Event 4 — Boys, 400m Medley — Juvenis B
14/11/2026 - 17:05 — Results

Recorde Regional (25m) Open	4:43.54	Bruno Daniel Monteiro	GCVR	Vila Real	11/03/2012
Recorde Regional (25m) Juv B	4:54.21	Tiago Daniel Penso	GCVR	Mirandela	08/03/2026

Points: AQUA 2026 — provisional results

Lugar	Nome	Licença	Ano	Clube	Tempo Final	Pts
1.	Martim Beato Guedes	219121	15	Futebol Clube Vinhais	**5:46.81**	310
	50m: 39.04 39.04 — 200m: 2:58.06 1:28.75 — 400m: 5:46.81 1:14.38					
	100m: 1:29.31 50.27 — 300m: 4:32.43 1:34.37					
2.	Goncalo Goncalves Ferreira	222975	15	Fnc	**6:19.10**	237
	50m: 36.31 36.31 — 200m: 3:03.78 1:39.98 — 400m: 6:19.10 1:20.37					
	100m: 1:23.80 47.49 — 300m: 4:58.73 1:54.95					
3.	R. Sousa, Rodrigo Araujo	214607	15	Peso da Regua	**6:40.74**	201
	50m: 42.27 42.27 — 200m: 3:15.05 1:37.78 — 400m: 6:40.74 1:36.97					
	100m: 1:37.27 55.00 — 300m: 5:03.77 1:48.72					
DSQ	David Sequeira Sobral	222996	15	Durius Ac Pesqueira		
	809 - Movimento alternado de pernas durante o percurso - SW 8.3					

Event 4 — Boys, 400m Medley — Juvenis A
14/11/2026 - 17:05 — Results

Recorde Regional (25m) Open	4:43.54	Bruno Daniel Monteiro	GCVR	Vila Real	11/03/2012
Recorde Regional (25m) Juv A	4:51.57	Francisco Lopes Afonso	GCVR	Santa Marta de Penaguião	13/07/2019

Points: AQUA 2026

Lugar	Nome	Licença	Ano	Clube	Tempo Final	Pts
1.	Martim Martim Barros Pereira	216554	16	Enb	**4:57.93**	489
	50m: 31.25 31.25 — 200m: 2:27.34 1:18.28 — 400m: 4:57.93 1:10.18					
	100m: 1:09.06 37.81 — 300m: 3:47.75 1:20.41					
2.	Filipe Miguel Pires	218010	16	Futebol Clube Vinhais	**5:07.13**	446
	50m: 31.98 31.98 — 200m: 2:26.91 1:17.57 — 400m: 5:07.13 1:06.75					
	100m: 1:09.34 37.36 — 300m: 4:00.38 1:33.47					
3.	Duarte Ferreira Rosa	209831	16	Fnc	**5:35.43**	343
	50m: 31.00 31.00 — 200m: 2:43.40 1:33.46 — 400m: 5:35.43 1:17.45					
	100m: 1:09.94 38.94 — 300m: 4:17.98 1:34.58					
4.	Miguel Braz Alves	225334	16	Gcvr	**5:40.72**	327
	50m: 33.54 33.54 — 200m: 2:44.62 1:28.36 — 400m: 5:40.72 1:19.13					
	100m: 1:16.26 42.72 — 300m: 4:21.59 1:36.97					
5.	Guilherme Alves Horta	222427	16	Fnc	**5:56.97**	284
	50m: 34.94 34.94 — 200m: 2:48.25 1:26.03 — 400m: 5:56.97 1:18.39					
	100m: 1:22.22 47.28 — 300m: 4:38.58 1:50.33					
6.	Pedro Martins Valente	222429	16	Fnc	**6:08.68**	258
	50m: 38.93 38.93 — 200m: 2:58.84 1:31.19 — 400m: 6:08.68 1:26.06					
	100m: 1:27.65 48.72 — 300m: 4:42.62 1:43.78					

Event 4 — Boys, 400m Medley — Juniores
14/11/2026 - 17:05 — Results

Recorde Regional (25m) Open	4:43.54	Bruno Daniel Monteiro	GCVR	Vila Real	11/03/2012
Recorde Regional (25m) 18	5:05.04	Jose Pedro Rocha	CMNPR	Vila Real	15/01/2022
Recorde Regional (25m) 17	4:52.76	Tiago Manuel Fernandes	GCVR	Mirandela	08/03/2025

Points: AQUA 2026 — provisional results

Lugar	Nome	Licença	Ano	Clube	Tempo Final	Pts
DSQ	Nuno Pinto Oliveira	219466	17	Gcvr		
	812 - Não tocou com as mãos na parede separadas ou simultaneamente na viragem aos 225 m - SW 8.4					

Event 4, Men, 400m Medley

Event 4	Men, 400m Medley	Seniores
14/11/2026 - 17:05		Results

Recorde Regional (25m) Open	4:43.54	Bruno Daniel Monteiro	GCVR	Vila Real	11/03/2012
Recorde Regional (25m) Sen	4:43.54	Bruno Daniel Monteiro	GCVR	Vila Real	11/03/2012

Points: AQUA 2026

Lugar	Nome	Licença	Ano	Clube	Tempo Final	Pts
1.	Jose Pedro Rocha	201748	23	Peso da Regua	**5:01.73**	471

50m:	31.63	31.63	200m:	2:26.55	1:17.96	400m:	5:01.73	1:10.18
100m:	1:08.59	36.96	300m:	3:51.55	1:25.00			