Programmanr. 23 — Heren, 400m vrije slag — Générale
15-11-26 - 14:12 — Resultaten

Punten: AQUA 2026

Rang					Geb.						Tijd	Pnt
1.	DENOLF, Ward				02	Zib					**4:17.97**	556
	50m:	28.82	28.82	150m:	1:32.24	31.88	250m:	2:37.97	33.12	350m:	3:44.78	33.45
	100m:	1:00.36	31.54	200m:	2:04.85	32.61	300m:	3:11.33	33.36	400m:	4:17.97	33.19
2.	EECKHOUT, Ward				08	Delf					**4:49.87**	392
	50m:	31.16	31.16	150m:	1:41.46	36.04	250m:	2:56.54	37.95	350m:	4:12.76	38.17
	100m:	1:05.42	34.26	200m:	2:18.59	37.13	300m:	3:34.59	38.05	400m:	4:49.87	37.11
3.	LAMAIRE, Lucas				13	Vzn					**5:07.44**	329
	50m:	31.84	31.84	150m:	1:47.28	38.70	250m:	3:08.04	40.40	350m:	4:28.74	39.50
	100m:	1:08.58	36.74	200m:	2:27.64	40.36	300m:	3:49.24	41.20	400m:	5:07.44	38.70
4.	ORGANAI CASCON, Matteo				08	Cnmr					**5:14.89**	306
	50m:	34.28	34.28	150m:	1:53.34	40.44	250m:	3:15.81	41.02	350m:	4:37.16	40.55
	100m:	1:12.90	38.62	200m:	2:34.79	41.45	300m:	3:56.61	40.80	400m:	5:14.89	37.73
5.	TUREK, Louis				13	Zvm					**5:26.31**	275
	50m:	35.28	35.28	150m:	1:56.89	41.79	250m:	3:20.96	42.40	350m:	4:47.90	43.04
	100m:	1:15.10	39.82	200m:	2:38.56	41.67	300m:	4:04.86	43.90	400m:	5:26.31	38.41
6.	VYLDERS, Bram				10	Vzn					**5:28.77**	269
	50m:	35.59	35.59	150m:	1:57.57	41.66	250m:	3:23.62	43.39	350m:	4:48.83	41.49
	100m:	1:15.91	40.32	200m:	2:40.23	42.66	300m:	4:07.34	43.72	400m:	5:28.77	39.94