Event 10 | Women, 400m Freestyle | Open
21.11.2026 - 9:30 | Results

Limit Seniori 19 + 50m: 5:39.34 / Limit Mladinci 17 - 18 50m: 5:42.94 / Limit Kadeti 15 - 16 50m: 5:43.83 / Limit Postari Pioneri 13 - 14 50m: 5:54.17 / Limit Pomladi Pioneri - 12 50m: 7:25.53

Points: AQUA 2024

Rank		YB		Time	Pts
Seniorki					
1.	JANKOVIK, Sara	08	Skopje	**4:17.02**	728
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 4:17.02				
2.	DIMITROVSKA, Kalina	11	Vardar 2018	**4:31.71**	616
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 4:31.71				
3.	KOLCHESKA, Teodora	12	Vardar 2018	**4:40.00**	563
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 4:40.00				
4.	STAVRESKA, Georgina	11	Vardar 2018	**4:49.21**	511
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 4:49.21				
5.	TRIFUNOSKA, Irina	13	Skopje	**4:53.95**	487
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 4:53.95				
6.	PENOVSKA, Kalina	10	Beta Sharks	**5:03.01**	444
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:03.01				
7.	KALACOSKA, Katja	13	Skopje	**5:05.12**	435
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:05.12				
8.	DONEVSKA, Angela	09	Skopje	**5:05.84**	432
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:05.84				
9.	KOSTOVSKA, Kaja	14	Mladost	**5:14.83**	396
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:14.83				
10.	STOJANOSKA, Dafina	13	Beta Sharks	**5:17.44**	386
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:17.44				
11.	MILENKOVSKA, Marta	13	Vardar 2018	**5:17.65**	386
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:17.65				
12.	NIKOLOVSKI, Kalina	13	Vardar 2018	**5:18.03**	384
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:18.03				
13.	STEFANOVSKA, Andrea	12	Orion	**5:19.46**	379
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:19.46				

Event 10, Women, 400m Freestyle, Seniorki

Rank		YB		Time	Pts
14.	KJULAVKOVSKA, Melanija	15	Vardar 2018	**5:21.42**	372
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:21.42				
15.	STOJANOSKA, Una	10	Orion	**5:26.14**	356
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:26.14				
16.	SLAVKOVIKJ, Tijana	15	Skopje	**5:32.76**	335
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:32.76				
17.	MILOSEVSKA, Lena	12	Orion	**5:34.02**	332
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:34.02				
18.	DIMITROVSKA, Anastasija	16	Vardar 2018	**5:36.50**	324
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:36.50				
19.	GOSHEVA, Bisera	14	Skopje	**5:44.43**	302
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:44.43				
20.	HRISTOVSKA, Kalina	13	Neptun	**5:48.71**	291
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:48.71				
21.	POPOV, Katja	15	Vardar 2018	**5:54.82**	277
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:54.82				
22.	CVIJETIKJ, Katja	16	Vardar 2018	**6:01.12**	262
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 6:01.12				

Mladinki (2008 i pomladi)

1.	JANKOVIK, Sara	08	Skopje	**4:17.02**	728
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 4:17.02				
2.	DIMITROVSKA, Kalina	11	Vardar 2018	**4:31.71**	616
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 4:31.71				
3.	KOLCHESKA, Teodora	12	Vardar 2018	**4:40.00**	563
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 4:40.00				
4.	STAVRESKA, Georgina	11	Vardar 2018	**4:49.21**	511
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 4:49.21				
5.	TRIFUNOSKA, Irina	13	Skopje	**4:53.95**	487
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 4:53.95				

Event 10, Girls, 400m Freestyle, Mladinki (2008 i pomladi)

Rank		YB		Time	Pts
6.	PENOVSKA, Kalina	10	Beta Sharks	**5:03.01**	444
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:03.01				
7.	KALACOSKA, Katja	13	Skopje	**5:05.12**	435
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:05.12				
8.	DONEVSKA, Angela	09	Skopje	**5:05.84**	432
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:05.84				
9.	KOSTOVSKA, Kaja	14	Mladost	**5:14.83**	396
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:14.83				
10.	STOJANOSKA, Dafina	13	Beta Sharks	**5:17.44**	386
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:17.44				
11.	MILENKOVSKA, Marta	13	Vardar 2018	**5:17.65**	386
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:17.65				
12.	NIKOLOVSKI, Kalina	13	Vardar 2018	**5:18.03**	384
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:18.03				
13.	STEFANOVSKA, Andrea	12	Orion	**5:19.46**	379
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:19.46				
14.	KJULAVKOVSKA, Melanija	15	Vardar 2018	**5:21.42**	372
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:21.42				
15.	STOJANOSKA, Una	10	Orion	**5:26.14**	356
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:26.14				
16.	SLAVKOVIKJ, Tijana	15	Skopje	**5:32.76**	335
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:32.76				
17.	MILOSEVSKA, Lena	12	Orion	**5:34.02**	332
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:34.02				
18.	DIMITROVSKA, Anastasija	16	Vardar 2018	**5:36.50**	324
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:36.50				
19.	GOSHEVA, Bisera	14	Skopje	**5:44.43**	302
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:44.43				
20.	HRISTOVSKA, Kalina	13	Neptun	**5:48.71**	291
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:48.71				

Event 10, Girls, 400m Freestyle, Mladinki (2008 i pomladi)

