Epreuve 32 — 400m Libre — 8 - 10 ans
15-11-26 - 14:00 — Liste résultats

Points: AQUA 2026

Rang		AN		Temps	Pts

8 ans, Garçons

1.	THONNARD, Antoine	18	Liège Natation	**7:15.08**	116

50m:	45.66	45.66	150m:	2:35.74	56.70	250m:	4:33.73	58.33	350m:	6:25.91	55.74
100m:	1:39.04	53.38	200m:	3:35.40	59.66	300m:	5:30.17	56.44	400m:	7:15.08	49.17

8 ans, Filles

1.	WLODARCZYK, Ines	18	Liège Natation	**8:13.65**	101

50m:	48.92	48.92	150m:	2:50.68	1:01.61	250m:	5:02.27	1:06.13	350m:	7:10.88	1:03.02
100m:	1:49.07	1:00.15	200m:	3:56.14	1:05.46	300m:	6:07.86	1:05.59	400m:	8:13.65	1:02.77

9 ans, Garçons

1.	DRION, Lénaïc	17	Mosan	**5:49.71**	223

50m:	41.63	41.63	150m:	2:11.42	45.22	250m:	3:39.47	43.69	350m:	5:07.37	44.02
100m:	1:26.20	44.57	200m:	2:55.78	44.36	300m:	4:23.35	43.88	400m:	5:49.71	42.34

2.	LIU, Jamy	17	Mosan	**6:43.02**	146

50m:	42.70	42.70	150m:	2:23.57	52.06	250m:	4:06.71	51.14	350m:	5:53.76	53.07
100m:	1:31.51	48.81	200m:	3:15.57	52.00	300m:	5:00.69	53.98	400m:	6:43.02	49.26

3.	MUSMECI, Giulio	17	Mosan	**7:07.98**	121

50m:	46.05	46.05	150m:	2:33.20	53.76	250m:	4:25.06	56.03	350m:	6:17.72	54.44
100m:	1:39.44	53.39	200m:	3:29.03	55.83	300m:	5:23.28	58.22	400m:	7:07.98	50.26

4.	BODSON-FELINGUE, Axel	17	Liège Natation	**7:14.21**	116

50m:	43.55	43.55	150m:	2:30.00	54.81	250m:	4:22.23	57.72	350m:	6:17.34	57.68
100m:	1:35.19	51.64	200m:	3:24.51	54.51	300m:	5:19.66	57.43	400m:	7:14.21	56.87

9 ans, Filles

1.	LAMBERT, Esther	17	Liège Natation	**6:27.60**	209

50m:	40.64	40.64	150m:	2:16.81	48.77	250m:	3:56.85	50.20	350m:	5:38.75	51.26
100m:	1:28.04	47.40	200m:	3:06.65	49.84	300m:	4:47.49	50.64	400m:	6:27.60	48.85

2.	PRÉGARDIEN, Julia	17	Liège Natation	**6:35.80**	196

50m:	42.77	42.77	150m:	2:23.43	51.84	250m:	4:06.19	52.07	350m:	5:48.51	50.21
100m:	1:31.59	48.82	200m:	3:14.12	50.69	300m:	4:58.30	52.11	400m:	6:35.80	47.29

3.	VIELLEVOYE, Ines	17	Vn	**6:36.45**	195

50m:	43.07	43.07	150m:	2:24.48	51.59	250m:	4:07.34	52.01	350m:	5:48.55	49.28
100m:	1:32.89	49.82	200m:	3:15.33	50.85	300m:	4:59.27	51.93	400m:	6:36.45	47.90

4.	KREUSCH, Vicky	17	Mosan	**7:21.37**	141

50m:	45.58	45.58	150m:	2:36.36	56.67	250m:	4:30.12	57.88	350m:	6:27.56	1:00.08
100m:	1:39.69	54.11	200m:	3:32.24	55.88	300m:	5:27.48	57.36	400m:	7:21.37	53.81

5.	SCHEERS, Eléonor	17	Jod	**7:44.94**	121

50m:	48.98	48.98	150m:	2:46.10	59.20	250m:	4:47.39	59.49	350m:	6:49.19	1:00.29
100m:	1:46.90	57.92	200m:	3:47.90	1:01.80	300m:	5:48.90	1:01.51	400m:	7:44.94	55.75

