Programmanr. 3 — Heren, 400m wisselslag — Senioren Open
7-11-2026 - 16:36 — Resultaten

| rang | naam | vereniging | intijd | | tijd | RT |
|---|---|---|---|---|---|---|
| 1. | Jelle van Mullekom | Rzc | 4:58.21 | 200801267 | **4:56.48** | |
| | 50m: 29.10 | 29.10 150m: | | 250m: | 350m: | |
| | 100m: 1:02.54 | 33.44 200m: | | 300m: | 400m: 4:56.48 | |
| 2. | Joop Tuppe | Olympia | NT | 200100581 | **5:13.40** | |
| | 50m: 31.10 | 31.10 150m: | | 250m: | 350m: | |
| | 100m: 1:07.62 | 36.52 200m: | | 300m: | 400m: 5:13.40 | |
| 3. | Kjetil van Gasteren | Olympia | 5:31.65 | 200600405 | **5:23.79** | |
| | 50m: 32.76 | 32.76 150m: | | 250m: | 350m: | |
| | 100m: 1:13.39 | 40.63 200m: | | 300m: | 400m: 5:23.79 | |
| 4. | Jack Beaujon | Olympia | 5:27.82 | 200304251 | **5:25.29** | |
| | 50m: 30.05 | 30.05 150m: | | 250m: | 350m: | |
| | 100m: 1:05.91 | 35.86 200m: | | 300m: | 400m: 5:25.29 | |
| 5. | Mattias Meijers | Rzc | 5:47.31 | 200001975 | **5:32.51** | |
| | 50m: 32.39 | 32.39 150m: | | 250m: | 350m: | |
| | 100m: 1:11.73 | 39.34 200m: | | 300m: | 400m: 5:32.51 | |
| 6. | Koen van Leeuwenkamp | De Duinkikkers | 5:26.50 | 200900053 | **5:32.87** | |
| | 50m: 32.65 | 32.65 150m: | | 250m: | 350m: | |
| | 100m: 1:11.05 | 38.40 200m: | | 300m: | 400m: 5:32.87 | |
| 7. | Tim Keuning | De Duinkikkers | 5:41.98 | 201000557 | **5:37.62** | |
| | 50m: 31.53 | 31.53 150m: | | 250m: | 350m: | |
| | 100m: 1:09.56 | 38.03 200m: | | 300m: | 400m: 5:37.62 | |
| 8. | Gerbert Mollenhorst | De Duinkikkers | 5:41.82 | 200801163 | **5:57.25** | |
| | 50m: 37.48 | 37.48 150m: | | 250m: | 350m: | |
| | 100m: 1:24.85 | 47.37 200m: | | 300m: | 400m: 5:57.25 | |
| 9. | Oscar Swaab | De Duinkikkers | 6:01.03 | 200804005 | **5:57.38** | |
| | 50m: 36.49 | 36.49 150m: | | 250m: | 350m: | |
| | 100m: 1:26.57 | 50.08 200m: | | 300m: | 400m: 5:57.38 | |
| 10. | Erik Cooiman | De Duinkikkers | NT | 199705121 | **6:02.47** | |
| | 50m: 33.04 | 33.04 150m: | | 250m: | 350m: | |
| | 100m: 1:11.43 | 38.39 200m: | | 300m: | 400m: 6:02.47 | |
| AFGEM | Perry Arentsen | Rzc | NT | 198800073 | | |