

NSZK 1 Amsterdam 2026  
Amsterdam, 17-10-2026

Programmanr. 14  
17-10-2026 - 16:08

Dames, 200m rugslag

alg. leeftijdsgroep  
Resultaten

| Stichting NSZ                         | 2:21.21                 | Mirthe Lanfermeijer | Leiden    | 28-11-2015 |       |       |         |         |         |
|---------------------------------------|-------------------------|---------------------|-----------|------------|-------|-------|---------|---------|---------|
| rang naam                             | vereniging              | intijd              | tijd      | RT         | 50m   | 100m  | 150m    | 200m    |         |
| 1. Alinda Dingshoff<br>*back up tijd  | A.S.Z.V. Spons          | 2:23.22             | 200000928 | 2:22.60    | +0,72 | 34.90 | 1:11.33 | 1:47.09 | 2:22.60 |
| 2. Sara Korthuis                      | G.S.Z.V. De Golfbreker  | 2:25.00             | 200600494 | 2:30.12    | +0,75 | 34.88 | 1:12.89 | 1:51.51 | 2:30.12 |
| 3. Nienke Bakker                      | G.S.Z.V. De Golfbreker  | 2:36.78             | 200501178 | 2:32.15    | +0,80 | 34.85 | 1:13.29 | 1:53.00 | 2:32.15 |
| 4. Jessie Bodden<br>*back up tijd     | MSZV Tiburon            | 2:31.62             | 200401650 | 2:44.92    | +0,69 | 38.42 | 1:20.60 | 2:03.30 | 2:44.92 |
| 5. Lucas de Lugt                      | USZ&WF Het Zinkstuk     | 2:37.81             | 200503302 | 2:47.56    | +0,70 | 38.33 | 1:20.87 | 2:03.98 | 2:47.56 |
| 6. Lois van Oijen                     | N.S.Z. & W.V. Hydrofiel | 2:38.00             |           | 2:49.03    | +0,67 | 39.58 | 1:22.00 | 2:05.90 | 2:49.03 |
| 7. Fiona Carlson<br>*back up tijd     | A.S.Z.V. Spons          | 2:45.97             |           | 2:53.96    | +0,69 | 40.83 | 1:25.53 | 2:10.45 | 2:53.96 |
| 8. Lianne Dekker                      | A.S.Z.V. Spons          | 2:50.00             | 200305438 | 2:54.50    | +0,62 | 40.18 | 1:25.17 | 2:10.16 | 2:54.50 |
| 9. Hilde Koole                        | TSZVW Avalon            | 2:49.93             | 200502492 | 2:56.04    | +0,75 | 41.42 | 1:26.78 | 2:11.75 | 2:56.04 |
| 10. Marieke Hirdes                    | N.S.Z. & W.V. Hydrofiel | 2:58.00             | 200302140 | 2:56.67    | +0,68 | 39.85 | 1:23.66 | 2:10.32 | 2:56.67 |
| 11. Hanna de Graaf                    | Dsz Wave                | 3:00.00             | 200600300 | 2:57.77    | +0,61 | 41.86 | 1:26.85 | 2:13.29 | 2:57.77 |
| 12. Liese Kastelijn                   | SZV Aquifer             | 2:54.42             | 200505128 | 2:57.78    | +0,85 | 41.98 | 1:27.48 | 2:14.06 | 2:57.78 |
| 13. Noa van den Berg                  | Aquamania               | 3:00.11             |           | 3:01.26    | +0,74 | 39.50 | 1:25.46 | 2:13.53 | 3:01.26 |
| 14. Samantha van der J.               | Ragnar                  | 2:45.00             | 200700220 | 3:03.05    | +0,67 | 42.92 | 1:28.46 | 2:17.08 | 3:03.05 |
| 15. Dena Luiks                        | Dsz Wave                | 3:00.00             | 200402468 | 3:20.70    | +0,53 | 47.54 | 1:41.72 | 2:34.52 | 3:20.70 |
| 16. Willeke Sluiskes<br>*back up tijd | SZV Aquifer             | 3:26.06             |           | 3:48.12    | +0,68 | 52.87 | 1:51.69 | 2:51.50 | 3:48.12 |
| BM Noa Oldenhof                       | A.S.Z.V. Spons          | 2:45.00             | 199700622 | 2:49.99    | +0,71 | 39.33 | 1:22.71 | 2:06.75 | 2:49.99 |
| BM Emma Schell                        | A.S.Z.V. Spons          | 3:00.00             | 199906574 | 3:24.89    | +0,72 | 47.51 | 1:38.37 | 2:32.33 | 3:24.89 |