6.	DUPONT, Victoria	17	Liège Natation	**7:55.66**	113

50m:	49.28	49.28	150m:	2:49.30	1:01.57	250m:	4:53.92	1:02.36	350m:	6:57.61	1:00.84
100m:	1:47.73	58.45	200m:	3:51.56	1:02.26	300m:	5:56.77	1:02.85	400m:	7:55.66	58.05

7.	KHELIFA, Maissane	17	Mosan	**8:12.12**	102

50m:	54.38	54.38	150m:	3:01.36	1:04.11	250m:	5:07.75	1:02.78	350m:	7:16.85	1:04.57
100m:	1:57.25	1:02.87	200m:	4:04.97	1:03.61	300m:	6:12.28	1:04.53	400m:	8:12.12	55.27

8.	WARIN, Capucine	17	Mosan	**8:13.82**	101

50m:	51.73	51.73	150m:	2:58.64	1:03.35	250m:	5:08.81	1:06.42	350m:	7:15.86	1:03.81
100m:	1:55.29	1:03.56	200m:	4:02.39	1:03.75	300m:	6:12.05	1:03.24	400m:	8:13.82	57.96

Epreuve 32, Filles, 400m Libre, 9 ans

Rang		AN		Temps	Pts
9.	HAMMA, Lina	17	Mosan	**9:06.00**	74
	50m: 1:01.48 1:01.48 150m: 3:16.37 1:05.95 250m: 5:37.96 1:11.50 350m: 7:57.62 1:11.11				
	100m: 2:10.42 1:08.94 200m: 4:26.46 1:10.09 300m: 6:46.51 1:08.55 400m: 9:06.00 1:08.38				

10 ans, Garçons

1.	ROOMANS, Baptiste	16	Liège Natation	**5:46.54**	229
	50m: 39.23 39.23 150m: 2:08.35 44.70 250m: 3:37.98 45.26 350m: 5:05.51 44.09				
	100m: 1:23.65 44.42 200m: 2:52.72 44.37 300m: 4:21.42 43.44 400m: 5:46.54 41.03				
2.	LEDENT, Matthew	16	Liège Natation	**6:12.92**	184
	50m: 41.24 41.24 150m: 2:17.03 49.13 250m: 3:52.43 47.70 350m: 5:28.66 47.62				
	100m: 1:27.90 46.66 200m: 3:04.73 47.70 300m: 4:41.04 48.61 400m: 6:12.92 44.26				
3.	RIEFORTH, Aron	16	Longchamps Swimming Club	**6:15.82**	180
	50m: 41.08 41.08 150m: 2:15.77 48.07 250m: 3:53.01 48.54 350m: 5:31.96 49.70				
	100m: 1:27.70 46.62 200m: 3:04.47 48.70 300m: 4:42.26 49.25 400m: 6:15.82 43.86				
4.	MASSARD, Loyc	16	Liège Natation	**6:50.07**	138
	50m: 44.83 44.83 150m: 2:27.49 52.42 250m: 4:11.58 51.21 350m: 5:58.24 53.25				
	100m: 1:35.07 50.24 200m: 3:20.37 52.88 300m: 5:04.99 53.41 400m: 6:50.07 51.83				
disq.	EL BOUSTANE, Mohamed	16	Mosan	**6:29.27**	
	SW 4.4 - valse start / Départ anticipé				
	50m: 41.83 41.83 150m: 2:21.57 51.47 250m: 4:01.49 50.20 350m: 5:42.28 49.62				
	100m: 1:30.10 48.27 200m: 3:11.29 49.72 300m: 4:52.66 51.17 400m: 6:29.27 46.99				

