34.84	1300m:	14:56.33	34.59
	150m:	1:40.37	34.64	550m:	6:17.71	34.25	950m:	10:54.69	34.80	1350m:	15:31.24	34.91
	200m:	2:15.21	34.84	600m:	6:52.20	34.49	1000m:	11:29.00	34.31	1400m:	16:06.20	34.96
	250m:	2:49.84	34.63	650m:	7:26.65	34.45	1050m:	12:03.41	34.41	1450m:	16:41.01	34.81
	300m:	3:24.50	34.66	700m:	8:01.27	34.62	1100m:	12:37.77	34.36	1500m:	17:13.18	32.17
	350m:	3:59.13	34.63	750m:	8:36.12	34.85	1150m:	13:12.20	34.43			
	400m:	4:33.93	34.80	800m:	9:10.37	34.25	1200m:	13:47.25	35.05			
4.				02			1		17:18.24	695		
	50m:	30.54	30.54	450m:	5:02.71	34.16	850m:	9:40.60	34.95	1250m:	14:23.77	35.39
	100m:	1:04.06	33.52	500m:	5:37.14	34.43	900m:	10:16.01	35.41	1300m:	14:58.98	35.21
	150m:	1:37.99	33.93	550m:	6:11.41	34.27	950m:	10:51.42	35.41	1350m:	15:34.26	35.28
	200m:	2:12.12	34.13	600m:	6:45.98	34.57	1000m:	11:27.04	35.62	1400m:	16:09.55	35.29
	250m:	2:46.25	34.13	650m:	7:20.60	34.62	1050m:	12:02.60	35.56	1450m:	16:44.65	35.10
	300m:	3:20.27	34.02	700m:	7:55.49	34.89	1100m:	12:38.03	35.43	1500m:	17:18.24	33.59
	350m:	3:54.27	34.00	750m:	8:30.54	35.05	1150m:	13:13.44	35.41			
	400m:	4:28.55	34.28	800m:	9:05.65	35.11	1200m:	13:48.38	34.94			
5.				03					17:32.87	666		
	50m:	32.25	32.25	450m:	5:13.14	35.50	850m:	9:55.19	35.17	1250m:	14:38.70	34.78
	100m:	1:06.68	34.43	500m:	5:48.69	35.55	900m:	10:30.68	35.49	1300m:	15:14.16	35.46
	150m:	1:41.69	35.01	550m:	6:23.94	35.25	950m:	11:06.16	35.48	1350m:	15:49.65	35.49
	200m:	2:16.82	35.13	600m:	6:59.20	35.26	1000m:	11:41.94	35.78	1400m:	16:25.13	35.48
	250m:	2:51.77	34.95	650m:	7:34.61	35.41	1050m:	12:17.22	35.28	1450m:	17:00.00	34.87
	300m:	3:26.82	35.05	700m:	8:09.69	35.08	1100m:	12:52.71	35.49	1500m:	17:32.87	32.87
	350m:	4:02.40	35.58	750m:	8:44.92	35.23	1150m:	13:27.89	35.18			
	400m:	4:37.64	35.24	800m:	9:20.02	35.10	1200m:	14:03.92	36.03			
6.				03					17:36.03	660		
	50m:	31.95	31.95	450m:	5:10.45	34.52	850m:	9:49.17	35.68	1250m:	14:38.08	36.01
	100m:	1:06.76	34.81	500m:	5:44.92	34.47	900m:	10:24.82	35.65	1300m:	15:14.56	36.48
	150m:	1:41.72	34.96	550m:	6:19.19	34.27	950m:	11:00.68	35.86	1350m:	15:51.41	36.85
	200m:	2:16.55	34.83	600m:	6:53.72	34.53	1000m:	11:36.83	36.15	1400m:	16:27.11	35.70
	250m:	2:51.83	35.28	650m:	7:28.37	34.65	1050m:	12:12.96	36.13	1450m:	17:02.70	35.59
	300m:	3:26.64	34.81	700m:	8:02.91	34.54	1100m:	12:49.31	36.35	1500m:	17:36.03	33.33
	350m:	4:01.22	34.58	750m:	8:38.07	35.16	1150m:	13:25.83	36.52			
	400m:	4:35.93	34.71	800m:	9:13.49	35.42	1200m:	14:02.07	36.24			

