Programmanr. 5
8-11-2026 - 14:20

Dames, 400m wisselslag

Senioren Open
Resultaten

rang	naam	vereniging	intijd		tijd	RT
1.	Meike van de Ree	Hzpc	5:14.82	200402646	**5:26.55**	
	50m: 33.90 33.90	150m: 1:56.11 40.21	250m: 3:21.17 46.31		350m: 4:48.06 38.71	
	100m: 1:15.90 42.00	200m: 2:34.86 38.75	300m: 4:09.35 48.18		400m: 5:26.55 38.49	
2.	Anna van Kuijk	MZ&PC	5:45.00	200300564	**5:37.67**	
	50m: 34.29 34.29	150m: 1:57.47 42.97	250m: 3:28.83 48.94		350m: 4:58.41 40.86	
	100m: 1:14.50 40.21	200m: 2:39.89 42.42	300m: 4:17.55 48.72		400m: 5:37.67 39.26	
3.	Zoë Cröpelin	Zwemsport Parkstad	5:53.99	200603782	**5:49.45**	
	50m: 37.25 37.25	150m: 2:08.60 46.42	250m: 3:42.29 49.41		350m: 5:11.41 40.21	
	100m: 1:22.18 44.93	200m: 2:52.88 44.28	300m: 4:31.20 48.91		400m: 5:49.45 38.04	
4.	Danné van Munster	Hellas-Glana 2	5:57.41	200901262	**5:57.33**	
	50m: 38.39 38.39	150m: 2:08.81 45.59	250m: 3:44.29 51.29		350m: 5:18.69 41.26	
	100m: 1:23.22 44.83	200m: 2:53.00 44.19	300m: 4:37.43 53.14		400m: 5:57.33 38.64	
5.	Rachelle Luimes	Hellas-Glana 2	5:51.56	200500654	**5:59.84**	
	50m: 37.77 37.77	150m: 2:06.47 44.62	250m: 3:43.17 53.45		350m: 5:19.52 41.97	
	100m: 1:21.85 44.08	200m: 2:49.72 43.25	300m: 4:37.55 54.38		400m: 5:59.84 40.32	
6.	Iris Mobers-Hopman	Zwemsport Parkstad	NT	199108722	**6:12.51**	
	50m: 41.66 41.66	150m: 2:17.27 47.56	250m: 3:56.18 53.76		350m: 5:32.48 42.67	
	100m: 1:29.71 48.05	200m: 3:02.42 45.15	300m: 4:49.81 53.63		400m: 6:12.51 40.03	
7.	Isabelle van Dijk	MZ&PC	NT	201400214	**6:42.72**	
	50m: 45.40 45.40	150m: 2:30.61 52.66	250m: 4:12.70 51.80		350m: 5:57.28 50.07	
	100m: 1:37.95 52.55	200m: 3:20.90 50.29	300m: 5:07.21 54.51		400m: 6:42.72 45.44	
DIS	Floor Weijmans	Hzpc	5:41.81	199502522		

AA - De start ingezet voor het startsignaal (en wel gezwommen).