Event 3 — Women, 200m Backstroke — 18 - 24 years

2026-11-14 - 11:41 — Results

Canadian Master Records	2:39.23	BAILLIE, Sara	UNCAN	???	2002-08-01
Quebec Provincial Master Records	2:43.80	PAQUIN-FOISY, Elisabeth	ELITE	Longueuil	2016-06-04

Points: AQUA 2026

Rank		Age		Time	Pts	50m	100m	150m	200m
1.	TETRAULT, Sara	18	Elite	**3:05.41**	292				3:05.41

Event 3 — Women, 200m Backstroke — 25 - 29 years

2026-11-14 - 11:41 — Results

Canadian Master Records	2:26.27	GIBSON, Cheryl	EMSC	???	1986-07-01
Quebec Provincial Master Records	2:28.48	TAILLEFER, Vanessa	CAS	Montreal	2014-08-04

Points: AQUA 2026

Rank		Age		Time	Pts	50m	100m	150m	200m
1.	LEBEL-GUERIN, Roxanne	29	Calac	**3:06.52**	287	44.37		2:19.64	3:06.52

Event 3 — Women, 200m Backstroke — 35 - 39 years

2026-11-14 - 11:41 — Results

Canadian Master Records	2:23.32	TREMBLAY, Marie-Eve	CMNQ	Quebec	2017-02-04
Quebec Provincial Master Records	2:23.32	TREMBLAY, Marie-Eve	CMNQ	Quebec	2017-02-04

Points: AQUA 2026

Rank		Age		Time	Pts	50m	100m	150m	200m
1.	COULOMBE, Samuelle	37	Maitres A Contre Courant	**2:59.29**	323	42.15	1:27.39	2:13.57	2:59.29
2.	DEL GRECO, Kassandra	38	Calac	**3:10.58**	269	42.62	1:30.10	2:20.51	3:10.58

Event 3 — Women, 200m Backstroke — 40 - 44 years

2026-11-14 - 11:41 — Results

Canadian Master Records	2:36.88	PLANTE, Nathalie	NG	???	2014-01-01
Quebec Provincial Master Records	2:36.88	PLANTE, Nathalie	CAMO	Montreal	2014-08-04

Points: AQUA 2026

Rank		Age		Time	Pts	50m	100m	150m	200m
1.	GREGORY, Courtney	44	Calgary Masters Swim Club	**2:42.57**	434	37.02		2:00.19	2:42.57
2.	AMANO, Louise	44	Calac	**3:15.63**	249	46.24	1:35.55	2:27.27	3:15.63

Event 3 — Men, 200m Backstroke — 40 - 44 years

2026-11-14 - 11:41 — Results

Canadian Master Records	2:14.71	BOTSFORD, Deke	CRKW	Nanaimo	2010-05-21
Quebec Provincial Master Records	2:23.17	GAUVIN, Chrystian	CASE	Montreal	2014-08-04

Points: AQUA 2026

Rank		Age		Time	Pts	50m	100m	150m	200m
1.	GREY, Trevor	40	Maitres A Contre Courant	**3:29.74**	151	48.54	1:41.51	2:36.66	3:29.74

Event 3, 200m Backstroke

Event 3 — Women, 200m Backstroke — 45 - 49 years
2026-11-14 - 11:41 — Results

Canadian Master Records	2:34.26	MABEE, Cindy	VICM	Richmond	2015-12-05
Quebec Provincial Master Records	2:44.63	KREMER, Ann	MDDO	Stanford (USA)	2006-08-05

Points: AQUA 2026

Rank		Age		Time	Pts	50m	100m	150m	200m
1.	FABES, Melanie	46	Maitres A Contre Courant	**2:54.14**	353		1:27.87		2:54.14
DNS	DUFOUR, Julie	47	La vague de Brossard						

Event 3 — Women, 200m Backstroke — 50 - 54 years
2026-11-14 - 11:41 — Results

Canadian Master Records	2:33.05	MARSHALL, Lynn	CAPS	???	2011-02-19
Quebec Provincial Master Records	2:47.36	LOWENSTEYN, Ilka	CSLA	Longueuil	2018-06-02

Points: AQUA 2026

Rank		Age		Time	Pts	50m	100m	150m	200m
1.	YANKIOUA, Karine	54	Maitres A Contre Courant	**3:28.02**	207	50.54	1:42.50	2:36.36	3:28.02
2.	DOHERTY, Kim	54	Pointe-Claire Masters	**4:13.29**	114				4:13.29
DNS	DESROSIERS, Ingrid	52	Cote Saint-Luc Aquatics						

Event 3 — Women, 200m Backstroke — 55 - 59 years
2026-11-14 - 11:41 — Results

Canadian Master Records	2:38.52	MARSHALL, Lynn	CAPS	Nepean	2016-02-21
Quebec Provincial Master Records	2:54.50	SENECHAL, Denyse	CAMO	Quebec	2017-02-04

Points: AQUA 2026

Rank		Age		Time	Pts	50m	100m	150m	200m
1.	CHAPDELAINE, Josee	59	Mtl Nord Natation	**3:27.51**	208	50.54	1:42.94	2:35.83	3:27.51