32, , 1500m

7.				<b>01</b>					<b>17:52.40</b>	630		
	50m:	32.64	32.64	450m:	5:17.85	35.63	850m:	10:03.78	35.73	1250m:	14:52.21	36.14
	100m:	1:07.89	35.25	500m:	5:53.51	35.66	900m:	10:39.65	35.87	1300m:	15:28.27	36.06
	150m:	1:43.74	35.85	550m:	6:28.98	35.47	950m:	11:15.62	35.97	1350m:	16:04.69	36.42
	200m:	2:19.40	35.66	600m:	7:04.71	35.73	1000m:	11:51.88	36.26	1400m:	16:41.12	36.43
	250m:	2:55.23	35.83	650m:	7:40.25	35.54	1050m:	12:27.73	35.85	1450m:	17:17.46	36.34
	300m:	3:30.74	35.51	700m:	8:16.20	35.95	1100m:	13:03.82	36.09	1500m:	17:52.40	34.94
	350m:	4:06.51	35.77	750m:	8:51.96	35.76	1150m:	13:39.94	36.12			
	400m:	4:42.22	35.71	800m:	9:28.05	36.09	1200m:	14:16.07	36.13			
8.				<b>04</b>						<b>17:59.36</b>	618	
	50m:	32.70	32.70	450m:	5:16.02	35.57	850m:	10:08.03	36.45	1250m:	14:59.83	36.47
	100m:	1:07.82	35.12	500m:	5:52.38	36.36	900m:	10:43.80	35.77	1300m:	15:36.57	36.74
	150m:	1:43.42	35.60	550m:	6:28.92	36.54	950m:	11:20.22	36.42	1350m:	16:13.36	36.79
	200m:	2:18.69	35.27	600m:	7:05.56	36.64	1000m:	11:56.80	36.58	1400m:	16:49.74	36.38
	250m:	2:53.84	35.15	650m:	7:41.62	36.06	1050m:	12:33.41	36.61	1450m:	17:25.97	36.23
	300m:	3:28.95	35.11	700m:	8:18.45	36.83	1100m:	13:09.59	36.18	1500m:	17:59.36	33.39
	350m:	4:04.71	35.76	750m:	8:54.93	36.48	1150m:	13:46.25	36.66			
	400m:	4:40.45	35.74	800m:	9:31.58	36.65	1200m:	14:23.36	37.11			
9.				<b>03</b>						<b>18:04.56</b>	609	
	50m:	31.15	31.15	450m:	5:16.42	36.36	850m:	10:10.38	36.54	1250m:	15:04.53	36.20
	100m:	1:06.21	35.06	500m:	5:52.77	36.35	900m:	10:47.09	36.71	1300m:	15:40.42	35.89
	150m:	1:41.99	35.78	550m:	6:29.44	36.67	950m:	11:23.86	36.77	1350m:	16:16.76	36.34
	200m:	2:17.38	35.39	600m:	7:06.30	36.86	1000m:	12:00.59	36.73	1400m:	16:53.58	36.82
	250m:	2:52.98	35.60	650m:	7:43.34	37.04	1050m:	12:37.98	37.39	1450m:	17:29.34	35.76
	300m:	3:28.22	35.24	700m:	8:20.03	36.69	1100m:	13:14.99	37.01	1500m:	18:04.56	35.22
	350m:	4:03.97	35.75	750m:	8:57.10	37.07	1150m:	13:51.63	36.64			
	400m:	4:40.06	36.09	800m:	9:33.84	36.74	1200m:	14:28.33	36.70			
10.				<b>03</b>						<b>18:10.97</b>	599	
	50m:	32.35	32.35	450m:	5:22.67	36.19	850m:	10:15.17	36.42	1250m:	15:09.03	36.51
	100m:	1:08.37	36.02	500m:	5:58.86	36.19	900m:	10:51.81	36.64	1300m:	15:45.78	36.75
	150m:	1:44.74	36.37	550m:	6:35.48	36.62	950m:	11:28.28	36.47	1350m:	16:22.36	36.58
	200m:	2:20.98	36.24	600m:	7:11.80	36.32	1000m:	12:04.93	36.65	1400m:	16:59.25	36.89
	250m:	2:57.58	36.60	650m:	7:48.47	36.67	1050m:	12:41.97	37.04	1450m:	17:35.24	35.99
	300m:	3:33.78	36.20	700m:	8:25.25	36.78	1100m:	13:18.38	36.41	1500m:	18:10.97	35.73
	350m:	4:10.09	36.31	750m:	9:01.72	36.47	1150m:	13:55.27	36.89			
	400m:	4:46.48	36.39	800m:	9:38.75	37.03	1200m:	14:32.52	37.25			
11.				<b>03</b>						<b>18:13.98</b>	594	
	50m:	32.55	32.55	450m:	5:20.17	36.90	850m:	10:15.43	36.96	1250m:	15:12.92	37.38
	100m:	1:07.30	34.75	500m:	5:57.20	37.03	900m:	10:52.69	37.26	1300m:	15:50.26	37.34
	150m:	1:42.65	35.35	550m:	6:34.15	36.95	950m:	11:30.26	37.57	1350m:	16:27.22	36.96
	200m:	2:18.15	35.50	600m:	7:10.79	36.64	1000m:	12:07.03	36.77	1400m:	17:02.82	35.60
	250m:	2:53.85	35.70	650m:	7:47.69	36.90	1050m:	12:43.87	36.84	1450m:	17:39.64	36.82
	300m:	3:30.16	36.31	700m:	8:24.65	36.96	1100m:	13:21.09	37.22	1500m:	18:13.98	34.34
	350m:	4:06.61	36.45	750m:	9:01.56	36.91	1150m:	13:58.46	37.37			
	400m:	4:43.27	36.66	800m:	9:38.47	36.91	1200m:	14:35.54	37.08			
12.				<b>04</b>						<b>18:23.36</b>	579	
	50m:	32.56	32.56	450m:	5:23.11	36.66	850m:	10:17.47	37.23	1250m:	15:16.83	37.89
	100m:	1:07.80	35.24	500m:	5:59.34	36.23	900m:	10:54.37	36.90	1300m:	15:54.60	37.77
	150m:	1:43.87	36.07	550m:	6:35.92	36.58	950m:	11:31.56	37.19	1350m:	16:32.48	37.88
	200m:	2:19.89	36.02	600m:	7:12.63	36.71	1000m:	12:09.17	37.61	1400m:	17:09.51	37.03
	250m:	2:56.46	36.57	650m:	7:49.27	36.64	1050m:	12:45.15	35.98	1450m:	17:47.60	38.09
	300m:	3:32.99	36.53	700m:	8:26.46	37.19	1100m:	13:22.52	37.37	1500m:	18:23.36	35.76
	350m:	4:10.06	37.07	750m:	9:03.36	36.90	1150m:	14:01.19	38.67			
	400m:	4:46.45	36.39	800m:	9:40.24	36.88	1200m:	14:38.94	37.75			

