Torneio de Fundo Juvenis
Abrantes , 7 e 8 de Novembro de 2026

Prova 2 | Femin., 400m Estilos | Juvenil A
07/11/2026 - 11:15 | Resultados

Pontos: AQUA 2026

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
1.	Clara Santos Madureira	11	Torres Novas	**5:15.24**		532	
	50m: 32.34 32.34 100m: 1:10.33 37.99 400m: 5:15.24 4:04.91						
2.	Sofia Barroca Pereira	11	BUZIOS - Coruche	**5:29.43**		466	
	50m: 35.58 35.58 100m: 1:19.92 44.34 400m: 5:29.43 4:09.51						
3.	Margarida Pinho Formigo	11	Torres Novas	**5:40.05**		424	
	50m: 37.43 37.43 100m: 1:20.83 43.40 400m: 5:40.05 4:19.22						
4.	Carolina Reis Lopes	11	Torres Novas	**6:00.62**		355	
	50m: 39.51 39.51 100m: 1:27.89 48.38 400m: 6:00.62 4:32.73						
5.	Rita Lino Ferreira	11	BUZIOS - Coruche	**6:03.02**		348	
	50m: 40.55 40.55 100m: 1:27.98 47.43 400m: 6:03.02 4:35.04						
6.	Matilde Nogueira Lourenco	11	CCDSerta	**6:04.10**		345	
	50m: 40.32 40.32 150m: 2:15.68 46.44 250m: 3:52.68 50.46 350m: 5:24.61 41.60						
	100m: 1:29.24 48.92 200m: 3:02.22 46.54 300m: 4:43.01 50.33 400m: 6:04.10 39.49						
7.	Beatriz Agostinho Duque	11	20Km de Almeirim	**6:10.61**		327	
	50m: 41.58 41.58 150m: 2:17.78 45.84 250m: 3:54.35 52.80 350m: 5:30.54 43.13						
	100m: 1:31.94 50.36 200m: 3:01.55 43.77 300m: 4:47.41 53.06 400m: 6:10.61 40.07						
8.	Ines Martins Farinha	11	CCDSerta	**6:16.23**		313	
	50m: 41.39 41.39 150m: 2:15.99 46.37 250m: 3:53.67 52.53 350m: 5:32.08 45.45						
	100m: 1:29.62 48.23 200m: 3:01.14 45.15 300m: 4:46.63 52.96 400m: 6:16.23 44.15						
9.	Joana Nobre Jesus	11	Natacao Guarda	**6:28.84**		283	
	50m: 36.38 36.38 150m: 2:11.52 49.52 250m: 3:54.20 55.34 350m: 5:41.83 49.27						
	100m: 1:22.00 45.62 200m: 2:58.86 47.34 300m: 4:52.56 58.36 400m: 6:28.84 47.01						
10.	Matilde Trigueiros Paulo	11	AN Albicastrense	**6:35.54**		269	
	50m: 38.51 38.51 150m: 2:23.41 53.50 250m: 4:11.18 58.11 350m: 5:53.82 43.62						
	100m: 1:29.91 51.40 200m: 3:13.07 49.66 300m: 5:10.20 59.02 400m: 6:35.54 41.72						
11.	Catarina Leonor Pereira	11	CLAC-Entroncamento	**6:46.09**		249	
	50m: 44.64 44.64 150m: 2:26.15 48.23 250m: 4:16.92 1:01.55 350m: 6:02.56 44.60						
	100m: 1:37.92 53.28 200m: 3:15.37 49.22 300m: 5:17.96 1:01.04 400m: 6:46.09 43.53						
12.	Madalena Santos Rolo	11	CCDSerta	**6:50.69**		240	
	50m: 48.25 48.25 150m: 2:29.78 45.43 250m: 4:18.43 1:03.84 350m: 6:07.09 46.62						
	100m: 1:44.35 56.10 200m: 3:14.59 44.81 300m: 5:20.47 1:02.04 400m: 6:50.69 43.60						
13.	Beatriz Isabel Moura	11	Nautico Abrantes	**7:10.16**		209	
	50m: 47.20 47.20 150m: 2:38.15 54.45 250m: 4:33.87 1:03.06 350m: 6:24.39 46.35						
	100m: 1:43.70 56.50 200m: 3:30.81 52.66 300m: 5:38.04 1:04.17 400m: 7:10.16 45.77						
14.	Daniela Matias Ribeiro	11	CCDSerta	**7:28.64**		184	
	50m: 49.58 49.58 150m: 2:42.29 54.52 250m: 4:40.67 1:04.27 350m: 6:37.92 50.96						
	100m: 1:47.77 58.19 200m: 3:36.40 54.11 300m: 5:46.96 1:06.29 400m: 7:28.64 50.72						
DSQ	Georgiana Mariana Chirila	11	Natacao Guarda				

