Programmanr. 4 — Heren, 200m schoolslag — 11 jaar en ouder
24-10-2026 - 13:23 — Resultaten

rang	naam	vereniging	intijd		tijd	RT	50m	100m	150m	200m
Onder 14										
1.	Jurre de Jonge	De Grunte	3:28.03	201300791	**3:21.16**		45.38	1:36.61	2:28.72	3:21.16
2.	Len Jansen	Waspo Nordhorn	3:48.48	465736	**3:26.87**		48.84	1:42.86	2:38.80	3:26.87
3.	Midas Withaar	De Grunte	3:32.91	201401597	**3:33.02**		46.26	1:39.57	2:37.00	3:33.02
4.	Tim Olsman	De Grunte	NT	201302503	**3:40.95**		50.63	1:47.43	2:43.97	3:40.95
5.	Paul Knoop	Waspo Nordhorn	3:51.34	465574	**3:45.27**		51.72	1:48.92	2:47.76	3:45.27
Onder 16										
1.	Koen Hultink	De Grunte	2:49.19	201200577	**2:39.82**		35.00	1:14.72	1:56.57	2:39.82
2.	Luuk ten Asbroek	Het Ravijn	3:03.44	201200601	**2:50.01**		36.75	1:20.67	2:05.81	2:50.01
3.	Hidde de Jonge	De Grunte	3:06.33	201101213	**2:55.57**		38.43	1:22.75	2:09.83	2:55.57
4.	Jefta Norden	De Grunte	3:05.06	201202153	**3:06.89**		41.58	1:29.90	2:18.38	3:06.89
5.	Levi Norden	De Grunte	3:14.61	201202155	**3:08.48**		42.24	1:29.92	2:19.50	3:08.48
6.	Oscar Bontius	De Grunte	3:50.55	201201889	**3:43.64**		49.47	1:46.45	2:46.22	3:43.64
Onder 18										
1.	Joas Norden	De Grunte	2:52.56	200902705	**2:45.69**		37.16	1:18.82	2:02.25	2:45.69
2.	Rinse de Jonge	De Grunte	3:14.02	200900705	**2:53.53**		36.66	1:19.79	2:06.01	2:53.53
3.	Filip Leonhard	Waspo Nordhorn	3:14.54	418972	**3:11.49**		40.98	1:29.38	2:20.22	3:11.49
18 en ouder										
1.	Robert Spekhorst	De Mors	3:01.85	198703141	**3:11.39**		41.69	1:28.84	2:19.34	3:11.39
2.	Luuk Tangenberg	De Grunte	3:20.64	200601183	**3:18.46**		44.65	1:34.87	2:26.52	3:18.46