Programmanr. 15 — Jongens, 400m vrije slag — Onder 16
8-11-2026 - 14:56 — Resultaten

rang	naam	vereniging	intijd										RT
1.	Quinn Van Wissen	Hellas-Glana 2	5:23.78	201102591							**4:56.21**		
	50m:	32.29	32.29	150m:	1:46.78	37.98	250m:	3:03.37	38.56	350m:	4:19.89	38.56	
	100m:	1:08.80	36.51	200m:	2:24.81	38.03	300m:	3:41.33	37.96	400m:	4:56.21	36.32	
2.	Halil Kuzey Kudat	Hellas-Glana 2	5:03.72	201201917							**5:01.35**		
	50m:	32.56	32.56	150m:	1:46.18	37.28	250m:	3:01.90	38.80	350m:	4:21.20	39.47	
	100m:	1:08.90	36.34	200m:	2:23.10	36.92	300m:	3:41.73	39.83	400m:	5:01.35	40.15	
3.	Sebastiaan van Dijk	MZ&PC	NT	201202591							**5:14.30**		
	50m:	34.86	34.86	150m:	1:54.45	40.77	250m:	3:17.19	41.22	350m:	4:37.67	40.52	
	100m:	1:13.68	38.82	200m:	2:35.97	41.52	300m:	3:57.15	39.96	400m:	5:14.30	36.63	
4.	Colin Jacobs	Hzpc	5:25.88	201100071							**5:27.73**		
	50m:	38.19	38.19	150m:	2:00.65	41.64	250m:	3:24.62	41.91	350m:	4:47.85	41.63	
	100m:	1:19.01	40.82	200m:	2:42.71	42.06	300m:	4:06.22	41.60	400m:	5:27.73	39.88	
5.	Matvii Chybrisova	Zwemsport Parkstad	NT	201203055							**5:51.13**		
	50m:	35.70	35.70	150m:	2:00.77	43.94	250m:	3:32.79	45.93	350m:	5:08.11	47.77	
	100m:	1:16.83	41.13	200m:	2:46.86	46.09	300m:	4:20.34	47.55	400m:	5:51.13	43.02	
6.	Mick Beaulen	MZ&PC	NT	201202587							**5:52.31**		
	50m:	37.58	37.58	150m:	2:05.04	44.89	250m:	3:34.87	43.90	350m:	5:08.20	46.98	
	100m:	1:20.15	42.57	200m:	2:50.97	45.93	300m:	4:21.22	46.35	400m:	5:52.31	44.11	
7.	Daniel Alejandro T.	Zwemsport Parkstad	7:17.74	201202685							**6:03.13**		
	50m:	35.65	35.65	150m:	2:01.03	44.94	250m:	3:33.68	46.69	350m:	5:13.20	51.43	
	100m:	1:16.09	40.44	200m:	2:46.99	45.96	300m:	4:21.77	48.09	400m:	6:03.13	49.93	
8.	Finn Caasenbrood	Hzpc	6:19.59	201201619							**6:10.21**		
	50m:	38.87	38.87	150m:	2:11.57	46.64	250m:	3:46.30	46.95	350m:	5:22.47	48.62	
	100m:	1:24.93	46.06	200m:	2:59.35	47.78	300m:	4:33.85	47.55	400m:	6:10.21	47.74	
9.	Christian Widdershoven	MZ&PC	NT	201202629							**6:12.29**		
	50m:	38.50	38.50	150m:	2:10.55	46.97	250m:	3:46.41	48.04	350m:	5:25.15	49.13	
	100m:	1:23.58	45.08	200m:	2:58.37	47.82	300m:	4:36.02	49.61	400m:	6:12.29	47.14	
10.	Joep Dingelstad	Hellas-Glana 2	6:24.64	201200481							**6:37.57**		
	50m:	40.90	40.90	150m:	2:16.75	49.52	250m:	4:03.21	53.17	350m:	5:48.07	52.60	
	100m:	1:27.23	46.33	200m:	3:10.04	53.29	300m:	4:55.47	52.26	400m:	6:37.57	49.50	
AFGEM	Alexander Koonen	Zwemsport Parkstad	NT	201203367									