32, , 1500m

13.			02		1		<b>18:38.34</b>		556			
	50m:	32.73	32.73	450m:	5:25.83	36.80	850m:	10:25.35	37.91	1250m:	15:31.08	38.17
	100m:	1:08.88	36.15	500m:	6:02.78	36.95	900m:	11:03.35	38.00	1300m:	16:09.27	38.19
	150m:	1:45.52	36.64	550m:	6:39.75	36.97	950m:	11:41.40	38.05	1350m:	16:47.58	38.31
	200m:	2:22.17	36.65	600m:	7:16.74	36.99	1000m:	12:19.84	38.44	1400m:	17:25.48	37.90
	250m:	2:58.88	36.71	650m:	7:53.88	37.14	1050m:	12:58.02	38.18	1450m:	18:03.34	37.86
	300m:	3:35.53	36.65	700m:	8:31.54	37.66	1100m:	13:36.27	38.25	1500m:	18:38.34	35.00
	350m:	4:12.10	36.57	750m:	9:09.25	37.71	1150m:	14:14.78	38.51			
	400m:	4:49.03	36.93	800m:	9:47.44	38.19	1200m:	14:52.91	38.13			
14.			03				<b>18:45.08</b>		546			
	50m:	32.32	32.32	450m:	5:26.41	37.51	850m:	10:28.81	38.36	1250m:	15:37.46	39.06
	100m:	1:08.38	36.06	500m:	6:03.16	36.75	900m:	11:06.99	38.18	1300m:	16:16.18	38.72
	150m:	1:45.08	36.70	550m:	6:40.80	37.64	950m:	11:45.33	38.34	1350m:	16:53.46	37.28
	200m:	2:22.29	37.21	600m:	7:18.47	37.67	1000m:	12:23.41	38.08	1400m:	17:31.72	38.26
	250m:	2:58.57	36.28	650m:	7:56.12	37.65	1050m:	13:01.82	38.41	1450m:	18:09.77	38.05
	300m:	3:34.92	36.35	700m:	8:34.29	38.17	1100m:	13:40.71	38.89	1500m:	18:45.08	35.31
	350m:	4:11.82	36.90	750m:	9:11.89	37.60	1150m:	14:20.04	39.33			
	400m:	4:48.90	37.08	800m:	9:50.45	38.56	1200m:	14:58.40	38.36			
15.			03				<b>18:45.11</b>		546			
	50m:	32.59	32.59	450m:	5:29.17	37.12	850m:	10:31.31	38.19	1250m:	15:37.20	38.27
	100m:	1:08.16	35.57	500m:	6:06.57	37.40	900m:	11:09.68	38.37	1300m:	16:14.66	37.46
	150m:	1:44.92	36.76	550m:	6:44.09	37.52	950m:	11:47.75	38.07	1350m:	16:52.46	37.80
	200m:	2:22.29	37.37	600m:	7:21.81	37.72	1000m:	12:26.22	38.47	1400m:	17:31.11	38.65
	250m:	2:59.94	37.65	650m:	7:59.17	37.36	1050m:	13:04.58	38.36	1450m:	18:09.45	38.34
	300m:	3:37.05	37.11	700m:	8:36.82	37.65	1100m:	13:42.83	38.25	1500m:	18:45.11	35.66
	350m:	4:14.61	37.56	750m:	9:14.84	38.02	1150m:	14:20.96	38.13			
	400m:	4:52.05	37.44	800m:	9:53.12	38.28	1200m:	14:58.93	37.97			
16.			04				<b>18:50.97</b>		537			
	50m:	33.02	33.02	450m:	5:30.54	37.69	850m:	10:35.07	37.91	1250m:	15:41.92	38.64
	100m:	1:08.59	35.57	500m:	6:08.43	37.89	900m:	11:13.47	38.40	1300m:	16:20.42	38.50
	150m:	1:44.84	36.25	550m:	6:46.42	37.99	950m:	11:51.60	38.13	1350m:	16:58.88	38.46
	200m:	2:21.74	36.90	600m:	7:24.56	38.14	1000m:	12:30.26	38.66	1400m:	17:37.53	38.65
	250m:	2:59.54	37.80	650m:	8:02.41	37.85	1050m:	13:08.43	38.17	1450m:	18:14.80	37.27
	300m:	3:37.25	37.71	700m:	8:40.77	38.36	1100m:	13:46.57	38.14	1500m:	18:50.97	36.17
	350m:	4:14.97	37.72	750m:	9:19.15	38.38	1150m:	14:24.71	38.14			
	400m:	4:52.85	37.88	800m:	9:57.16	38.01	1200m:	15:03.28	38.57			
17.			05				<b>18:51.09</b>		537			
	50m:	33.55	33.55	450m:	5:33.39	37.64	850m:	10:37.56	37.98	1250m:	15:44.39	37.84
	100m:	1:10.66	37.11	500m:	6:10.73	37.34	900m:	11:16.00	38.44	1300m:	16:22.60	38.21
	150m:	1:47.81	37.15	550m:	6:48.82	38.09	950m:	11:53.88	37.88	1350m:	17:00.35	37.75
	200m:	2:25.49	37.68	600m:	7:26.99	38.17	1000m:	12:32.78	38.90	1400m:	17:38.16	37.81
	250m:	3:03.09	37.60	650m:	8:04.55	37.56	1050m:	13:11.13	38.35	1450m:	18:15.20	37.04
	300m:	3:40.13	37.04	700m:	8:42.84	38.29	1100m:	13:49.85	38.72	1500m:	18:51.09	35.89
	350m:	4:18.14	38.01	750m:	9:21.53	38.69	1150m:	14:28.14	38.29			
	400m:	4:55.75	37.61	800m:	9:59.58	38.05	1200m:	15:06.55	38.41			
18.			04				<b>18:57.16</b>		529			
	50m:	32.53	32.53	450m:	5:29.77	37.87	850m:	10:37.18	39.01	1250m:	15:47.01	38.61
	100m:	1:08.31	35.78	500m:	6:07.80	38.03	900m:	11:16.11	38.93	1300m:	16:25.62	38.61
	150m:	1:45.43	37.12	550m:	6:46.18	38.38	950m:	11:55.08	38.97	1350m:	17:04.22	38.60
	200m:	2:22.80	37.37	600m:	7:24.53	38.35	1000m:	12:33.55	38.47	1400m:	17:42.80	38.58
	250m:	2:59.82	37.02	650m:	8:02.62	38.09	1050m:	13:12.20	38.65	1450m:	18:20.91	38.11
	300m:	3:37.05	37.23	700m:	8:41.04	38.42	1100m:	13:50.99	38.79	1500m:	18:57.16	36.25
	350m:	4:14.27	37.22	750m:	9:19.60	38.56	1150m:	14:29.57	38.58			
	400m:	4:51.90	37.63	800m:	9:58.17	38.57	1200m:	15:08.40	38.83			