Event 3 — Women, 200m Backstroke — 60 - 64 years
2026-11-14 - 11:41 — Results

Canadian Master Records	2:51.36	MARSHALL, Lynn	CARMA	Etobicoke	2023-07-09
Quebec Provincial Master Records	2:51.52	LOWENSTEYN, Ilka	CSLA	Federal Way (USA)	2025-08-10

Points: AQUA 2026

Rank		Age		Time	Pts	50m	100m	150m	200m
1.	RODRIGUEZ, Alma	60	Pointe-Claire Masters	**3:46.31**	161	56.25	1:53.30		3:46.31

Event 3 — Men, 200m Backstroke — 60 - 64 years
2026-11-14 - 11:41 — Results

Canadian Master Records	2:28.85	MCKINNON, Peter	EOMAC	Mission Viejo (USA)	2024-08-23
Quebec Provincial Master Records	2:38.04	GRABS, Detlev	MEGO	Quebec	2020-02-01

Points: AQUA 2026

Rank		Age		Time	Pts	50m	100m	150m	200m
1.	KOVACS, Lajos	62	Club des Maitres-Nageurs d	**3:16.38**	185	46.94	1:37.38	2:27.57	3:16.38
2.	GRENIER, Benoit	63	Maitres A Contre Courant	**3:35.18**	140		1:46.99		3:35.18

Event 3, 200m Backstroke

Event 3 — Women, 200m Backstroke — 65 - 69 years
2026-11-14 - 11:41 — Results

Canadian Master Records	2:55.89	MARSHALL, Lynn	CARMA	Winnipeg	2026-05-23
Quebec Provincial Master Records	3:18.68	BOIVIN, Janine	CAMO	Singapore (SGP)	2025-08-08

Points: AQUA 2026

Rank		Age		Time	Pts	50m	100m	150m	200m
1.	MALCOLM, Ginny	69	Pointe-Claire Masters	**3:45.42**	163				3:45.42
2.	BLEAU, Monique	69	Pointe-Claire Masters	**4:24.74**	100	1:02.78		3:21.30	4:24.74

Event 3 — Women, 200m Backstroke — 70 - 74 years
2026-11-14 - 11:41 — Results

Canadian Master Records	3:19.63	LATREILLE, Denise	UNMNQ	Halifax	2026-03-15
Quebec Provincial Master Records	3:19.63	LATREILLE, Denise	UNMNQ	Halifax	2026-03-15

Points: AQUA 2026

Rank		Age		Time	Pts	50m	100m	150m	200m
1.	LATREILLE, Denise	70	UNMNQ Unattached Maitres	**3:24.16**	219		1:41.07		3:24.16

Event 3 — Men, 200m Backstroke — 70 - 74 years
2026-11-14 - 11:41 — Results

Canadian Master Records	2:58.31	STAMHUIS, Michael	VERN	Victoria	2024-01-20
Quebec Provincial Master Records	3:16.53	THÉRIAULT, Bertrand	UNMNQ	Springfield (USA)	2026-08-02

Points: AQUA 2026

Rank		Age		Time	Pts	50m	100m	150m	200m
1.	THERIAULT, Bertrand	70	UNMNQ Unattached Maitres	**3:17.36**	182		1:40.09		3:17.36
2.	BERRY, Ross Paul	71	Pointe-Claire Masters	**3:25.02**	162				3:25.02

Event 3 — Women, 200m Backstroke — 75 - 79 years
2026-11-14 - 11:41 — Results

Canadian Master Records	3:30.02	VERSFELD, Hella	LGCY	Victoria	2026-01-24
Quebec Provincial Master Records	4:07.14	WALDIE, Mae	MPC	Riccione (ITA)	2012-06-11

Points: AQUA 2026

Rank		Age		Time	Pts	50m	100m	150m	200m
1.	CARDINAL, Liliane	77	Pointe-Claire Masters	**6:18.63**	34				6:18.63

Event 3 — Men, 200m Backstroke — 80 - 84 years
2026-11-14 - 11:41 — Results

Canadian Master Records	3:23.94	DONOGHUE, Karl	PENT	Victoria	2020-02-02
Quebec Provincial Master Records	4:18.09	AMYOT, Jacques	CMNQ	Quebec	2005-02-05

Points: AQUA 2026

Rank		Age		Time	Pts	50m	100m	150m	200m
1.	RANSOM, Ken	80	Pointe-Claire Masters	**4:56.17**	53	1:09.35	2:24.49	3:43.68	4:56.17

Event 3, 200m Backstroke

Event 3	Women, 200m Backstroke	90 - 94 years
2026-11-14 - 11:41		Results

Canadian Master Records	4:50.19	WALDIE, Mae	MPC	Singapore (SGP)	2025-08-08
Quebec Provincial Master Records	4:50.19	WALDIE, Mae	MPC	Singapore (SGP)	2025-08-08

Points: AQUA 2026

Rank		Age		Time	Pts	50m	100m	150m	200m
1.	WALDIE, Mae	91	Pointe-Claire Masters	**5:22.04**	55	1:15.84	2:38.21	4:04.67	5:22.04