Rank		YB		Time	Pts
21.	POPOV, Katja	15	Vardar 2018	**5:54.82**	277
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:54.82				
22.	CVIJETIKJ, Katja	16	Vardar 2018	**6:01.12**	262
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 6:01.12				

Kadetki (20010 i pomladi)i

1.	DIMITROVSKA, Kalina	11	Vardar 2018	**4:31.71**	616
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 4:31.71				
2.	KOLCHESKA, Teodora	12	Vardar 2018	**4:40.00**	563
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 4:40.00				
3.	STAVRESKA, Georgina	11	Vardar 2018	**4:49.21**	511
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 4:49.21				
4.	TRIFUNOSKA, Irina	13	Skopje	**4:53.95**	487
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 4:53.95				
5.	PENOVSKA, Kalina	10	Beta Sharks	**5:03.01**	444
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:03.01				
6.	KALACOSKA, Katja	13	Skopje	**5:05.12**	435
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:05.12				
7.	KOSTOVSKA, Kaja	14	Mladost	**5:14.83**	396
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:14.83				
8.	STOJANOSKA, Dafina	13	Beta Sharks	**5:17.44**	386
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:17.44				
9.	MILENKOVSKA, Marta	13	Vardar 2018	**5:17.65**	386
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:17.65				
10.	NIKOLOVSKI, Kalina	13	Vardar 2018	**5:18.03**	384
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:18.03				
11.	STEFANOVSKA, Andrea	12	Orion	**5:19.46**	379
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:19.46				
12.	KJULAVKOVSKA, Melanija	15	Vardar 2018	**5:21.42**	372
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:21.42				

Event 10, Girls, 400m Freestyle, Kadetki (20010 i pomladi)i

Rank		YB		Time	Pts
13.	STOJANOSKA, Una	10	Orion	**5:26.14**	356
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:26.14				
14.	SLAVKOVIKJ, Tijana	15	Skopje	**5:32.76**	335
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:32.76				
15.	MILOSEVSKA, Lena	12	Orion	**5:34.02**	332
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:34.02				
16.	DIMITROVSKA, Anastasija	16	Vardar 2018	**5:36.50**	324
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:36.50				
17.	GOSHEVA, Bisera	14	Skopje	**5:44.43**	302
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:44.43				
18.	HRISTOVSKA, Kalina	13	Neptun	**5:48.71**	291
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:48.71				
19.	POPOV, Katja	15	Vardar 2018	**5:54.82**	277
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:54.82				
20.	CVIJETIKJ, Katja	16	Vardar 2018	**6:01.12**	262
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 6:01.12				

Postari Pionerki (2012 i pomladi)

1.	KOLCHESKA, Teodora	12	Vardar 2018	**4:40.00**	563
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 4:40.00				
2.	TRIFUNOSKA, Irina	13	Skopje	**4:53.95**	487
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 4:53.95				
3.	KALACOSKA, Katja	13	Skopje	**5:05.12**	435
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:05.12				
4.	KOSTOVSKA, Kaja	14	Mladost	**5:14.83**	396
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:14.83				
5.	STOJANOSKA, Dafina	13	Beta Sharks	**5:17.44**	386
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:17.44				
6.	MILENKOVSKA, Marta	13	Vardar 2018	**5:17.65**	386
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:17.65				

Event 10, Girls, 400m Freestyle, Postari Pionerki (2012 i pomladi)

Rank		YB		Time	Pts
7.	NIKOLOVSKI, Kalina	13	Vardar 2018	**5:18.03**	384
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:18.03				
8.	STEFANOVSKA, Andrea	12	Orion	**5:19.46**	379
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:19.46				
9.	KJULAVKOVSKA, Melanija	15	Vardar 2018	**5:21.42**	372
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:21.42				
10.	SLAVKOVIKJ, Tijana	15	Skopje	**5:32.76**	335
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:32.76				
11.	MILOSEVSKA, Lena	12	Orion	**5:34.02**	332
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:34.02				
12.	DIMITROVSKA, Anastasija	16	Vardar 2018	**5:36.50**	324
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:36.50				
13.	GOSHEVA, Bisera	14	Skopje	**5:44.43**	302
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:44.43				
14.	HRISTOVSKA, Kalina	13	Neptun	**5:48.71**	291
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:48.71				
15.	POPOV, Katja	15	Vardar 2018	**5:54.82**	277
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:54.82				
16.	CVIJETIKJ, Katja	16	Vardar 2018	**6:01.12**	262
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 6:01.12				

Pomladi Pinerki (2014 i pomladi)

1.	KOSTOVSKA, Kaja	14	Mladost	**5:14.83**	396
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:14.83				
2.	KJULAVKOVSKA, Melanija	15	Vardar 2018	**5:21.42**	372
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:21.42				
3.	SLAVKOVIKJ, Tijana	15	Skopje	**5:32.76**	335
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:32.76				
4.	DIMITROVSKA, Anastasija	16	Vardar 2018	**5:36.50**	324
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:36.50				

Event 10, Girls, 400m Freestyle, Pomladi Pinerki (2014 i pomladi)

Rank		YB		Time	Pts
5.	GOSHEVA, Bisera	14	Skopje	**5:44.43**	302
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:44.43				
6.	POPOV, Katja	15	Vardar 2018	**5:54.82**	277
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 5:54.82				
7.	CVIJETIKJ, Katja	16	Vardar 2018	**6:01.12**	262
	50m: 150m: 250m: 350m:				
	100m: 200m: 300m: 400m: 6:01.12				