10 ans, Filles

1.	THYSE, Laly	16	Liège Natation	**5:35.42**	323
	50m: 38.31 38.31 150m: 2:03.93 43.09 250m: 3:30.21 43.03 350m: 4:54.36 42.02				
	100m: 1:20.84 42.53 200m: 2:47.18 43.25 300m: 4:12.34 42.13 400m: 5:35.42 41.06				
2.	DUPONT, Ella	16	Liège Natation	**5:56.64**	269
	50m: 39.43 39.43 150m: 2:09.80 45.42 250m: 3:42.94 46.40 350m: 5:14.64 45.20				
	100m: 1:24.38 44.95 200m: 2:56.54 46.74 300m: 4:29.44 46.50 400m: 5:56.64 42.00				
3.	JORISSEN, Niene	16	Liège Natation	**6:19.85**	222
	50m: 40.57 40.57 150m: 2:16.73 48.99 250m: 3:55.16 49.36 350m: 5:34.10 49.54				
	100m: 1:27.74 47.17 200m: 3:05.80 49.07 300m: 4:44.56 49.40 400m: 6:19.85 45.75				
4.	IGONO, Juliette Maayo	16	Mosan	**6:30.70**	204
	50m: 41.03 41.03 150m: 2:20.10 50.74 250m: 4:02.76 51.75 350m: 5:44.21 50.90				
	100m: 1:29.36 48.33 200m: 3:11.01 50.91 300m: 4:53.31 50.55 400m: 6:30.70 46.49				
5.	SANZ ALEKSEEVA SILVIA,	16	Longchamps Swimming Club	**6:31.09**	204
	50m: 43.89 43.89 150m: 2:23.34 49.33 250m: 4:05.84 51.38 350m: 5:45.16 48.96				
	100m: 1:34.01 50.12 200m: 3:14.46 51.12 300m: 4:56.20 50.36 400m: 6:31.09 45.93				
6.	PIRONNET, Augustine	16	Mosan	**7:08.13**	155
	50m: 47.21 47.21 150m: 2:37.71 55.66 250m: 4:28.60 55.25 350m: 6:18.94 55.24				
	100m: 1:42.05 54.84 200m: 3:33.35 55.64 300m: 5:23.70 55.10 400m: 7:08.13 49.19				
7.	WEI, Lai	16	Mosan	**7:10.31**	153
	50m: 43.85 43.85 150m: 2:32.24 56.38 250m: 4:28.63 59.17 350m: 6:21.11 56.00				
	100m: 1:35.86 52.01 200m: 3:29.46 57.22 300m: 5:25.11 56.48 400m: 7:10.31 49.20				
8.	HUBART, Madeline	16	Mosan	**7:39.04**	126
	50m: 50.25 50.25 150m: 2:45.59 57.49 250m: 4:45.19 1:00.01 350m: 6:44.00 58.48				
	100m: 1:48.10 57.85 200m: 3:45.18 59.59 300m: 5:45.52 1:00.33 400m: 7:39.04 55.04				