32, , 1500m

19.			04				19:02.50		521			
	50m:	32.67	32.67	450m:	5:33.61	38.37	850m:	10:40.88	38.44	1250m:	15:51.02	39.26
	100m:	1:08.67	36.00	500m:	6:12.07	38.46	900m:	11:19.56	38.68	1300m:	16:29.40	38.38
	150m:	1:45.53	36.86	550m:	6:50.60	38.53	950m:	11:58.47	38.91	1350m:	17:08.16	38.76
	200m:	2:23.11	37.58	600m:	7:28.76	38.16	1000m:	12:37.32	38.85	1400m:	17:47.00	38.84
	250m:	3:00.51	37.40	650m:	8:07.02	38.26	1050m:	13:15.55	38.23	1450m:	18:26.42	39.42
	300m:	3:38.49	37.98	700m:	8:45.65	38.63	1100m:	13:54.26	38.71	1500m:	19:02.50	36.08
	350m:	4:16.79	38.30	750m:	9:24.08	38.43	1150m:	14:32.87	38.61			
	400m:	4:55.24	38.45	800m:	10:02.44	38.36	1200m:	15:11.76	38.89			
20.			03				19:07.37		515			
	50m:	33.44	33.44	450m:	5:35.65	38.58	850m:	10:45.26	39.12	1250m:	15:56.54	39.25
	100m:	1:09.82	36.38	500m:	6:14.24	38.59	900m:	11:24.25	38.99	1300m:	16:35.92	39.38
	150m:	1:46.70	36.88	550m:	6:52.75	38.51	950m:	12:03.11	38.86	1350m:	17:14.96	39.04
	200m:	2:23.86	37.16	600m:	7:31.34	38.59	1000m:	12:41.05	37.94	1400m:	17:53.73	38.77
	250m:	3:01.62	37.76	650m:	8:09.76	38.42	1050m:	13:19.94	38.89	1450m:	18:32.01	38.28
	300m:	3:39.68	38.06	700m:	8:48.38	38.62	1100m:	13:58.73	38.79	1500m:	19:07.37	35.36
	350m:	4:18.21	38.53	750m:	9:27.27	38.89	1150m:	14:37.89	39.16			
	400m:	4:57.07	38.86	800m:	10:06.14	38.87	1200m:	15:17.29	39.40			
21.			05				19:22.39		495			
	50m:	34.72	34.72	450m:	5:42.32	39.25	850m:	10:52.71	38.78	1250m:	16:06.68	40.25
	100m:	1:12.50	37.78	500m:	6:20.83	38.51	900m:	11:31.35	38.64	1300m:	16:47.01	40.33
	150m:	1:50.48	37.98	550m:	6:59.77	38.94	950m:	12:10.40	39.05	1350m:	17:27.18	40.17
	200m:	2:28.90	38.42	600m:	7:38.54	38.77	1000m:	12:49.89	39.49	1400m:	18:07.28	40.10
	250m:	3:07.65	38.75	650m:	8:17.72	39.18	1050m:	13:28.61	38.72	1450m:	18:45.70	38.42
	300m:	3:46.21	38.56	700m:	8:56.21	38.49	1100m:	14:07.52	38.91	1500m:	19:22.39	36.69
	350m:	4:24.58	38.37	750m:	9:34.85	38.64	1150m:	14:47.19	39.67			
	400m:	5:03.07	38.49	800m:	10:13.93	39.08	1200m:	15:26.43	39.24			
22.			05				19:24.00		493			
	50m:	33.97	33.97	450m:	5:37.69	39.06	850m:	10:50.99	39.58	1250m:	16:08.78	40.03
	100m:	1:10.80	36.83	500m:	6:16.93	39.24	900m:	11:30.63	39.64	1300m:	16:47.25	38.47
	150m:	1:48.39	37.59	550m:	6:55.94	39.01	950m:	12:10.07	39.44	1350m:	17:27.23	39.98
	200m:	2:26.17	37.78	600m:	7:34.99	39.05	1000m:	12:49.97	39.90	1400m:	18:06.88	39.65
	250m:	3:04.27	38.10	650m:	8:14.03	39.04	1050m:	13:28.89	38.92	1450m:	18:45.87	38.99
	300m:	3:42.36	38.09	700m:	8:52.78	38.75	1100m:	14:08.71	39.82	1500m:	19:24.00	38.13
	350m:	4:20.94	38.58	750m:	9:32.27	39.49	1150m:	14:48.73	40.02			
	400m:	4:58.63	37.69	800m:	10:11.41	39.14	1200m:	15:28.75	40.02			
23.			05				19:27.16		489			
	50m:	33.45	33.45	450m:	5:45.62	39.21	850m:	11:00.88	39.56	1250m:	16:16.13	39.41
	100m:	1:10.78	37.33	500m:	6:24.85	39.23	900m:	11:40.13	39.25	1300m:	16:55.20	39.07
	150m:	1:49.44	38.66	550m:	7:04.18	39.33	950m:	12:19.66	39.53	1350m:	17:34.45	39.25
	200m:	2:28.98	39.54	600m:	7:43.88	39.70	1000m:	12:59.37	39.71	1400m:	18:13.49	39.04
	250m:	3:08.05	39.07	650m:	8:23.47	39.59	1050m:	13:38.59	39.22	1450m:	18:51.54	38.05
	300m:	3:47.66	39.61	700m:	9:03.13	39.66	1100m:	14:17.86	39.27	1500m:	19:27.16	35.62
	350m:	4:27.37	39.71	750m:	9:42.12	38.99	1150m:	14:57.02	39.16			
	400m:	5:06.41	39.04	800m:	10:21.32	39.20	1200m:	15:36.72	39.70			
24.			05				19:33.56		481			
	50m:	33.89	33.89	450m:	5:44.27	38.99	850m:	10:59.41	39.76	1250m:	16:18.39	39.66
	100m:	1:11.83	37.94	500m:	6:23.62	39.35	900m:	11:39.08	39.67	1300m:	16:58.43	40.04
	150m:	1:50.37	38.54	550m:	7:03.02	39.40	950m:	12:19.10	40.02	1350m:	17:38.04	39.61
	200m:	2:29.18	38.81	600m:	7:42.15	39.13	1000m:	12:58.91	39.81	1400m:	18:17.64	39.60
	250m:	3:07.83	38.65	650m:	8:21.32	39.17	1050m:	13:38.29	39.38	1450m:	18:56.71	39.07
	300m:	3:46.65	38.82	700m:	9:00.65	39.33	1100m:	14:18.09	39.80	1500m:	19:33.56	36.85
	350m:	4:26.16	39.51	750m:	9:39.86	39.21	1150m:	14:58.31	40.22			
	400m:	5:05.28	39.12	800m:	10:19.65	39.79	1200m:	15:38.73	40.42			

