Event 5 — Women, 50m Breaststroke — Absolutos

21/11/2026 - 10:20 — Entry list

Recorde Regional (25m) Open	32.69	Eva Alexandra Coutinho	CMNPR	Leiria	13/12/2025
Recorde Regional (25m) 18 +	33.00	Joana Patrícia Pinto	GCVR	Felgueiras	20/12/2013
Recorde Regional (25m) 17	32.56	Eva Alexandra Coutinho	CMNPR	Felgueiras	11/04/2026
Recorde Regional (25m) Juv A	32.94	Eva Alexandra Coutinho	CMNPR	Tomar	15/12/2024
Recorde Regional (25m) Juv B	34.75	Eva Alexandra Coutinho	CMNPR	Peso da Régua	03/03/2024

Rank	Nome	Cat.	Idade	Licença	Clube	Tp Incr		Data
1	Maria Manuel Braz	Jun	18	209417	Gcvr	32.76	25m	07/03/2026
2	Margarida Nunes Maio	Juv.	16	225717	Gcvr	35.97	25m	27/06/2026
3	Ines Filipa Guerra	Juv.	16	209832	Fnc	37.44		
4	Iara Beatriz Matela	Jun	18	201729	Enb	38.00	25m	22/11/2025
5	Vitoria Cortinhas Pinto	Jun	17	212716	Peso da Regua	40.12	25m	27/06/2026
6	Leonor Ferreira Sousa	Juv.	15	222428	Fnc	43.25		
7	Ana Miguel Ana Miguel Tuna	Jun	17	222998	Enb	44.40	25m	18/10/2025
8	Renata Daniela Rangel	Juv.	16	220398	Gcvr	45.59	25m	09/05/2026
9	J. Joana Rodrigues Martins	Sen	22	203394	Enb	49.26		
10	Alice Silva Costa	Juv.	15	224051	Gcvr	50.16	25m	09/05/2026
11	Lara Ines Santos	Jun	17	207868	Fnc	51.56		
12	Maria Julia Cardoso	Jun	18	220507	Durius Ac Pesqueira	51.89	25m	05/07/2025