Event 207 | 400m Freestyle | 10 years and younger
2026-11-22 - 14:10 | Results

Points: AQUA 2026

Rank		Age			Time	Pts	

8 years and younger, Boys

1.	CASTOR, Konrad	8	Mtl Nord Natation		**6:46.34**	142	

50m:	45.64	45.64	150m:	2:30.46	52.69	250m:	4:16.38	54.17	350m:	5:59.57	51.03
100m:	1:37.77	52.13	200m:	3:22.21	51.75	300m:	5:08.54	52.16	400m:	6:46.34	46.77

9 - 10 years, Girls

1.	ZEMOURI, Anais	10	Cote Saint-Luc Aquatics		**5:23.91**	359	E

50m:	37.37	37.37	150m:	1:59.92	41.58	250m:	3:21.81	40.35	350m:	4:44.46	40.99
100m:	1:18.34	40.97	200m:	2:41.46	41.54	300m:	4:03.47	41.66	400m:	5:23.91	39.45

2.	MARIN, Emma	10	Dorval Swim Club		**6:20.31**	221	

50m:	40.89	40.89	150m:	2:14.01	47.42	250m:	3:52.91	49.59	350m:	5:32.98	49.70
100m:	1:26.59	45.70	200m:	3:03.32	49.31	300m:	4:43.28	50.37	400m:	6:20.31	47.33

3.	ZENELI, Ana	10	Mtl Nord Natation		**6:37.05**	195	

50m:	45.39	45.39	150m:	2:26.29	50.56	250m:	4:07.69	50.63	350m:	5:49.75	51.96
100m:	1:35.73	50.34	200m:	3:17.06	50.77	300m:	4:57.79	50.10	400m:	6:37.05	47.30

4.	CHEANG, Zoe	9	Calac		**6:37.34**	194	

50m:	45.36	45.36	150m:	2:27.37	51.26	250m:	4:10.85	51.95	350m:	5:52.51	49.78
100m:	1:36.11	50.75	200m:	3:18.90	51.53	300m:	5:02.73	51.88	400m:	6:37.34	44.83

5.	METTLER WARNER, Nora	9	Cote Saint-Luc Aquatics		**6:53.54**	172	

50m:	45.98	45.98	150m:	2:29.87	52.61	250m:	4:15.62	53.00	350m:	6:02.12	52.51
100m:	1:37.26	51.28	200m:	3:22.62	52.75	300m:	5:09.61	53.99	400m:	6:53.54	51.42

6.	PENCER, Margaret	9	Cote Saint-Luc Aquatics		**7:36.27**	128	

50m:	47.03	47.03	150m:	2:42.31	59.25	250m:	4:42.04	1:00.39	350m:	6:37.72	55.55
100m:	1:43.06	56.03	200m:	3:41.65	59.34	300m:	5:42.17	1:00.13	400m:	7:36.27	58.55

9 - 10 years, Boys

1.	RIAZI, Kasra	10	Cote Saint-Luc Aquatics		**5:22.30**	285	E

50m:	37.25	37.25	150m:	2:00.02	41.46	250m:	3:21.72	39.68	350m:	4:43.64	41.25
100m:	1:18.56	41.31	200m:	2:42.04	42.02	300m:	4:02.39	40.67	400m:	5:22.30	38.66

2.	BRINDIN, Daniel	10	Cote Saint-Luc Aquatics		**5:27.61**	271	E

50m:	37.10	37.10	150m:	1:59.71	41.25	250m:	3:21.71	40.31	350m:	4:45.41	42.11
100m:	1:18.46	41.36	200m:	2:41.40	41.69	300m:	4:03.30	41.59	400m:	5:27.61	42.20

3.	DU, Wyatt	10	Club de natation Saint-Laurent		**5:34.49**	255	E

50m:	40.04	40.04	150m:	2:05.93	43.61	250m:	3:31.27	42.13	350m:	4:55.53	42.16
100m:	1:22.32	42.28	200m:	2:49.14	43.21	300m:	4:13.37	42.10	400m:	5:34.49	38.96

4.	HILLCOAT, Jackson	10	Dorval Swim Club		**5:51.28**	220	E

50m:	39.54	39.54	150m:	2:09.19	45.20	250m:	3:40.20	44.99	350m:	5:10.34	45.23
100m:	1:23.99	44.45	200m:	2:55.21	46.02	300m:	4:25.11	44.91	400m:	5:51.28	40.94

5.	POPESCU NETEA, Stefan	10	Cote Saint-Luc Aquatics		**5:55.27**	213	

50m:	39.31	39.31	150m:	2:09.00	45.02	250m:	3:41.24	46.07	350m:	5:13.10	45.82
100m:	1:23.98	44.67	200m:	2:55.17	46.17	300m:	4:27.28	46.04	400m:	5:55.27	42.17

6.	BOUCHAIB, Youcef	9	Mtl Nord Natation		**6:29.97**	161	

50m:	42.13	42.13	150m:	2:18.06	49.15	250m:	3:59.58	50.79	350m:	5:42.29	51.33
100m:	1:28.91	46.78	200m:	3:08.79	50.73	300m:	4:50.96	51.38	400m:	6:29.97	47.68

Event 207, Boys, 400m Freestyle, 9 - 10 years

Rank		Age		Time	Pts
7.	FRIGON CORONA, Samuel	9	Mtl Nord Natation	**6:31.86**	158
	50m: 43.81 43.81 150m: 2:24.39 51.99 250m: 4:05.89 50.80 350m: 5:46.66 49.67				
	100m: 1:32.40 48.59 200m: 3:15.09 50.70 300m: 4:56.99 51.10 400m: 6:31.86 45.20				
8.	SO FORYSTEK, William	10	Calac	**6:59.16**	129
	50m: 46.97 46.97 150m: 2:33.62 54.49 250m: 4:21.75 53.88 350m: 6:10.05 54.15				
	100m: 1:39.13 52.16 200m: 3:27.87 54.25 300m: 5:15.90 54.15 400m: 6:59.16 49.11				
9.	RABINOVITCH, Joseph	9	Cote Saint-Luc Aquatics	**7:00.81**	128
	50m: 46.98 46.98 150m: 2:32.59 53.59 250m: 4:22.30 53.73 350m: 6:11.12 54.05				
	100m: 1:39.00 52.02 200m: 3:28.57 55.98 300m: 5:17.07 54.77 400m: 7:00.81 49.69				