32, , 1500m

25.			04				<b>19:36.07</b>		478		
50m:	35.23	35.23	450m:	5:47.09	39.13	850m:	11:01.26	39.53	1250m:	16:20.63	40.23
100m:	1:13.76	38.53	500m:	6:26.05	38.96	900m:	11:41.17	39.91	1300m:	17:00.57	39.94
150m:	1:52.70	38.94	550m:	7:05.44	39.39	950m:	12:20.69	39.52	1350m:	17:40.21	39.64
200m:	2:31.73	39.03	600m:	7:44.36	38.92	1000m:	13:00.15	39.46	1400m:	18:19.59	39.38
250m:	3:10.93	39.20	650m:	8:23.56	39.20	1050m:	13:40.08	39.93	1450m:	18:58.12	38.53
300m:	3:49.89	38.96	700m:	9:02.53	38.97	1100m:	14:20.33	40.25	1500m:	19:36.07	37.95
350m:	4:28.88	38.99	750m:	9:42.35	39.82	1150m:	15:00.28	39.95			
400m:	5:07.96	39.08	800m:	10:21.73	39.38	1200m:	15:40.40	40.12			
26.			04				<b>19:41.72</b>		471		
50m:	34.12	34.12	450m:	5:38.43	38.53	850m:	10:54.50	41.11	1250m:	16:21.15	41.35
100m:	1:10.92	36.80	500m:	6:17.62	39.19	900m:	11:34.75	40.25	1300m:	17:01.91	40.76
150m:	1:48.45	37.53	550m:	6:56.57	38.95	950m:	12:15.27	40.52	1350m:	17:43.64	41.73
200m:	2:26.23	37.78	600m:	7:35.70	39.13	1000m:	12:55.91	40.64	1400m:	18:24.57	40.93
250m:	3:04.20	37.97	650m:	8:14.69	38.99	1050m:	13:36.29	40.38	1450m:	19:04.08	39.51
300m:	3:42.75	38.55	700m:	8:53.61	38.92	1100m:	14:17.43	41.14	1500m:	19:41.72	37.64
350m:	4:21.11	38.36	750m:	9:33.33	39.72	1150m:	14:58.45	41.02			
400m:	4:59.90	38.79	800m:	10:13.39	40.06	1200m:	15:39.80	41.35			
27.			05				<b>19:45.02</b>		467		
50m:	34.67	34.67	450m:	5:50.23	40.53	850m:	11:13.12	40.04	1250m:	16:32.84	40.03
100m:	1:12.42	37.75	500m:	6:30.08	39.85	900m:	11:52.59	39.47	1300m:	17:12.76	39.92
150m:	1:51.70	39.28	550m:	7:11.55	41.47	950m:	12:32.05	39.46	1350m:	17:52.44	39.68
200m:	2:30.80	39.10	600m:	7:52.07	40.52	1000m:	13:11.93	39.88	1400m:	18:31.49	39.05
250m:	3:10.25	39.45	650m:	8:32.42	40.35	1050m:	13:51.91	39.98	1450m:	19:09.84	38.35
300m:	3:49.72	39.47	700m:	9:13.54	41.12	1100m:	14:31.84	39.93	1500m:	19:45.02	35.18
350m:	4:29.51	39.79	750m:	9:53.46	39.92	1150m:	15:13.01	41.17			
400m:	5:09.70	40.19	800m:	10:33.08	39.62	1200m:	15:52.81	39.80			

