## Prova 3 — Femin., 800m Livres — Juvenis B
14/11/2026 - 16:25 — Resultados

| | | | | | |
|---|---|---|---|---|---|
| Recorde Regional (25m) Open | 9:47.02 | Joana Patricia Pinto | GCVR | Vila Real | 01/03/2009 |
| Recorde Regional (25m) Juv B | 9:47.02 | Joana Patrícia Pinto | GCVR | Vila Real | 01/03/2009 |

Pontos: AQUA 2026

| Lugar | Nome | Licença | Ano | Clube | Tempo Final | Pts |
|---|---|---|---|---|---|---|
| 1. | Leonor Ferreira Sousa | 222428 | 15 | Fnc | **11:43.43** | 305 |
| | 50m: 37.90 37.90 / 250m: / 450m: / 650m: | | | | | |
| | 100m: 1:19.25 41.35 / 300m: 4:14.40 / 500m: 7:15.25 / 700m: 10:17.53 | | | | | |
| | 150m: / 350m: / 550m: / 750m: | | | | | |
| | 200m: 2:46.56 / 400m: 5:44.12 / 600m: 8:47.31 / 800m: 11:43.43 | | | | | |
| 2. | Lorena Sofia Ribeiro | 223766 | 15 | Gcvr | **12:14.87** | 268 |
| | 50m: 39.11 39.11 / 250m: / 450m: / 650m: | | | | | |
| | 100m: 1:23.60 44.49 / 300m: 4:28.17 / 500m: 7:34.06 / 700m: 10:43.42 | | | | | |
| | 150m: / 350m: / 550m: / 750m: | | | | | |
| | 200m: 2:55.35 / 400m: 6:00.85 / 600m: 9:08.49 / 800m: 12:14.87 | | | | | |
| 3. | Catarina Alexandra Tralhao | 220506 | 15 | Durius Ac Pesqueira | **12:43.44** | 239 |
| | 50m: 40.65 40.65 / 250m: / 450m: / 650m: | | | | | |
| | 100m: 1:25.37 44.72 / 300m: 4:35.12 / 500m: 7:52.00 / 700m: 11:08.72 | | | | | |
| | 150m: / 350m: / 550m: / 750m: | | | | | |
| | 200m: 2:58.87 / 400m: 6:12.33 / 600m: 9:30.72 / 800m: 12:43.44 | | | | | |
| 4. | Carolina Pereira Vila | 224224 | 15 | Durius Ac Pesqueira | **12:55.18** | 228 |
| | 50m: 40.31 40.31 / 250m: / 450m: / 650m: | | | | | |
| | 100m: 1:25.61 45.30 / 300m: 4:39.81 / 500m: 7:59.31 / 700m: 11:19.03 | | | | | |
| | 150m: / 350m: / 550m: / 750m: | | | | | |
| | 200m: 3:00.64 / 400m: 6:18.96 / 600m: 9:39.53 / 800m: 12:55.18 | | | | | |
| 5. | Alice Silva Costa | 224051 | 15 | Gcvr | **12:56.90** | 227 |
| | 50m: 41.34 41.34 / 250m: / 450m: / 650m: | | | | | |
| | 100m: 1:28.50 47.16 / 300m: 4:43.28 / 500m: 8:00.53 / 700m: 11:21.03 | | | | | |
| | 150m: / 350m: / 550m: / 750m: | | | | | |
| | 200m: 3:05.00 / 400m: 6:21.09 / 600m: 9:40.46 / 800m: 12:56.90 | | | | | |

## Prova 3 — Femin., 800m Livres — Juvenis A
14/11/2026 - 16:25 — Resultados

| | | | | | |
|---|---|---|---|---|---|
| Recorde Regional (25m) Open | 9:47.02 | Joana Patricia Pinto | GCVR | Vila Real | 01/03/2009 |
| Recorde Regional (25m) Juv A | 9:49.86 | Ana Margarida Guedes | GCVR | Vila Real | 20/11/2016 |

Pontos: AQUA 2026

| Lugar | Nome | Licença | Ano | Clube | Tempo Final | Pts |
|---|---|---|---|---|---|---|
| 1. | Ines Rua Fernandes | 213137 | 16 | Gcvr | **10:37.73** | 410 |
| | 50m: 36.16 36.16 / 250m: / 450m: / 650m: | | | | | |
| | 100m: 1:14.98 38.82 / 300m: 3:53.63 / 500m: 6:35.31 / 700m: 9:17.13 | | | | | |
| | 150m: / 350m: / 550m: / 750m: | | | | | |
| | 200m: 2:33.56 / 400m: 5:13.98 / 600m: 7:56.13 / 800m: 10:37.73 | | | | | |
| 2. | Margarida Nunes Maio | 225717 | 16 | Gcvr | **10:41.16** | 404 |
| | 50m: 34.16 34.16 / 250m: / 450m: / 650m: | | | | | |
| | 100m: 1:11.69 37.53 / 300m: 3:50.23 / 500m: 6:33.91 / 700m: 9:19.02 | | | | | |
| | 150m: / 350m: / 550m: / 750m: | | | | | |
| | 200m: 2:29.56 / 400m: 5:11.87 / 600m: 7:56.51 / 800m: 10:41.16 | | | | | |
| 3. | Renata Daniela Rangel | 220398 | 16 | Gcvr | **11:11.13** | 352 |
| | 50m: 36.98 36.98 / 250m: / 450m: / 650m: | | | | | |
| | 100m: 1:17.26 40.28 / 300m: 4:03.63 / 500m: 6:55.23 / 700m: 9:47.56 | | | | | |
| | 150m: / 350m: / 550m: / 750m: | | | | | |
| | 200m: 2:40.19 / 400m: 5:28.81 / 600m: 8:20.73 / 800m: 11:11.13 | | | | | |

