Event 4 | 400m Medley | 18 years and older

2026-11-14 - 12:01 | Startlist

Canadian Master Records 65 - 69	6:23.01	HAMILTON, Gary	LGCY	Victoria	2025-01-25
Canadian Master Records 60 - 64	5:41.23	CONDE, Pablo	MACC	Federal Way (USA)	2025-08-07
Canadian Master Records 40 - 44	5:01.64	WELECHUK, Jeff	CMSC	???	2012-08-10
Canadian Master Records 35 - 39	5:01.50	FINCH, Danny	RID	???	2004-01-01
Canadian Master Records 30 - 34	4:32.74	BEAVERS, Keith	KBM	Montreal	2014-08-05
Canadian Master Records 25 - 29	4:53.21	RUSE, Timothy	MPC	Montreal	2014-08-05
Canadian Master Records 65 - 69	6:10.24	MARSHALL, Lynn	CARMA	Winnipeg	2026-05-22
Canadian Master Records 60 - 64	5:57.73	LOWENSTEYN, Ilka	CSLA	Federal Way (USA)	2025-08-07
Canadian Master Records 55 - 59	5:40.33	MARSHALL, Lynn	CAPS	Halifax	2016-03-05
Canadian Master Records 50 - 54	5:32.26	MARSHALL, Lynn	CAPS	???	2011-02-19
Canadian Master Records 45 - 49	5:33.11	MARSHALL, Lynn	CAPS	???	2009-06-26
Canadian Master Records 40 - 44	5:21.42	BLACKBURN, Lisa	NEP	???	2014-01-01
Canadian Master Records 35 - 39	5:19.41	BERTELINK, Cindy	EOMAC	Montreal	2014-08-05
Canadian Master Records 18 - 24	5:33.39	HUDGELL (NÉE PARKHOUSE), Jayni	CAM	???	1980-01-01
Quebec Provincial Master Records 65 - 69	6:48.96	RANSOM, Ken	MACC	Riccione (ITA)	2012-06-12
Quebec Provincial Master Records 60 - 64	5:41.23	CONDE, Pablo	MACC	Federal Way (USA)	2025-08-07
Quebec Provincial Master Records 40 - 44	5:09.80	BOUCHARD, Kevin	CNDA	Sacramento (USA)	2026-08-07
Quebec Provincial Master Records 35 - 39	5:03.68	DUPLESSIS, Gilbert	LAVAL	Montreal	2014-08-05
Quebec Provincial Master Records 30 - 34	5:01.89	BOUCHARD, Kevin	OP	Quebec	2018-02-24
Quebec Provincial Master Records 25 - 29	4:53.21	RUSE, Timothy	MPC	Montreal	2014-08-05
Quebec Provincial Master Records 65 - 69	7:37.07	BOIVIN, Janine	CAMO	Singapore (SGP)	2025-08-10
Quebec Provincial Master Records 60 - 64	5:57.73	LOWENSTEYN, Ilka	CSLA	Federal Way (USA)	2025-08-07
Quebec Provincial Master Records 55 - 59	5:58.33	LOWENSTEYN, Ilka	CSLA	Sarasota (USA)	2023-08-06
Quebec Provincial Master Records 50 - 54	6:04.87	VENNE, Chantal	MPC	Montreal	2014-08-05
Quebec Provincial Master Records 45 - 49	5:40.78	LOWENSTEYN, Ilka	CSLA	Montreal	2014-08-05
Quebec Provincial Master Records 40 - 44	5:32.53	PINCOTT, Cynthia	ENC	Quebec	2006-02-04
Quebec Provincial Master Records 35 - 39	5:45.31	SANTILLAN, Josée	LAVAL	Montreal	2013-11-24
Quebec Provincial Master Records 18 - 24	5:38.91	NOLET, Isabelle	GAMIN	Montreal	2013-11-24

Heat 1 of 3, 12:01

		Age		
1	DUMESNIL, Clovis	26	ELITE	NT
2	MALCOLM, Ginny	69	MPC	8:00.00
3				
4	RODRIGUEZ, Alma	60	MPC	7:52.04
5	GIROUX, Caroline	54	CNDA	NT
6	CRUCEANU, Gabriela	47	MPC	NT

Heat 2 of 3, 12:10

		Age		
1	TURNBULL, Meghan	38	MPC	7:10.00
2	WILK, Peter	30	MPC	6:45.00
3	LEVEILLE, Stephan	61	GAMIN	6:39.36
4	GILBERT, Louis	67	CALAC	6:33.45
5	NITURA, Alina	52	MPC	7:00.00
6	LONG, Jani M	59	CMSC	7:15.01

Heat 3 of 3, 12:18

		Age		
1	GRABS, Detlev	66	MEGO	6:10.00
2				
3	JEANMONOD, Guillaume	36	MACC	5:45.00
4	GALLET, Lou-Anne	22	MACC	6:00.00
5				
6	DUFRESNE, Sophie-Rose	35	MACC	6:36.00