32 , 1500m

(13-14 )

18.10.2018

: FINA 2018

1.			04				<b>17:59.36</b>		618		
50m:	32.70	32.70	450m:	5:16.02	35.57	850m:	10:08.03	36.45	1250m:	14:59.83	36.47
100m:	1:07.82	35.12	500m:	5:52.38	36.36	900m:	10:43.80	35.77	1300m:	15:36.57	36.74
150m:	1:43.42	35.60	550m:	6:28.92	36.54	950m:	11:20.22	36.42	1350m:	16:13.36	36.79
200m:	2:18.69	35.27	600m:	7:05.56	36.64	1000m:	11:56.80	36.58	1400m:	16:49.74	36.38
250m:	2:53.84	35.15	650m:	7:41.62	36.06	1050m:	12:33.41	36.61	1450m:	17:25.97	36.23
300m:	3:28.95	35.11	700m:	8:18.45	36.83	1100m:	13:09.59	36.18	1500m:	17:59.36	33.39
350m:	4:04.71	35.76	750m:	8:54.93	36.48	1150m:	13:46.25	36.66			
400m:	4:40.45	35.74	800m:	9:31.58	36.65	1200m:	14:23.36	37.11			
2.			04				<b>18:23.36</b>		579		
50m:	32.56	32.56	450m:	5:23.11	36.66	850m:	10:17.47	37.23	1250m:	15:16.83	37.89
100m:	1:07.80	35.24	500m:	5:59.34	36.23	900m:	10:54.37	36.90	1300m:	15:54.60	37.77
150m:	1:43.87	36.07	550m:	6:35.92	36.58	950m:	11:31.56	37.19	1350m:	16:32.48	37.88
200m:	2:19.89	36.02	600m:	7:12.63	36.71	1000m:	12:09.17	37.61	1400m:	17:09.51	37.03
250m:	2:56.46	36.57	650m:	7:49.27	36.64	1050m:	12:45.15	35.98	1450m:	17:47.60	38.09
300m:	3:32.99	36.53	700m:	8:26.46	37.19	1100m:	13:22.52	37.37	1500m:	18:23.36	35.76
350m:	4:10.06	37.07	750m:	9:03.36	36.90	1150m:	14:01.19	38.67			
400m:	4:46.45	36.39	800m:	9:40.24	36.88	1200m:	14:38.94	37.75			
3.			04				<b>18:50.97</b>		537		
50m:	33.02	33.02	450m:	5:30.54	37.69	850m:	10:35.07	37.91	1250m:	15:41.92	38.64
100m:	1:08.59	35.57	500m:	6:08.43	37.89	900m:	11:13.47	38.40	1300m:	16:20.42	38.50
150m:	1:44.84	36.25	550m:	6:46.42	37.99	950m:	11:51.60	38.13	1350m:	16:58.88	38.46
200m:	2:21.74	36.90	600m:	7:24.56	38.14	1000m:	12:30.26	38.66	1400m:	17:37.53	38.65
250m:	2:59.54	37.80	650m:	8:02.41	37.85	1050m:	13:08.43	38.17	1450m:	18:14.80	37.27
300m:	3:37.25	37.71	700m:	8:40.77	38.36	1100m:	13:46.57	38.14	1500m:	18:50.97	36.17
350m:	4:14.97	37.72	750m:	9:19.15	38.38	1150m:	14:24.71	38.14			
400m:	4:52.85	37.88	800m:	9:57.16	38.01	1200m:	15:03.28	38.57			

, 16-19

2018 .

WWW.SPBSWIM.RU

Omega ARES21

32, , 1500m , (13-14 )