Epreuve 32, 400m Libre

8 - 10 ans

1.	THYSE, Laly				16	Liège Natation						**5:35.42**	323
	50m:	38.31	38.31	150m:	2:03.93	43.09	250m:	3:30.21	43.03	350m:	4:54.36	42.02
	100m:	1:20.84	42.53	200m:	2:47.18	43.25	300m:	4:12.34	42.13	400m:	5:35.42	41.06
2.	ROOMANS, Baptiste				16	Liège Natation						**5:46.54**	229
	50m:	39.23	39.23	150m:	2:08.35	44.70	250m:	3:37.98	45.26	350m:	5:05.51	44.09
	100m:	1:23.65	44.42	200m:	2:52.72	44.37	300m:	4:21.42	43.44	400m:	5:46.54	41.03
3.	DRION, Lénaïc				17	Mosan						**5:49.71**	223
	50m:	41.63	41.63	150m:	2:11.42	45.22	250m:	3:39.47	43.69	350m:	5:07.37	44.02
	100m:	1:26.20	44.57	200m:	2:55.78	44.36	300m:	4:23.35	43.88	400m:	5:49.71	42.34
4.	DUPONT, Ella				16	Liège Natation						**5:56.64**	269
	50m:	39.43	39.43	150m:	2:09.80	45.42	250m:	3:42.94	46.40	350m:	5:14.64	45.20
	100m:	1:24.38	44.95	200m:	2:56.54	46.74	300m:	4:29.44	46.50	400m:	5:56.64	42.00
5.	LEDENT, Matthew				16	Liège Natation						**6:12.92**	184
	50m:	41.24	41.24	150m:	2:17.03	49.13	250m:	3:52.43	47.70	350m:	5:28.66	47.62
	100m:	1:27.90	46.66	200m:	3:04.73	47.70	300m:	4:41.04	48.61	400m:	6:12.92	44.26
6.	RIEFORTH, Aron				16	Longchamps Swimming Club						**6:15.82**	180
	50m:	41.08	41.08	150m:	2:15.77	48.07	250m:	3:53.01	48.54	350m:	5:31.96	49.70
	100m:	1:27.70	46.62	200m:	3:04.47	48.70	300m:	4:42.26	49.25	400m:	6:15.82	43.86
7.	JORISSEN, Niene				16	Liège Natation						**6:19.85**	222
	50m:	40.57	40.57	150m:	2:16.73	48.99	250m:	3:55.16	49.36	350m:	5:34.10	49.54
	100m:	1:27.74	47.17	200m:	3:05.80	49.07	300m:	4:44.56	49.40	400m:	6:19.85	45.75
8.	LAMBERT, Esther				17	Liège Natation						**6:27.60**	209
	50m:	40.64	40.64	150m:	2:16.81	48.77	250m:	3:56.85	50.20	350m:	5:38.75	51.26
	100m:	1:28.04	47.40	200m:	3:06.65	49.84	300m:	4:47.49	50.64	400m:	6:27.60	48.85
9.	IGONO, Juliette Maayo				16	Mosan						**6:30.70**	204
	50m:	41.03	41.03	150m:	2:20.10	50.74	250m:	4:02.76	51.75	350m:	5:44.21	50.90
	100m:	1:29.36	48.33	200m:	3:11.01	50.91	300m:	4:53.31	50.55	400m:	6:30.70	46.49
10.	SANZ ALEKSEEVA SILVIA,				16	Longchamps Swimming Club						**6:31.09**	204
	50m:	43.89	43.89	150m:	2:23.34	49.33	250m:	4:05.84	51.38	350m:	5:45.16	48.96
	100m:	1:34.01	50.12	200m:	3:14.46	51.12	300m:	4:56.20	50.36	400m:	6:31.09	45.93
11.	PRÉGARDIEN, Julia				17	Liège Natation						**6:35.80**	196
	50m:	42.77	42.77	150m:	2:23.43	51.84	250m:	4:06.19	52.07	350m:	5:48.51	50.21
	100m:	1:31.59	48.82	200m:	3:14.12	50.69	300m:	4:58.30	52.11	400m:	6:35.80	47.29
12.	VIELLEVOYE, Ines				17	Vn						**6:36.45**	195
	50m:	43.07	43.07	150m:	2:24.48	51.59	250m:	4:07.34	52.01	350m:	5:48.55	49.28
	100m:	1:32.89	49.82	200m:	3:15.33	50.85	300m:	4:59.27	51.93	400m:	6:36.45	47.90
13.	LIU, Jamy				17	Mosan						**6:43.02**	146
	50m:	42.70	42.70	150m:	2:23.57	52.06	250m:	4:06.71	51.14	350m:	5:53.76	53.07
	100m:	1:31.51	48.81	200m:	3:15.57	52.00	300m:	5:00.69	53.98	400m:	6:43.02	49.26
14.	MASSARD, Loyc				16	Liège Natation						**6:50.07**	138
	50m:	44.83	44.83	150m:	2:27.49	52.42	250m:	4:11.58	51.21	350m:	5:58.24	53.25
	100m:	1:35.07	50.24	200m:	3:20.37	52.88	300m:	5:04.99	53.41	400m:	6:50.07	51.83
15.	MUSMECI, Giulio				17	Mosan						**7:07.98**	121
	50m:	46.05	46.05	150m:	2:33.20	53.76	250m:	4:25.06	56.03	350m:	6:17.72	54.44
	100m:	1:39.44	53.39	200m:	3:29.03	55.83	300m:	5:23.28	58.22	400m:	7:07.98	50.26
16.	PIRONNET, Augustine				16	Mosan						**7:08.13**	155
	50m:	47.21	47.21	150m:	2:37.71	55.66	250m:	4:28.60	55.25	350m:	6:18.94	55.24
	100m:	1:42.05	54.84	200m:	3:33.35	55.64	300m:	5:23.70	55.10	400m:	7:08.13	49.19
17.	WEI, Lai				16	Mosan						**7:10.31**	153
	50m:	43.85	43.85	150m:	2:32.24	56.38	250m:	4:28.63	59.17	350m:	6:21.11	56.00
	100m:	1:35.86	52.01	200m:	3:29.46	57.22	300m:	5:25.11	56.48	400m:	7:10.31	49.20
18.	BODSON-FELINGUE, Axel				17	Liège Natation						**7:14.21**	116
	50m:	43.55	43.55	150m:	2:30.00	54.81	250m:	4:22.23	57.72	350m:	6:17.34	57.68
	100m:	1:35.19	51.64	200m:	3:24.51	54.51	300m:	5:19.66	57.43	400m:	7:14.21	56.87

