2 - 2ª Sessão 08/11/2026 - 9:00

Prova 4 — Masc., 400m Estilos — Juvenil A
08/11/2026 - 10:15 — Resultados

Pontos: AQUA 2026

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
1.	Duarte Moura Mendes	11	Torres Novas	**4:51.68**		521	
	50m: 30.07 30.07	150m: 1:41.23 36.68	250m: 3:00.12 41.53	350m: 4:18.65 35.75			
	100m: 1:04.55 34.48	200m: 2:18.59 37.36	300m: 3:42.90 42.78	400m: 4:51.68 33.03			
2.	Francisco Maria Dias	11	Torres Novas	**5:16.70**		407	
	50m: 33.04 33.04	150m: 1:52.44 40.02	250m: 3:20.66 49.07	350m: 4:44.68 35.05			
	100m: 1:12.42 39.38	200m: 2:31.59 39.15	300m: 4:09.63 48.97	400m: 5:16.70 32.02			
3.	Martim Miguel Santos	11	Rio Maior	**5:19.37**		397	
	50m: 33.13 33.13	150m: 1:53.96 42.37	250m: 3:20.53 45.84	350m: 4:45.69 37.54			
	100m: 1:11.59 38.46	200m: 2:34.69 40.73	300m: 4:08.15 47.62	400m: 5:19.37 33.68			
4.	Manuel Maria Moniz	11	20Km de Almeirim	**5:28.90**		363	
	50m: 32.52 32.52	150m: 1:55.02 42.23	250m: 3:25.82 49.21	350m: 4:54.58 39.71			
	100m: 1:12.79 40.27	200m: 2:36.61 41.59	300m: 4:14.87 49.05	400m: 5:28.90 34.32			
5.	Artur Alexandre Silva	11	20Km de Almeirim	**5:29.76**		361	
	50m: 33.83 33.83	150m: 1:56.41 44.60	250m: 3:28.55 49.70	350m: 4:55.66 38.04			
	100m: 1:11.81 37.98	200m: 2:38.85 42.44	300m: 4:17.62 49.07	400m: 5:29.76 34.10			
6.	Antonio Francisco Rouxinol	11	BUZIOS - Coruche	**5:50.62**		300	
	50m: 36.22 36.22	150m: 2:07.13 44.66	250m: 3:41.11 50.60	350m: 5:12.34 40.71			
	100m: 1:22.47 46.25	200m: 2:50.51 43.38	300m: 4:31.63 50.52	400m: 5:50.62 38.28			
7.	Eduardo Domingos Rosa	11	BUZIOS - Coruche	**5:51.47**		298	
	50m: 36.09 36.09	150m: 2:05.65 44.86	250m: 3:42.52 54.64	350m: 5:14.96 39.25			
	100m: 1:20.79 44.70	200m: 2:47.88 42.23	300m: 4:35.71 53.19	400m: 5:51.47 36.51			
8.	Gabriel Antonio Marques	11	Nautico Abrantes	**5:58.67**		280	
	50m: 35.25 35.25	150m: 2:04.12 45.76	250m: 3:41.61 52.73	350m: 5:18.21 43.14			
	100m: 1:18.36 43.11	200m: 2:48.88 44.76	300m: 4:35.07 53.46	400m: 5:58.67 40.46			
9.	Goncalo Sa Senra	11	Natacao Guarda	**6:11.05**		253	
	50m: 37.66 37.66	150m: 2:13.48 48.54	250m: 3:53.77 52.24	350m: 5:30.30 43.84			
	100m: 1:24.94 47.28	200m: 3:01.53 48.05	300m: 4:46.46 52.69	400m: 6:11.05 40.75			
10.	Abel Elias Ramos	11	Gualdim Pais	**6:34.06**		211	
	50m: 44.40 44.40	150m: 2:29.78 51.01	250m: 4:15.69 57.33	350m: 5:54.43 40.56			
	100m: 1:38.77 54.37	200m: 3:18.36 48.58	300m: 5:13.87 58.18	400m: 6:34.06 39.63			
11.	Rodrigo Miguel Alcobia	11	Clube de Natacao Ferreira do Z	**6:58.26**		176	
	50m: 41.93 41.93	150m: 2:27.21 49.28	250m: 4:20.62 1:06.32	350m: 6:14.76 45.13			
	100m: 1:37.93 56.00	200m: 3:14.30 47.09	300m: 5:29.63 1:09.01	400m: 6:58.26 43.50			
DSQ	Sebastiao Maria Borlinhas	11	BUZIOS - Coruche				
	7.6 - O (a) atleta, durante o percurso, não rodou os pés para fora durante a parte propulsiva da pernada, (percurso de bruços)						
DNS	Heliodoro Joao Sombreireiro	11	BUZIOS - Coruche				
DNS	Rui Manuel Douvens	11	CCDSerta				
DNF	Diogo Chambel Santos	11	Nautico Abrantes				
	10.2.1 - O (a) atleta não completou o percurso						