4.			05					18:51.09		537		
	50m:	33.55	33.55	450m:	5:33.39	37.64	850m:	10:37.56	37.98	1250m:	15:44.39	37.84
	100m:	1:10.66	37.11	500m:	6:10.73	37.34	900m:	11:16.00	38.44	1300m:	16:22.60	38.21
	150m:	1:47.81	37.15	550m:	6:48.82	38.09	950m:	11:53.88	37.88	1350m:	17:00.35	37.75
	200m:	2:25.49	37.68	600m:	7:26.99	38.17	1000m:	12:32.78	38.90	1400m:	17:38.16	37.81
	250m:	3:03.09	37.60	650m:	8:04.55	37.56	1050m:	13:11.13	38.35	1450m:	18:15.20	37.04
	300m:	3:40.13	37.04	700m:	8:42.84	38.29	1100m:	13:49.85	38.72	1500m:	18:51.09	35.89
	350m:	4:18.14	38.01	750m:	9:21.53	38.69	1150m:	14:28.14	38.29			
	400m:	4:55.75	37.61	800m:	9:59.58	38.05	1200m:	15:06.55	38.41			
5.			04					18:57.16		529		
	50m:	32.53	32.53	450m:	5:29.77	37.87	850m:	10:37.18	39.01	1250m:	15:47.01	38.61
	100m:	1:08.31	35.78	500m:	6:07.80	38.03	900m:	11:16.11	38.93	1300m:	16:25.62	38.61
	150m:	1:45.43	37.12	550m:	6:46.18	38.38	950m:	11:55.08	38.97	1350m:	17:04.22	38.60
	200m:	2:22.80	37.37	600m:	7:24.53	38.35	1000m:	12:33.55	38.47	1400m:	17:42.80	38.58
	250m:	2:59.82	37.02	650m:	8:02.62	38.09	1050m:	13:12.20	38.65	1450m:	18:20.91	38.11
	300m:	3:37.05	37.23	700m:	8:41.04	38.42	1100m:	13:50.99	38.79	1500m:	18:57.16	36.25
	350m:	4:14.27	37.22	750m:	9:19.60	38.56	1150m:	14:29.57	38.58			
	400m:	4:51.90	37.63	800m:	9:58.17	38.57	1200m:	15:08.40	38.83			
6.			04					19:02.50		521		
	50m:	32.67	32.67	450m:	5:33.61	38.37	850m:	10:40.88	38.44	1250m:	15:51.02	39.26
	100m:	1:08.67	36.00	500m:	6:12.07	38.46	900m:	11:19.56	38.68	1300m:	16:29.40	38.38
	150m:	1:45.53	36.86	550m:	6:50.60	38.53	950m:	11:58.47	38.91	1350m:	17:08.16	38.76
	200m:	2:23.11	37.58	600m:	7:28.76	38.16	1000m:	12:37.32	38.85	1400m:	17:47.00	38.84
	250m:	3:00.51	37.40	650m:	8:07.02	38.26	1050m:	13:15.55	38.23	1450m:	18:26.42	39.42
	300m:	3:38.49	37.98	700m:	8:45.65	38.63	1100m:	13:54.26	38.71	1500m:	19:02.50	36.08
	350m:	4:16.79	38.30	750m:	9:24.08	38.43	1150m:	14:32.87	38.61			
	400m:	4:55.24	38.45	800m:	10:02.44	38.36	1200m:	15:11.76	38.89			
7.			05					19:22.39		495		
	50m:	34.72	34.72	450m:	5:42.32	39.25	850m:	10:52.71	38.78	1250m:	16:06.68	40.25
	100m:	1:12.50	37.78	500m:	6:20.83	38.51	900m:	11:31.35	38.64	1300m:	16:47.01	40.33
	150m:	1:50.48	37.98	550m:	6:59.77	38.94	950m:	12:10.40	39.05	1350m:	17:27.18	40.17
	200m:	2:28.90	38.42	600m:	7:38.54	38.77	1000m:	12:49.89	39.49	1400m:	18:07.28	40.10
	250m:	3:07.65	38.75	650m:	8:17.72	39.18	1050m:	13:28.61	38.72	1450m:	18:45.70	38.42
	300m:	3:46.21	38.56	700m:	8:56.21	38.49	1100m:	14:07.52	38.91	1500m:	19:22.39	36.69
	350m:	4:24.58	38.37	750m:	9:34.85	38.64	1150m:	14:47.19	39.67			
	400m:	5:03.07	38.49	800m:	10:13.93	39.08	1200m:	15:26.43	39.24			
8.			05					19:24.00		493		
	50m:	33.97	33.97	450m:	5:37.69	39.06	850m:	10:50.99	39.58	1250m:	16:08.78	40.03
	100m:	1:10.80	36.83	500m:	6:16.93	39.24	900m:	11:30.63	39.64	1300m:	16:47.25	38.47
	150m:	1:48.39	37.59	550m:	6:55.94	39.01	950m:	12:10.07	39.44	1350m:	17:27.23	39.98
	200m:	2:26.17	37.78	600m:	7:34.99	39.05	1000m:	12:49.97	39.90	1400m:	18:06.88	39.65
	250m:	3:04.27	38.10	650m:	8:14.03	39.04	1050m:	13:28.89	38.92	1450m:	18:45.87	38.99
	300m:	3:42.36	38.09	700m:	8:52.78	38.75	1100m:	14:08.71	39.82	1500m:	19:24.00	38.13
	350m:	4:20.94	38.58	750m:	9:32.27	39.49	1150m:	14:48.73	40.02			
	400m:	4:58.63	37.69	800m:	10:11.41	39.14	1200m:	15:28.75	40.02			
9.			05					19:27.16		489		
	50m:	33.45	33.45	450m:	5:45.62	39.21	850m:	11:00.88	39.56	1250m:	16:16.13	39.41
	100m:	1:10.78	37.33	500m:	6:24.85	39.23	900m:	11:40.13	39.25	1300m:	16:55.20	39.07
	150m:	1:49.44	38.66	550m:	7:04.18	39.33	950m:	12:19.66	39.53	1350m:	17:34.45	39.25
	200m:	2:28.98	39.54	600m:	7:43.88	39.70	1000m:	12:59.37	39.71	1400m:	18:13.49	39.04
	250m:	3:08.05	39.07	650m:	8:23.47	39.59	1050m:	13:38.59	39.22	1450m:	18:51.54	38.05
	300m:	3:47.66	39.61	700m:	9:03.13	39.66	1100m:	14:17.86	39.27	1500m:	19:27.16	35.62
	350m:	4:27.37	39.71	750m:	9:42.12	38.99	1150m:	14:57.02	39.16			
	400m:	5:06.41	39.04	800m:	10:21.32	39.20	1200m:	15:36.72	39.70			

32, , 1500m , (13-14 )

