Programmanr. 17 — Meisjes, 400m vrije slag — Onder 16
7-11-2026 - 17:16 — Resultaten

rang	naam	vereniging	intijd		tijd	RT
1.	Lisa Boogaard	Deltasteur	4:50.76	201100990	**4:47.73**	
	50m: 32.71	32.71 150m:		250m:	350m:	
	100m: 1:09.01	36.30 200m: 2:22.39		300m:	400m: 4:47.73	
2.	Mattea Gliese-Slooijer	De Dinkel	4:51.16	201100008	**4:55.25**	
	50m: 33.16	33.16 150m:		250m:	350m:	
	100m: 1:10.13	36.97 200m: 2:25.48		300m:	400m: 4:55.25	
3.	Eva ter Horst	ZPC Hoogeveen	4:51.98	201200070	**4:57.58**	
	50m: 34.07	34.07 150m:		250m:	350m:	
	100m: 1:11.09	37.02 200m: 2:26.88		300m:	400m: 4:57.58	
4.	Imke Oude Engberink	De Dinkel	5:03.74	201100818	**4:57.67**	
	50m: 33.75	33.75 150m:		250m:	350m:	
	100m: 1:11.10	37.35 200m: 2:27.43		300m:	400m: 4:57.67	
5.	Jade van der Veen	ZPC Hoogeveen	5:04.38	201200416	**5:03.29**	
	50m: 33.37	33.37 150m:		250m:	350m:	
	100m: 1:10.85	37.48 200m: 2:27.56		300m:	400m: 5:03.29	
6.	Tess Broer	ZPC Hoogeveen	5:08.85	201200420	**5:04.34**	
	50m: 32.91	32.91 150m:		250m:	350m:	
	100m: 1:10.21	37.30 200m: 2:28.30		300m:	400m: 5:04.34	
7.	Do Klaassen	Deltasteur	5:14.26	201200236	**5:04.84**	
	50m: 34.05	34.05 150m:		250m:	350m:	
	100m: 1:12.13	38.08 200m: 2:30.35		300m:	400m: 5:04.84	
8.	Manoah Dekker	Deltasteur	5:10.29	201100656	**5:05.63**	
	50m: 34.32	34.32 150m:		250m:	350m:	
	100m: 1:11.81	37.49 200m: 2:30.11		300m:	400m: 5:05.63	
9.	Isabel Amelink	Deltasteur	4:55.95	201100196	**5:07.63**	
	50m: 32.94	32.94 150m:		250m:	350m:	
	100m: 1:10.13	37.19 200m: 2:26.87		300m:	400m: 5:07.63	
10.	Hedwig Bork	ZPC Hoogeveen	5:41.91	201200414	**5:56.94**	
	50m: 38.79	38.79 150m:		250m:	350m:	
	100m: 1:21.81	43.02 200m: 2:52.92		300m:	400m: 5:56.94	
11.	Jinte Kamphuis	De Dinkel	6:41.82	201101242	**6:09.27**	
	50m: 41.49	41.49 150m:		250m:	350m:	
	100m: 1:28.41	46.92 200m: 3:03.48		300m:	400m: 6:09.27	