Prova 4, Masc., 400m Estilos

Prova 4 | Masc., 400m Estilos | Juvenil B
08/11/2026 - 10:15 | Resultados

Pontos: AQUA 2026

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
1.	Salvador Henrique Vieira	12	Torres Novas	**5:18.68**		400	
	50m: 33.59 33.59 150m: 1:54.60 41.35 250m: 3:19.33 44.86 350m: 4:42.64 37.81						
	100m: 1:13.25 39.66 200m: 2:34.47 39.87 300m: 4:04.83 45.50 400m: 5:18.68 36.04						
2.	Matias Rafael Pacheco	12	BUZIOS - Coruche	**5:22.82**		384	
	50m: 34.13 34.13 150m: 1:55.19 40.75 250m: 3:23.39 48.86 350m: 4:48.23 36.65						
	100m: 1:14.44 40.31 200m: 2:34.53 39.34 300m: 4:11.58 48.19 400m: 5:22.82 34.59						
3.	Santiago Raposo Fernandes	12	20Km de Almeirim	**5:33.02**		350	
	50m: 35.46 35.46 150m: 2:00.61 42.03 250m: 3:30.16 46.69 350m: 4:57.23 39.44						
	100m: 1:18.58 43.12 200m: 2:43.47 42.86 300m: 4:17.79 47.63 400m: 5:33.02 35.79						
4.	Rodrigo Miranda Rosa	12	Uniao Samorense	**5:33.09**		350	
	50m: 33.82 33.82 150m: 1:56.80 43.41 250m: 3:28.40 49.11 350m: 4:56.19 38.12						
	100m: 1:13.39 39.57 200m: 2:39.29 42.49 300m: 4:18.07 49.67 400m: 5:33.09 36.90						
5.	Goncalo Maria Costa	12	Elvense	**5:34.64**		345	
	50m: 32.99 32.99 150m: 1:55.69 43.92 250m: 3:27.55 48.02 350m: 4:55.96 39.67						
	100m: 1:11.77 38.78 200m: 2:39.53 43.84 300m: 4:16.29 48.74 400m: 5:34.64 38.68						
6.	Duarte Belchior Munhao	12	Elvense	**5:50.02**		301	
	50m: 38.71 38.71 150m: 2:09.37 43.53 250m: 3:42.06 50.35 350m: 5:11.68 39.08						
	100m: 1:25.84 47.13 200m: 2:51.71 42.34 300m: 4:32.60 50.54 400m: 5:50.02 38.34						
7.	Tomas Martins Azevedo	12	Natacao do Fundao / YesEnergy	**6:05.90**		264	
	50m: 37.78 37.78 150m: 2:07.72 43.33 250m: 3:44.82 53.20 350m: 5:24.37 43.13						
	100m: 1:24.39 46.61 200m: 2:51.62 43.90 300m: 4:41.24 56.42 400m: 6:05.90 41.53						
8.	Lourenco Filipe Costa	12	20Km de Almeirim	**6:06.41**		263	
	50m: 38.02 38.02 150m: 2:15.33 48.93 250m: 3:53.31 50.02 350m: 5:30.26 43.30						
	100m: 1:26.40 48.38 200m: 3:03.29 47.96 300m: 4:46.96 53.65 400m: 6:06.41 36.15						
9.	Afonso Ferreira Cruz	12	CLAC-Entroncamento	**6:07.86**		260	
	50m: 37.93 37.93 150m: 2:14.00 47.10 250m: 3:54.68 54.03 350m: 5:28.45 40.38						
	100m: 1:26.90 48.97 200m: 3:00.65 46.65 300m: 4:48.07 53.39 400m: 6:07.86 39.41						
10.	Martim Silva Bernardo	12	Viver Santarem	**6:22.58**		231	
	50m: 39.52 39.52 150m: 2:18.11 51.94 250m: 4:01.42 53.14 350m: 5:42.03 45.18						
	100m: 1:26.17 46.65 200m: 3:08.28 50.17 300m: 4:56.85 55.43 400m: 6:22.58 40.55						
11.	Martim Farinha Nunes	12	CCDSerta	**6:32.67**		213	
	50m: 48.17 48.17 150m: 2:33.32 50.37 250m: 4:15.66 53.90 350m: 5:52.82 43.84						
	100m: 1:42.95 54.78 200m: 3:21.76 48.44 300m: 5:08.98 53.32 400m: 6:32.67 39.85						
12.	Sandro Jose Tomas	12	BUZIOS - Coruche	**6:47.08**		191	
	50m: 40.40 40.40 150m: 2:22.37 50.53 250m: 4:17.77 1:06.34 350m: 6:05.19 42.23						
	100m: 1:31.84 51.44 200m: 3:11.43 49.06 300m: 5:22.96 1:05.19 400m: 6:47.08 41.89						
DSQ	Joao Francisco Monteiro	12	BUZIOS - Coruche				
	8.3 - O (a) atleta efectuou movimento alternado de braços durante o percurso, (percurso de mariposa)						
DSQ	Sergio Ricardo Alves	12	CCDSerta				
	7.6 - O (a) atleta efectuou movimento vertical de pernas durante o percurso, (percurso de bruços)						
DSQ	Martim Rocha Silva	12	Gualdim Pais				
	9.4 - O(a) atleta não concluiu o percurso de (Mariposa/Costas/Bruços/Livres) de acordo com as regras do estilo., (percurso de bruços)						
DSQ	Simao Teixeira Fernandes	12	Natacao do Fundao / YesEnergy				
	10.2.1 - O (a) atleta não completou o percurso						
DSQ	Antonio Beirao Valente	12	Natacao do Fundao / YesEnergy				
	10.2.1 - O (a) atleta não completou o percurso, (percurso de bruços)						