Epreuve 32, Tous, 400m Libre, 8 - 10 ans

Rang		AN			Temps	Pts
19.	THONNARD, Antoine	18	Liège Natation		**7:15.08**	116
	50m: 45.66 45.66 150m: 2:35.74 56.70 250m: 4:33.73 58.33 350m:				6:25.91	55.74
	100m: 1:39.04 53.38 200m: 3:35.40 59.66 300m: 5:30.17 56.44 400m:				7:15.08	49.17
20.	KREUSCH, Vicky	17	Mosan		**7:21.37**	141
	50m: 45.58 45.58 150m: 2:36.36 56.67 250m: 4:30.12 57.88 350m:				6:27.56	1:00.08
	100m: 1:39.69 54.11 200m: 3:32.24 55.88 300m: 5:27.48 57.36 400m:				7:21.37	53.81
21.	HUBART, Madeline	16	Mosan		**7:39.04**	126
	50m: 50.25 50.25 150m: 2:45.59 57.49 250m: 4:45.19 1:00.01 350m:				6:44.00	58.48
	100m: 1:48.10 57.85 200m: 3:45.18 59.59 300m: 5:45.52 1:00.33 400m:				7:39.04	55.04
22.	SCHEERS, Eléonor	17	Jod		**7:44.94**	121
	50m: 48.98 48.98 150m: 2:46.10 59.20 250m: 4:47.39 59.49 350m:				6:49.19	1:00.29
	100m: 1:46.90 57.92 200m: 3:47.90 1:01.80 300m: 5:48.90 1:01.51 400m:				7:44.94	55.75
23.	DUPONT, Victoria	17	Liège Natation		**7:55.66**	113
	50m: 49.28 49.28 150m: 2:49.30 1:01.57 250m: 4:53.92 1:02.36 350m:				6:57.61	1:00.84
	100m: 1:47.73 58.45 200m: 3:51.56 1:02.26 300m: 5:56.77 1:02.85 400m:				7:55.66	58.05
24.	KHELIFA, Maissane	17	Mosan		**8:12.12**	102
	50m: 54.38 54.38 150m: 3:01.36 1:04.11 250m: 5:07.75 1:02.78 350m:				7:16.85	1:04.57
	100m: 1:57.25 1:02.87 200m: 4:04.97 1:03.61 300m: 6:12.28 1:04.53 400m:				8:12.12	55.27
25.	WLODARCZYK, Ines	18	Liège Natation		**8:13.65**	101
	50m: 48.92 48.92 150m: 2:50.68 1:01.61 250m: 5:02.27 1:06.13 350m:				7:10.88	1:03.02
	100m: 1:49.07 1:00.15 200m: 3:56.14 1:05.46 300m: 6:07.86 1:05.59 400m:				8:13.65	1:02.77
26.	WARIN, Capucine	17	Mosan		**8:13.82**	101
	50m: 51.73 51.73 150m: 2:58.64 1:03.35 250m: 5:08.81 1:06.42 350m:				7:15.86	1:03.81
	100m: 1:55.29 1:03.56 200m: 4:02.39 1:03.75 300m: 6:12.05 1:03.24 400m:				8:13.82	57.96
27.	HAMMA, Lina	17	Mosan		**9:06.00**	74
	50m: 1:01.48 1:01.48 150m: 3:16.37 1:05.95 250m: 5:37.96 1:11.50 350m:				7:57.62	1:11.11
	100m: 2:10.42 1:08.94 200m: 4:26.46 1:10.09 300m: 6:46.51 1:08.55 400m:				9:06.00	1:08.38
disq.	EL BOUSTANE, Mohamed	16	Mosan		**6:29.27**	
	SW 4.4 - valse start / Départ anticipé					
	50m: 41.83 41.83 150m: 2:21.57 51.47 250m: 4:01.49 50.20 350m:				5:42.28	49.62
	100m: 1:30.10 48.27 200m: 3:11.29 49.72 300m: 4:52.66 51.17 400m:				6:29.27	46.99