Prova 2, Femin., 400m Estilos

Prova 2 | Femin., 400m Estilos | Juvenil B
07/11/2026 - 11:15 | Resultados

Pontos: AQUA 2026

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
1.	Matilde Casimiro Bibi	12	BUZIOS - Coruche	**5:21.13**		503	
	50m: 33.85 33.85 100m: 1:13.52 39.67 400m: 5:21.13 4:07.61						
2.	Rita Gomes Valentim	12	Torres Novas	**5:28.48**		470	
	50m: 34.46 34.46 100m: 1:15.04 40.58 400m: 5:28.48 4:13.44						
3.	Margarida Madeira Pires	12	Rio Maior	**5:44.11**		409	
	50m: 39.93 39.93 100m: 1:26.32 46.39 400m: 5:44.11 4:17.79						
4.	Petra Rodrigues Duarte	12	Rio Maior	**5:45.68**		403	
	50m: 34.93 34.93 100m: 1:18.07 43.14 400m: 5:45.68 4:27.61						
5.	Alicia Lopes Deep	12	BUZIOS - Coruche	**5:46.41**		401	
	50m: 36.41 36.41 100m: 1:18.61 42.20 400m: 5:46.41 4:27.80						
6.	Diana Marques Maquilao	12	Clube Nautico de Salvaterra de	**5:49.97**		389	
	50m: 36.41 36.41 100m: 1:21.61 45.20 400m: 5:49.97 4:28.36						
7.	Matilde Abelho Vaz	12	CLAC-Entroncamento	**5:52.61**		380	
	50m: 39.04 39.04 100m: 1:24.05 45.01 400m: 5:52.61 4:28.56						
8.	Rita Balsa Alves	12	BUZIOS - Coruche	**5:52.90**		379	
	50m: 38.20 38.20 100m: 1:22.59 44.39 400m: 5:52.90 4:30.31						
9.	Ines Munhos Silva	12	AN Albicastrense	**6:03.11**		348	
	50m: 37.06 37.06 100m: 1:24.74 47.68 400m: 6:03.11 4:38.37						
10.	Ines Barata Henrique	12	AN Albicastrense	**6:06.42**		338	
	50m: 40.34 40.34 150m: 2:16.04 46.75 250m: 3:52.80 51.70 350m: 5:26.75 42.08						
	100m: 1:29.29 48.95 200m: 3:01.10 45.06 300m: 4:44.67 51.87 400m: 6:06.42 39.67						
11.	Leonor Casalta Ferreira	12	Natacao Guarda	**6:06.72**		338	
	50m: 42.84 42.84 150m: 2:19.55 44.74 250m: 3:54.86 51.70 350m: 5:28.09 42.02						
	100m: 1:34.81 51.97 200m: 3:03.16 43.61 300m: 4:46.07 51.21 400m: 6:06.72 38.63						
12.	Juliana Antunes Monteiro	12	Torres Novas	**6:07.27**		336	
	50m: 38.75 38.75 150m: 2:12.96 47.78 250m: 3:51.99 51.52 350m: 5:26.47 42.05						
	100m: 1:25.18 46.43 200m: 3:00.47 47.51 300m: 4:44.42 52.43 400m: 6:07.27 40.80						
13.	Maria Francisca Pinheiro	12	Nautico Abrantes	**6:09.75**		329	
	50m: 39.53 39.53 100m: 1:27.28 47.75 400m: 6:09.75 4:42.47						
14.	Margarida Lourenco Antunes	12	CCDSerta	**6:13.27**		320	
	50m: 38.52 38.52 150m: 2:11.68 48.56 250m: 3:52.51 53.21 350m: 5:30.40 43.88						
	100m: 1:23.12 44.60 200m: 2:59.30 47.62 300m: 4:46.52 54.01 400m: 6:13.27 42.87						
15.	Ana Leonor Lopes	12	Rio Maior	**6:30.73**		279	
	50m: 42.13 42.13 150m: 3:00.93 1:22.32 250m: 4:14.37 53.64 350m: 5:51.48 41.92						
	100m: 1:38.61 56.48 200m: 3:20.73 19.80 300m: 5:09.56 55.19 400m: 6:30.73 39.25						
16.	Ines Santos Pina	12	CLAC-Entroncamento	**6:31.21**		278	
	50m: 41.03 41.03 150m: 2:21.86 51.94 250m: 4:06.68 56.02 350m: 5:48.77 45.24						
	100m: 1:29.92 48.89 200m: 3:10.66 48.80 300m: 5:03.53 56.85 400m: 6:31.21 42.44						
17.	Maria Benedita Ribeiro	12	CCDSerta	**6:41.93**		256	
	50m: 46.24 46.24 150m: 2:38.70 52.02 250m: 4:21.22 53.03 350m: 5:59.43 44.48						
	100m: 1:46.68 1:00.44 200m: 3:28.19 49.49 300m: 5:14.95 53.73 400m: 6:41.93 42.50						
18.	Maria Pais Santos	12	BUZIOS - Coruche	**6:42.15**		256	
	50m: 43.37 43.37 150m: 2:26.02 49.01 250m: 4:14.07 1:00.86 350m: 5:59.14 43.41						
	100m: 1:37.01 53.64 200m: 3:13.21 47.19 300m: 5:15.73 1:01.66 400m: 6:42.15 43.01						
19.	Diana Sofia Pereira	12	Natacao do Fundao / YesEnergy	**6:43.28**		254	
	50m: 40.97 40.97 150m: 2:27.85 50.50 250m: 4:12.39 54.33 350m: 5:57.34 48.22						
	100m: 1:37.35 56.38 200m: 3:18.06 50.21 300m: 5:09.12 56.73 400m: 6:43.28 45.94						

