Prova 14 — Masc., 1500m Livres — Juvenis B
15/11/2026 - 9:55 — Resultados

Recorde Regional (25m) Open	17:13.40	Bruno Daniel Monteiro	GCVR	Vila Real	18/11/2012
Recorde Regional (25m) Juv B	17:32.95	Tiago Daniel Penso	GCVR	Vinhais	27/06/2026

Pontos: AQUA 2026

Lugar	Nome	Licença	Ano	Clube	Tempo Final	Pts
1.	Martim Beato Guedes	219121	15	Futebol Clube Vinhais	**20:42.69**	316

50m:	35.66	35.66	450m:		850m:		1250m:		
100m:	1:31.18	55.52	500m:	6:42.62	900m:	12:22.13	1300m:	17:55.03	
150m:			550m:		950m:		1350m:		
200m:	2:34.47		600m:	8:06.19	1000m:	13:45.94	1400m:	19:20.53	
250m:			650m:		1050m:		1450m:		
300m:	3:53.37		700m:	9:37.26	1100m:	15:11.47	1500m:	20:42.69	
350m:			750m:		1150m:				
400m:	5:18.37		800m:	10:57.30	1200m:	16:28.84			

2.	Goncalo Goncalves Ferreira	222975	15	Fnc	**20:51.76**	309

50m:	35.72	35.72	450m:		850m:		1250m:		
100m:	1:16.62	40.90	500m:	6:51.51	900m:	12:30.87	1300m:	18:06.44	
150m:			550m:		950m:		1350m:		
200m:	2:39.37		600m:	8:15.66	1000m:	13:55.54	1400m:	19:30.04	
250m:			650m:		1050m:		1450m:		
300m:	4:03.44		700m:	9:40.12	1100m:	15:19.12	1500m:	20:51.76	
350m:			750m:		1150m:				
400m:	5:27.16		800m:	11:07.51	1200m:	16:42.84			

3.	David Sequeira Sobral	222996	15	Durius Ac Pesqueira	**23:07.19**	227

50m:	37.41	37.41	450m:		850m:		1250m:		
100m:	1:20.13	42.72	500m:	7:36.51	900m:		1300m:		
150m:			550m:		950m:		1350m:		
200m:	2:53.63		600m:	9:12.41	1000m:		1400m:		
250m:			650m:		1050m:		1450m:		
300m:	4:30.41		700m:	10:47.87	1100m:		1500m:	23:07.19	
350m:			750m:		1150m:				
400m:	6:02.51		800m:	12:23.16	1200m:				

DNS	Rodrigo Araujo Sousa	214607	15	Peso da Regua	

Prova 14 — Masc., 1500m Livres — Juvenis A
15/11/2026 - 9:55 — Resultados

Recorde Regional (25m) Open	17:13.40	Bruno Daniel Monteiro	GCVR	Vila Real	18/11/2012
Recorde Regional (25m) Juv A	17:37.52	João Jorge Tao	GCVR	Braga	19/03/2000

Pontos: AQUA 2026

Lugar	Nome	Licença	Ano	Clube	Tempo Final	Pts
1.	Filipe Miguel Pires *Recorde Regional*	218010	16	Futebol Clube Vinhais	**17:34.15**	518

50m:	29.44	29.44	450m:		850m:		1250m:		
100m:	1:03.51	34.07	500m:	5:46.66	900m:	10:33.34	1300m:	15:17.87	
150m:			550m:		950m:		1350m:		
200m:	2:12.97		600m:	6:58.47	1000m:	11:44.51	1400m:	16:28.72	
250m:			650m:		1050m:		1450m:		
300m:	3:23.41		700m:	8:10.47	1100m:	12:55.76	1500m:	17:34.15	
350m:			750m:		1150m:				
400m:	4:35.05		800m:	9:22.05	1200m:	14:07.19			

2.	Martim Barros Pereira	216554	16	Enb	**19:09.47**	399

50m:	33.41	33.41	450m:		850m:		1250m:		
100m:	1:07.55	34.14	500m:	6:09.65	900m:	11:20.72	1300m:	16:36.91	
150m:			550m:		950m:		1350m:		
200m:	2:20.59		600m:	7:27.15	1000m:	12:36.94	1400m:	17:56.02	
250m:			650m:		1050m:		1450m:		
300m:	3:35.76		700m:	8:45.47	1100m:	13:57.76	1500m:	19:09.47	
350m:			750m:		1150m:				
400m:	4:52.19		800m:	10:04.12	1200m:	15:16.79			