10.			05					<b>19:33.56</b>		481	
50m:	33.89	33.89	450m:	5:44.27	38.99	850m:	10:59.41	39.76	1250m:	16:18.39	39.66
100m:	1:11.83	37.94	500m:	6:23.62	39.35	900m:	11:39.08	39.67	1300m:	16:58.43	40.04
150m:	1:50.37	38.54	550m:	7:03.02	39.40	950m:	12:19.10	40.02	1350m:	17:38.04	39.61
200m:	2:29.18	38.81	600m:	7:42.15	39.13	1000m:	12:58.91	39.81	1400m:	18:17.64	39.60
250m:	3:07.83	38.65	650m:	8:21.32	39.17	1050m:	13:38.29	39.38	1450m:	18:56.71	39.07
300m:	3:46.65	38.82	700m:	9:00.65	39.33	1100m:	14:18.09	39.80	1500m:	19:33.56	36.85
350m:	4:26.16	39.51	750m:	9:39.86	39.21	1150m:	14:58.31	40.22			
400m:	5:05.28	39.12	800m:	10:19.65	39.79	1200m:	15:38.73	40.42			
11.			04					<b>19:36.07</b>		478	
50m:	35.23	35.23	450m:	5:47.09	39.13	850m:	11:01.26	39.53	1250m:	16:20.63	40.23
100m:	1:13.76	38.53	500m:	6:26.05	38.96	900m:	11:41.17	39.91	1300m:	17:00.57	39.94
150m:	1:52.70	38.94	550m:	7:05.44	39.39	950m:	12:20.69	39.52	1350m:	17:40.21	39.64
200m:	2:31.73	39.03	600m:	7:44.36	38.92	1000m:	13:00.15	39.46	1400m:	18:19.59	39.38
250m:	3:10.93	39.20	650m:	8:23.56	39.20	1050m:	13:40.08	39.93	1450m:	18:58.12	38.53
300m:	3:49.89	38.96	700m:	9:02.53	38.97	1100m:	14:20.33	40.25	1500m:	19:36.07	37.95
350m:	4:28.88	38.99	750m:	9:42.35	39.82	1150m:	15:00.28	39.95			
400m:	5:07.96	39.08	800m:	10:21.73	39.38	1200m:	15:40.40	40.12			
12.			04					<b>19:41.72</b>		471	
50m:	34.12	34.12	450m:	5:38.43	38.53	850m:	10:54.50	41.11	1250m:	16:21.15	41.35
100m:	1:10.92	36.80	500m:	6:17.62	39.19	900m:	11:34.75	40.25	1300m:	17:01.91	40.76
150m:	1:48.45	37.53	550m:	6:56.57	38.95	950m:	12:15.27	40.52	1350m:	17:43.64	41.73
200m:	2:26.23	37.78	600m:	7:35.70	39.13	1000m:	12:55.91	40.64	1400m:	18:24.57	40.93
250m:	3:04.20	37.97	650m:	8:14.69	38.99	1050m:	13:36.29	40.38	1450m:	19:04.08	39.51
300m:	3:42.75	38.55	700m:	8:53.61	38.92	1100m:	14:17.43	41.14	1500m:	19:41.72	37.64
350m:	4:21.11	38.36	750m:	9:33.33	39.72	1150m:	14:58.45	41.02			
400m:	4:59.90	38.79	800m:	10:13.39	40.06	1200m:	15:39.80	41.35			
13.			05					<b>19:45.02</b>		467	
50m:	34.67	34.67	450m:	5:50.23	40.53	850m:	11:13.12	40.04	1250m:	16:32.84	40.03
100m:	1:12.42	37.75	500m:	6:30.08	39.85	900m:	11:52.59	39.47	1300m:	17:12.76	39.92
150m:	1:51.70	39.28	550m:	7:11.55	41.47	950m:	12:32.05	39.46	1350m:	17:52.44	39.68
200m:	2:30.80	39.10	600m:	7:52.07	40.52	1000m:	13:11.93	39.88	1400m:	18:31.49	39.05
250m:	3:10.25	39.45	650m:	8:32.42	40.35	1050m:	13:51.91	39.98	1450m:	19:09.84	38.35
300m:	3:49.72	39.47	700m:	9:13.54	41.12	1100m:	14:31.84	39.93	1500m:	19:45.02	35.18
350m:	4:29.51	39.79	750m:	9:53.46	39.92	1150m:	15:13.01	41.17			
400m:	5:09.70	40.19	800m:	10:33.08	39.62	1200m:	15:52.81	39.80			
EXH			03					<b>19:33.52</b>		481	
50m:	33.25	33.25	450m:	5:44.30	38.87	850m:	11:00.51	38.89	1250m:	16:18.07	39.88
100m:	1:10.75	37.50	500m:	6:24.47	40.17	900m:	11:39.90	39.39	1300m:	16:57.90	39.83
150m:	1:49.29	38.54	550m:	7:03.96	39.49	950m:	12:19.09	39.19	1350m:	17:37.37	39.47
200m:	2:28.18	38.89	600m:	7:43.24	39.28	1000m:	12:58.99	39.90	1400m:	18:17.27	39.90
250m:	3:07.19	39.01	650m:	8:22.56	39.32	1050m:	13:38.47	39.48	1450m:	18:56.55	39.28
300m:	3:46.68	39.49	700m:	9:02.20	39.64	1100m:	14:17.96	39.49	1500m:	19:33.52	36.97
350m:	4:26.20	39.52	750m:	9:42.38	40.18	1150m:	14:58.35	40.39			
400m:	5:05.43	39.23	800m:	10:21.62	39.24	1200m:	15:38.19	39.84			