Prova 2, Femin., 400m Estilos, Juvenil B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
20.	Joana Costa Cairrao	12	Natacao Guarda	**6:54.90**		233	
	50m: 46.92 46.92	150m: 2:34.09 52.57	250m: 4:24.03 57.91	350m: 6:09.58 47.17			
	100m: 1:41.52 54.60	200m: 3:26.12 52.03	300m: 5:22.41 58.38	400m: 6:54.90 45.32			
21.	Maria Leonor Serodio	12	Viver Santarem	**6:56.64**		230	
	50m: 47.17 47.17	150m: 2:39.85 54.37	250m: 4:28.29 54.87	350m: 6:12.24 45.73			
	100m: 1:45.48 58.31	200m: 3:33.42 53.57	300m: 5:26.51 58.22	400m: 6:56.64 44.40			
22.	Carolina Maria Quinta	12	Torres Novas	**7:12.84**		205	
	50m: 47.36 47.36	150m: 2:42.44 56.90	250m: 4:35.05 57.05	350m: 6:24.13 50.52			
	100m: 1:45.54 58.18	200m: 3:38.00 55.56	300m: 5:33.61 58.56	400m: 7:12.84 48.71			
23.	Carolina Neves Mota	12	Natacao Guarda	**7:18.04**		198	
	50m: 49.62 49.62	150m: 2:42.29 55.20	250m: 4:37.15 58.35	350m: 6:27.97 51.59			
	100m: 1:47.09 57.47	200m: 3:38.80 56.51	300m: 5:36.38 59.23	400m: 7:18.04 50.07			
DSQ	Maria Vitoria Martinho	12	Gualdim Pais				
	Após a viragem dos 250m						
DSQ	Marta Costa Soares	12	Uniao Samorense				
WDR	Carolina Barradas Oliveira	12	AN Albicastrense				
WDR	Leonor Cardoso Tavares	12	CCDSerta				