3.	Miguel Braz Alves	225334	16	Gcvr	**19:31.64**	377

50m:	34.11	34.11	450m:		850m:		1250m:		
100m:	1:10.64	36.53	500m:	6:18.46	900m:	11:34.46	1300m:	16:53.03	
150m:			550m:		950m:		1350m:		
200m:	2:25.56		600m:	7:37.28	1000m:	12:53.39	1400m:	18:13.28	
250m:			650m:		1050m:		1450m:		
300m:	3:42.77		700m:	8:56.28	1100m:	14:12.64	1500m:	19:31.64	
350m:			750m:		1150m:				
400m:	5:00.28		800m:	10:15.39	1200m:	15:33.39			

Prova 14, Masc., 1500m Livres, Juvenis A

Lugar	Nome	Licença	Ano	Clube	Tempo Final	Pts
4.	Duarte Ferreira Rosa	209831	16	Fnc	**19:31.76**	377
	50m: 32.52 32.52	450m:		850m:	1250m:	
	100m: 1:08.34 35.82	500m: 6:17.52		900m: 11:39.47	1300m: 16:59.81	
	150m:	550m:		950m:	1350m:	
	200m: 2:23.50	600m: 7:37.74		1000m: 12:59.35	1400m: 18:18.34	
	250m:	650m:		1050m:	1450m:	
	300m: 3:40.71	700m: 8:58.16		1100m: 14:19.64	1500m: 19:31.76	
	350m:	750m:		1150m:		
	400m: 4:59.09	800m: 10:18.23		1200m: 15:39.77		
5.	Guilherme Alves Horta	222427	16	Fnc	**19:49.72**	360
	50m: 32.79 32.79	450m:		850m:	1250m:	
	100m: 1:09.25 36.46	500m: 6:26.00		900m: 11:47.22	1300m: 17:10.97	
	150m:	550m:		950m:	1350m:	
	200m: 2:26.75	600m: 7:46.37		1000m: 13:08.62	1400m: 18:31.47	
	250m:	650m:		1050m:	1450m:	
	300m: 3:45.75	700m: 9:06.50		1100m: 14:31.33	1500m: 19:49.72	
	350m:	750m:		1150m:		
	400m: 5:05.33	800m: 10:25.44		1200m: 15:50.50		
DSQ	Pedro Martins Valente	222429	16	Fnc		
	102 - Não completou a prova - SW 10.2					

Prova 14 — Masc., 1500m Livres — Juniores
15/11/2026 - 9:55 — Resultados

Recorde Regional (25m) Open	17:13.40	Bruno Daniel Monteiro	GCVR	Vila Real	18/11/2012
Recorde Regional (25m) 18	17:56.67	Jose Pedro Rocha	CMNPR	Peso da Régua	05/03/2022
Recorde Regional (25m) 17	17:50.83	Rodrigo Matos Salcedas	GCVR	Santa Marta de Penaguião	02/07/2017

Pontos: AQUA 2026

Lugar	Nome	Licença	Ano	Clube	Tempo Final	Pts
1.	Nuno Pinto Oliveira	219466	17	Gcvr	**19:13.00**	396
	50m: 34.72 34.72	450m:		850m:	1250m:	
	100m: 1:11.69 36.97	500m: 6:15.88		900m: 11:26.50	1300m: 16:38.65	
	150m:	550m:		950m:	1350m:	
	200m: 2:26.44	600m: 7:33.48		1000m: 12:43.90	1400m: 17:56.97	
	250m:	650m:		1050m:	1450m:	
	300m: 3:42.59	700m: 8:51.33		1100m: 14:01.92	1500m: 19:13.00	
	350m:	750m:		1150m:		
	400m: 4:58.97	800m: 10:08.79		1200m: 15:19.95		

Prova 14 — Masc., 1500m Livres — Seniores
15/11/2026 - 9:55 — Resultados

Recorde Regional (25m) Open	17:13.40	Bruno Daniel Monteiro	GCVR	Vila Real	18/11/2012
Recorde Regional (25m) Sen	17:13.40	Bruno Daniel Monteiro	GCVR	Vila Real	18/11/2012

Pontos: AQUA 2026

Lugar	Nome	Licença	Ano	Clube	Tempo Final	Pts
1.	Jose Pedro Rocha	201748	23	Peso da Regua	**18:04.24**	476
	50m: 31.91 31.91	450m:		850m:	1250m:	
	100m: 1:06.78 34.87	500m: 5:54.33		900m: 10:44.47	1300m: 15:38.11	
	150m:	550m:		950m:	1350m:	
	200m: 2:18.58	600m: 7:06.32		1000m: 11:57.51	1400m: 16:51.83	
	250m:	650m:		1050m:	1450m:	
	300m: 3:30.42	700m: 8:18.73		1100m: 13:11.07	1500m: 18:04.24	
	350m:	750m:		1150m:		
	400m: 4:42.46	800m: 9:31.65		1200m: 14:24.40		