## Prova 3 — Femin., 800m Livres — Juniores
14/11/2026 - 16:25 — Resultados

| | | | | | |
|---|---|---|---|---|---|
| Recorde Regional (25m) Open | 9:47.02 | Joana Patricia Pinto | GCVR | Vila Real | 01/03/2009 |
| Recorde Regional (25m) 18 + | 9:48.66 | Ana Margarida Guedes | GCVR | Peso da Régua | 09/05/2021 |
| Recorde Regional (25m) 17 | 9:49.32 | Joana Patrícia Pinto | GCVR | Vila Real | 26/06/2011 |

Pontos: AQUA 2026

| Lugar | Nome | Licença | Ano | Clube | Tempo Final | Pts |
|---|---|---|---|---|---|---|
| 1. | Maria Manuel Braz | 209417 | 18 | Gcvr | **9:51.66** | 514 |
| | 50m: 32.34 32.34 / 250m: / 450m: / 650m: | | | | | |
| | 100m: 1:08.26 35.92 / 300m: 3:35.44 / 500m: 6:06.37 / 700m: 8:37.05 | | | | | |
| | 150m: / 350m: / 550m: / 750m: | | | | | |
| | 200m: 2:21.55 / 400m: 4:50.37 / 600m: 7:21.94 / 800m: 9:51.66 | | | | | |

## Prova 3, Femin., 800m Livres, Juniores

| Lugar | Nome | Licença | Ano | Clube | Tempo Final | Pts |
|---|---|---|---|---|---|---|
| 2. | Maria Silva Poeta | 212032 | 17 | Gcvr | **9:56.09** | 502 |
| 3. | Maria Ines Mesquita | 214677 | 17 | Gcvr | **10:31.64** | 422 |
| 4. | Ana Miguel Tuna | 222998 | 17 | Enb | **12:36.71** | 245 |

### 2. Maria Silva Poeta — 212032 — 17 — Gcvr — 9:56.09 — 502

| | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 50m: | 33.90 | 33.90 | 250m: | | 450m: | | 650m: | |
| 100m: | 1:11.06 | 37.16 | 300m: | 3:40.25 | 500m: | 6:11.21 | 700m: | 8:41.93 |
| 150m: | | | 350m: | | 550m: | | 750m: | |
| 200m: | 2:25.50 | | 400m: | 4:55.56 | 600m: | 7:26.28 | 800m: | 9:56.09 |

### 3. Maria Ines Mesquita — 214677 — 17 — Gcvr — 10:31.64 — 422

| | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 50m: | 36.75 | 36.75 | 250m: | | 450m: | | 650m: | |
| 100m: | 1:15.31 | 38.56 | 300m: | 3:53.64 | 500m: | 6:33.11 | 700m: | 9:12.86 |
| 150m: | | | 350m: | | 550m: | | 750m: | |
| 200m: | 2:33.75 | | 400m: | 5:13.78 | 600m: | 7:52.61 | 800m: | 10:31.64 |

### 4. Ana Miguel Tuna — 222998 — 17 — Enb — 12:36.71 — 245

| | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 50m: | 40.19 | 40.19 | 250m: | | 450m: | | 650m: | |
| 100m: | 1:24.82 | 44.63 | 300m: | 4:32.92 | 500m: | 7:49.11 | 700m: | 11:04.24 |
| 150m: | | | 350m: | | 550m: | | 750m: | |
| 200m: | 2:57.29 | | 400m: | 6:11.27 | 600m: | 9:26.77 | 800m: | 12:36.71 |

## Prova 3 — Femin., 800m Livres — Seniores
14/11/2026 - 16:25 — Resultados

| | | | | | |
|---|---|---|---|---|---|
| Recorde Regional (25m) Open | 9:47.02 | Joana Patricia Pinto | GCVR | Vila Real | 01/03/2009 |
| Recorde Regional (25m) 18 + | 9:48.66 | Ana Margarida Guedes | GCVR | Peso da Régua | 09/05/2021 |

Pontos: AQUA 2026

| Lugar | Nome | Licença | Ano | Clube | Tempo Final | Pts |
|---|---|---|---|---|---|---|
| 1. | Leonor Santos Silva | 121982 | 24 | Gcvr | **10:36.06** | 413 |

### 1. Leonor Santos Silva — 121982 — 24 — Gcvr — 10:36.06 — 413

| | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 50m: | 34.61 | 34.61 | 250m: | | 450m: | | 650m: | |
| 100m: | 1:12.34 | 37.73 | 300m: | 3:49.14 | 500m: | 6:29.06 | 700m: | 9:15.23 |
| 150m: | | | 350m: | | 550m: | | 750m: | |
| 200m: | 2:29.93 | | 400m: | 5:08.82 | 600m: | 7:51.38 | 800m: | 10:36.06 |