Event 13 — Girls, 200m Medley — Infantis B

15/11/2026 - 9:40 — Results

Recorde Regional (25m) Open	2:20.68	Ana Margarida Guedes	GCVR	Estarreja	03/12/2022
Recorde Regional (25m) Inf B	2:30.86	Ana Margarida Guedes	GCVR	Cantanhede	29/03/2014

Points: AQUA 2026

Lugar	Nome	Licença	Ano	Clube	Tempo Final	Pts
1.	Maria Ines Salgado, Maria Ines	217400	13	Peso da Regua	**2:45.47**	397
	50m: 36.11 36.11	100m: 1:18.65 42.54		150m:	200m: 2:45.47	
2.	Ines Carnide Silva	217393	13	Gcvr	**2:59.75**	309
	50m: 38.29 38.29	100m: 1:24.46 46.17		150m:	200m: 2:59.75	
3.	M. Carvalho, Matilde Vieira	216141	13	Peso da Regua	**3:08.78**	267
	50m: 44.32 44.32	100m: 1:34.47 50.15		150m:	200m: 3:08.78	
4.	M. Ribeiro, Matilde Gorgulho	216144	13	Peso da Regua	**3:13.79**	247
	50m: 43.19 43.19	100m: 1:33.76 50.57		150m:	200m: 3:13.79	
5.	C. Cigarro, Carlota Nogueira	223231	13	Peso da Regua	**3:26.23**	205
	50m: 50.50 50.50	100m: 1:40.76 50.26		150m:	200m: 3:26.23	
6.	C. Severino, Camila Mesquita	222066	13	Peso da Regua	**3:27.95**	200
	50m: 49.87 49.87	100m: 1:41.80 51.93		150m:	200m: 3:27.95	
7.	M. Ribeiro, Margarida Gorgulho	216146	13	Peso da Regua	**3:32.62**	187
	50m: 50.47 50.47	100m: 1:46.87 56.40		150m:	200m: 3:32.62	
8.	Ariana Goncalves Cruz	222969	13	Durius Ac Pesqueira	**3:46.42**	155
	50m: 49.84 49.84	100m: 1:42.78 52.94		150m:	200m: 3:46.42	

Event 13 — Girls, 200m Medley — Infantis A

15/11/2026 - 9:40 — Results

Recorde Regional (25m) Open	2:20.68	Ana Margarida Guedes	GCVR	Estarreja	03/12/2022
Recorde Regional (25m) Inf A	2:24.95	Ana Margarida Guedes	GCVR	Estarreja	13/12/2014

Points: AQUA 2026

Lugar	Nome	Licença	Ano	Clube	Tempo Final	Pts
1.	Susana Pedro Carvalhinha	214488	14	Gcvr	**2:55.00**	335
	50m: 38.53 38.53	100m: 1:24.32 45.79		150m:	200m: 2:55.00	
2.	Ana Rita Teixeira, Ana Rita	216143	14	Peso da Regua	**2:58.94**	314
	50m: 39.47 39.47	100m: 1:23.25 43.78		150m:	200m: 2:58.94	
3.	Maria Joao Gomes	216332	14	Gcvr	**3:02.94**	293
	50m: 40.94 40.94	100m: 1:26.09 45.15		150m:	200m: 3:02.94	
4.	Vitoria Almeida Saraiva	220909	14	Gcvr	**3:03.84**	289
	50m: 38.91 38.91	100m: 1:25.16 46.25		150m:	200m: 3:03.84	
5.	Benedita Martins Fernandes	214551	14	Gcvr	**3:05.56**	281
	50m: 41.44 41.44	100m: 1:30.23 48.79		150m:	200m: 3:05.56	
6.	Leonor Vaz Osorio, Leonor Vaz	216142	14	Peso da Regua	**3:07.06**	274
	50m: 43.51 43.51	100m: 1:32.73 49.22		150m:	200m: 3:07.06	
7.	N. Naima Francisco Ferreira	218420	14	Enb	**3:08.51**	268
	50m: 40.88 40.88	100m: 1:26.82 45.94		150m:	200m: 3:08.51	
8.	Laura Jorge Alves	216844	14	Gcvr	**3:10.50**	260
	50m: 40.47 40.47	100m: 1:27.21 46.74		150m:	200m: 3:10.50	
9.	Carlota Teiga Cruz	217390	14	Gcvr	**3:12.50**	252
	50m: 42.18 42.18	100m: 1:32.57 50.39		150m:	200m: 3:12.50	
10.	M. Sales, Matilde Ribeiro	220142	14	Peso da Regua	**3:14.19**	245
	50m: 39.25 39.25	100m: 1:27.88 48.63		150m:	200m: 3:14.19	
DSQ	M. Rocha, Mara Daniela	222067	14	Peso da Regua		
	609 - Não terminou percurso de costas na posição dorsal - SW 6.5					
DSQ	Amalia Jose Quintelas	223398	14	Gcvr		
	102 - Não completou a prova - SW 10.2					

Event 13, Women, 200m Medley

Event 13 — Girls, 200m Medley — Juniores

15/11/2026 - 9:40 — Results

Recorde Regional (25m) Open	2:20.68	Ana Margarida Guedes	GCVR	Estarreja	03/12/2022
Recorde Regional (25m) 18	2:23.72	Ana Margarida Guedes	GCVR	Sto. António dos Cavaleiros	08/12/2018
Recorde Regional (25m) 17	2:23.96	Ana Margarida Guedes	GCVR	Mirandela	10/02/2018

Points: AQUA 2026

Lugar	Nome	Licença	Ano	Clube	Tempo Final	Pts
1.	Maria Ines Mesquita	214677	17	Gcvr	**2:52.53**	350
	50m: 36.03 (36.03) 100m: 1:20.55 (44.52) 150m: 200m: 2:52.53					
2.	Francisca Moreira Fonseca	209211	18	Peso da Regua	**2:52.72**	349
	50m: 38.62 (38.62) 100m: 1:20.53 (41.91) 150m: 200m: 2:52.72					

Event 13 — Women, 200m Medley — Seniores

15/11/2026 - 9:40 — Results

Recorde Regional (25m) Open	2:20.68	Ana Margarida Guedes	GCVR	Estarreja	03/12/2022
Recorde Regional (25m) Sen	2:20.68	Ana Margarida Guedes	GCVR	Estarreja	03/12/2022

Points: AQUA 2026

Lugar	Nome	Licença	Ano	Clube	Tempo Final	Pts
1.	Leonor Santos Silva	121982	24	Gcvr	**2:43.90**	408
	50m: 31.72 (31.72) 100m: 1:15.22 (43.50) 150m: 200m: 2:43.90					
EXH	Ines Esteves Carvalho	214490	14	Individual ANNP	**2:31.13**	521
	50m: 32.24 (32.24) 100m: 1:09.53 (37.29) 150m: 200m: 2:31.13					