## Event 15 — Girls, 400m Medley — Juvenis B
15/11/2026 - 10:45 — Results

| | | | | | |
|---|---|---|---|---|---|
| Recorde Regional (25m) Open | 5:11.34 | Andreia Monteiro Barreira | CMNPR | Peso da Régua | 05/11/2023 |
| Recorde Regional (25m) Juv B | 5:15.46 | Ana Margarida Guedes | GCVR | Vila Real | 21/11/2015 |

Points: AQUA 2026

| Lugar | Nome | Licença | Ano | Clube | Tempo Final | Pts |
|---|---|---|---|---|---|---|
| 1. | Leonor Ferreira Sousa | 222428 | 15 | Fnc | **6:14.74** | 316 |
| | 50m: 38.70 38.70 — 150m: — 250m: — 350m: | | | | | |
| | 100m: 1:25.60 46.90 — 200m: 3:01.06 — 300m: 4:46.31 — 400m: 6:14.74 | | | | | |
| 2. | Lorena Sofia Ribeiro | 223766 | 15 | Gcvr | **6:35.74** | 269 |
| | 50m: 39.16 39.16 — 150m: — 250m: — 350m: | | | | | |
| | 100m: 1:27.88 48.72 — 200m: 3:08.48 — 300m: 5:03.94 — 400m: 6:35.74 | | | | | |
| 3. | Alice Silva Costa | 224051 | 15 | Gcvr | **6:44.16** | 252 |
| | 50m: 42.22 42.22 — 150m: — 250m: — 350m: | | | | | |
| | 100m: 1:34.94 52.72 — 200m: 3:16.40 — 300m: 5:07.69 — 400m: 6:44.16 | | | | | |
| 4. | Carolina Pereira Vila | 224224 | 15 | Durius Ac Pesqueira | **7:26.05** | 187 |
| | 50m: 46.72 46.72 — 150m: — 250m: — 350m: | | | | | |
| | 100m: 1:45.64 58.92 — 200m: 3:36.69 — 300m: 5:46.59 — 400m: 7:26.05 | | | | | |
| 5. | Catarina Alexandra Tralhao | 220506 | 15 | Durius Ac Pesqueira | **7:41.86** | 169 |
| | 50m: 51.53 51.53 — 150m: — 250m: — 350m: | | | | | |
| | 100m: 1:54.86 1:03.33 — 200m: 3:51.75 — 300m: 6:04.00 — 400m: 7:41.86 | | | | | |

## Event 15 — Girls, 400m Medley — Juvenis A
15/11/2026 - 10:45 — Results

| | | | | | |
|---|---|---|---|---|---|
| Recorde Regional (25m) Open | 5:11.34 | Andreia Monteiro Barreira | CMNPR | Peso da Régua | 05/11/2023 |
| Recorde Regional (25m) Juv A | 5:21.47 | Maria Silva Poeta | GCVR | Vinhais | 28/06/2026 |

Points: AQUA 2026

| Lugar | Nome | Licença | Ano | Clube | Tempo Final | Pts |
|---|---|---|---|---|---|---|
| 1. | Ines Rua Fernandes | 213137 | 16 | Gcvr | **5:53.38** | 377 |
| | 50m: 37.16 37.16 — 150m: — 250m: — 350m: | | | | | |
| | 100m: 1:20.88 43.72 — 200m: 2:46.23 — 300m: 4:31.63 — 400m: 5:53.38 | | | | | |
| 2. | Margarida Nunes Maio | 225717 | 16 | Gcvr | **5:57.71** | 364 |
| | 50m: 35.57 35.57 — 150m: — 250m: — 350m: | | | | | |
| | 100m: 1:19.96 44.39 — 200m: 2:56.07 — 300m: 4:32.57 — 400m: 5:57.71 | | | | | |
| 3. | Renata Daniela Rangel | 220398 | 16 | Gcvr | **6:06.18** | 339 |
| | 50m: 37.34 37.34 — 150m: — 250m: — 350m: | | | | | |
| | 100m: 1:21.31 43.97 — 200m: 2:55.93 — 300m: 4:40.43 — 400m: 6:06.18 | | | | | |

## Event 15 — Girls, 400m Medley — Juniores
15/11/2026 - 10:45 — Results

| | | | | | |
|---|---|---|---|---|---|
| Recorde Regional (25m) Open | 5:11.34 | Andreia Monteiro Barreira | CMNPR | Peso da Régua | 05/11/2023 |
| Recorde Regional (25m) 18 + | 5:11.34 | Andreia Monteiro Barreira | CMNPR | Peso da Régua | 05/11/2023 |
| Recorde Regional (25m) 17 | 5:15.65 | Andreia Monteiro Barreira | CMNPR | Santa Marta de Penaguião | 08/07/2023 |

Points: AQUA 2026

| Lugar | Nome | Licença | Ano | Clube | Tempo Final | Pts |
|---|---|---|---|---|---|---|
| 1. | Leonor Carnide Silva | 151721 | 18 | Gcvr | **5:19.60** | 510 |
| | 50m: 34.27 34.27 — 150m: — 250m: — 350m: | | | | | |
| | 100m: 1:13.78 39.51 — 200m: 2:36.38 — 300m: 4:05.54 — 400m: 5:19.60 | | | | | |
| 2. | Maria Manuel Braz | 209417 | 18 | Gcvr | **5:22.21** | 498 |
| | 50m: 34.15 34.15 — 150m: — 250m: — 350m: | | | | | |
| | 100m: 1:15.71 41.56 — 200m: 2:41.68 — 300m: 4:05.93 — 400m: 5:22.21 | | | | | |
| 3. | Maria Silva Poeta | 212032 | 17 | Gcvr | **5:24.08** | 489 |
| | 50m: 34.36 34.36 — 150m: — 250m: — 350m: | | | | | |
| | 100m: 1:14.75 40.39 — 200m: 2:35.71 — 300m: 4:09.50 — 400m: 5:24.08 | | | | | |
| 4. | Ana Miguel Ana Miguel Tuna | 222998 | 17 | Enb | **6:59.37** | 226 |
| | 50m: 45.44 45.44 — 150m: — 250m: — 350m: | | | | | |
| | 100m: 1:39.84 54.40 — 200m: 3:28.51 — 300m: 5:27.59 — 400m: 6:59.37 | | | | | |