Programmanr. 13 | 200m vrije slag | Onder 12
1-11-2026 - 17:20 | Volledig reglement | Resultaten

rang	naam	vereniging	intijd		tijd	RT	50m	100m	150m	200m
	Astrid Hempen	Waspo Nordhorn	NT	510945	**3:28.35**	-	48.40	1:40.42	2:43.67	3:28.35
	Cas Snieder	OZ&PC	NT	201600711	**3:52.28**	-	50.64	1:50.16	2:52.28	3:52.28
	Elena Teodora Tudor	Waspo Nordhorn	3:30.09	515046	**3:32.83**	97%	46.80	1:41.13	2:36.90	3:32.83
	Enja Moß	Waspo Nordhorn	4:02.37	484088	**4:06.43**	97%	51.38	1:55.27	3:01.15	4:06.43
	Fajah ter Bille	Livo	3:24.45	201501242	**3:28.61**	96%	46.38	1:39.22	2:33.44	3:28.61
	Fedde Brouwer	OZ&PC	3:23.14	201501071	**3:15.68**	108%	44.92	1:35.56	2:27.85	3:15.68
	Fiep Scheuten	OZ&PC	NT	201600512	**3:33.26**	-	48.36	1:46.17	2:43.48	3:33.26
	Hanna Schmidt	OZ&PC	2:47.40	201601340	**2:44.36**	104%	36.90	1:19.45	2:04.11	2:44.36
	Ida Ruttkay	Sg - E Z C L	3:20.58	201500350	**3:11.63**	110%	43.72	1:34.90	2:25.23	3:11.63
	Isa Elferink	Livo	3:32.35	201502396	**3:40.51**	93%	48.70	1:46.16	2:44.20	3:40.51
	Ivo Withag	OZ&PC	2:43.01	201500025	**2:45.66**	97%	38.38	1:20.97	2:09.87	2:45.66
	Jolien Verheij	Livo	NT	201601424	**3:05.10**	-	42.89	1:29.52	2:18.80	3:05.10
	Jurian Oostrik	Sg - E Z C L	3:39.43	201501285	**3:25.33**	114%	44.11	1:39.02	2:34.54	3:25.33
	Lisse Spanjaard	Livo	3:30.69	201502462	**3:29.97**	101%	47.20	1:42.38	2:37.74	3:29.97
	Louis Kip	Waspo Nordhorn	NT	484083	**3:50.04**	-	48.03	1:49.69	2:50.27	3:50.04
	Louise Post	Livo	3:22.73	201501248	**3:07.26**	117%	44.06	1:32.71	2:23.67	3:07.26
	Luus Sprenkelder	Livo	NT	201502928	**4:37.20**	-	59.75	2:11.84		4:37.20
	Lynn Eekelder	Livo	3:10.12	201501244	**3:02.21**	109%	40.31	1:28.04	2:16.44	3:02.21
	Marijn Klein Tank	Livo	NT	201600873	**3:14.35**	-	44.49		2:26.17	3:14.35
	Marit Meijs	Sg - E Z C L	3:30.19	201500754	**3:09.02**	124%	42.62	1:33.53	2:23.81	3:09.02
	Nathan Bakker	OZ&PC	NT	201600099	**3:19.94**	-	48.27	1:41.38		3:19.94
	Noa Grundel	OZ&PC	NT	201501544	**3:31.19**	-	44.82	1:39.64	2:35.70	3:31.19
	Noa ten Barge	Livo	3:38.79	201600730	**3:29.73**	109%	48.04	1:42.72	2:36.99	3:29.73
	Noreen Bakker	OZ&PC	3:09.71	201500014	**3:06.41**	104%	44.36	1:32.51	2:20.73	3:06.41
	Ole Schmidt	Waspo Nordhorn	3:20.78	500605	**3:06.16**	116%	43.31	1:32.43	2:20.60	3:06.16
	Otis Barske	Sg - E Z C L	3:13.97	201500169	**2:58.89**	118%	41.86	1:29.35	2:16.43	2:58.89
	Pim Loman	Sg - E Z C L	NT	201600611	**3:44.56**	-	50.39	1:50.73	2:50.44	3:44.56
	Riyad Hariri	Sg - E Z C L	3:19.22	201600609	**3:03.51**	118%	38.99	1:26.49	2:15.18	3:03.51
	Robyn Smidt	OZ&PC	3:38.32	201500230	**3:29.97**	108%	47.39	1:41.16	2:36.39	3:29.97
	Sophie Ligtenbarg	Sg - E Z C L	3:25.50	201500730	**3:16.94**	109%	45.35	1:35.68	2:28.88	3:16.94
	Sven Salemink	OZ&PC	3:15.40	201500325	**2:57.45**	121%	39.39	1:24.73	2:10.80	2:57.45
	Thies Berens	Waspo Nordhorn	3:37.03	484086	**3:38.37**	99%	48.51	1:46.38	2:44.54	3:38.37
	Tony Kip	Waspo Nordhorn	NT	484084	**3:14.35**	-	45.07	1:37.04	2:28.64	3:14.35
	Vayèn Broeze	Sg - E Z C L	3:26.03	201500598	**3:08.75**	119%	43.92	1:33.62	2:23.47	3:08.75
AFGEM	Vivian Cobbenhagen	OZ&PC	3:40.31	201500078		-				
	Vlinder ten Vergert	Sg - E Z C L	3:34.77	201600220	**3:26.08**	109%	46.15	1:39.81	2:34.44	3:26.08
	Willlemijn Roelink	OZ&PC	3:38.95	201500434	**3:20.69**	119%	45.73	1:38.17	2:32.85	3:20.69