Epreuve 114 — 400m Libre — 12 ans et moins
2026-10-18 - 12:29 — Liste résultats

Points: AQUA 2026

Rang		AN		Temps	Pts

9 - 10 ans, Filles

1.	TOUHAMI, Sofia		17	C.N. Dollard-des-Ormeaux								**5:58.12**	265
	50m:	37.70	37.70	150m:	2:08.92	46.80	250m:	3:43.06	47.76	350m:	5:16.35		47.00
	100m:	1:22.12	44.42	200m:	2:55.30	46.38	300m:	4:29.35	46.29	400m:	5:58.12		41.77
2.	GENNARELLI, Charlotte		16	C.N. Dollard-des-Ormeaux								**6:16.62**	228
	50m:	40.26	40.26	150m:	2:14.82	48.18	250m:	3:53.37	49.82	350m:	5:31.49		49.41
	100m:	1:26.64	46.38	200m:	3:03.55	48.73	300m:	4:42.08	48.71	400m:	6:16.62		45.13
3.	DENG, Eva		16	C.N. Dollard-des-Ormeaux								**6:35.86**	196
	50m:	42.49	42.49	150m:	2:24.85	52.75	250m:	4:08.14	51.68	350m:	5:50.42		50.77
	100m:	1:32.10	49.61	200m:	3:16.46	51.61	300m:	4:59.65	51.51	400m:	6:35.86		45.44
4.	XUE, Jocelyn		17	C.N. Dollard-des-Ormeaux								**6:50.20**	176
	50m:	42.02	42.02	150m:	2:27.58	53.47	250m:	4:14.27	52.80	350m:	6:01.15		52.48
	100m:	1:34.11	52.09	200m:	3:21.47	53.89	300m:	5:08.67	54.40	400m:	6:50.20		49.05
5.	COULTER, Teagan		16	C.N. Dollard-des-Ormeaux								**7:22.41**	140
	50m:	47.71	47.71	150m:	2:43.62	57.45	250m:	4:39.41	57.32	350m:	6:32.39		56.87
	100m:	1:46.17	58.46	200m:	3:42.09	58.47	300m:	5:35.52	56.11	400m:	7:22.41		50.02

9 - 10 ans, Garçons

1.	GRÉGOIRE ELDER, Gabriel		16	C.N. Dollard-des-Ormeaux								**6:01.75**	201
	50m:	39.92	39.92	150m:	2:14.84	48.52	250m:	3:50.45	47.88	350m:	5:21.97		45.59
	100m:	1:26.32	46.40	200m:	3:02.57	47.73	300m:	4:36.38	45.93	400m:	6:01.75		39.78
2.	SYRIE, Chad		16	C.N. Dollard-des-Ormeaux								**6:20.94**	172
	50m:	41.19	41.19	150m:	2:19.53	49.55	250m:	3:57.61	49.52	350m:	5:35.45		48.09
	100m:	1:29.98	48.79	200m:	3:08.09	48.56	300m:	4:47.36	49.75	400m:	6:20.94		45.49
3.	SHEPPARD, Wyatt		16	C.N. Dollard-des-Ormeaux								**6:34.05**	156
	50m:	43.43	43.43	150m:	2:24.93	52.08	250m:	4:08.05	51.17	350m:	5:50.50		51.11
	100m:	1:32.85	49.42	200m:	3:16.88	51.95	300m:	4:59.39	51.34	400m:	6:34.05		43.55
4.	DUFOUR, Théodore		16	C.N. Dollard-des-Ormeaux								**6:51.85**	136
	50m:	44.44	44.44	150m:	2:30.76	54.36	250m:	4:16.86	52.76	350m:	6:03.41		53.30
	100m:	1:36.40	51.96	200m:	3:24.10	53.34	300m:	5:10.11	53.25	400m:	6:51.85		48.44
5.	TAYLOR, Philip		15	C.N. Dollard-des-Ormeaux								**7:05.39**	124
	50m:	48.48	48.48	150m:	2:38.62	55.86	250m:	4:29.80	55.64	350m:	6:19.71		54.70
	100m:	1:42.76	54.28	200m:	3:34.16	55.54	300m:	5:25.01	55.21	400m:	7:05.39		45.68
6.	LINDELL, Tristan		16	C.N. Dollard-des-Ormeaux								**7:36.53**	100
	50m:	49.17	49.17	150m:	2:46.70	59.42	250m:	4:45.20	58.35	350m:	6:43.81		59.62
	100m:	1:47.28	58.11	200m:	3:46.85	1:00.15	300m:	5:44.19	58.99	400m:	7:36.53		52.72

11 - 12 ans, Filles

1.	PAQUETTE, Élizabeth		14	Club Citadins de Vaudreuil								**5:08.98**	413
	50m:	35.12	35.12	150m:	1:54.11	39.53	250m:	3:13.78	39.37	350m:	4:32.50		38.63
	100m:	1:14.58	39.46	200m:	2:34.41	40.30	300m:	3:53.87	40.09	400m:	5:08.98		36.48
2.	LEITON, Sarah		14	Club Citadins de Vaudreuil								**6:04.83**	251
	50m:	42.03	42.03	150m:	2:16.86	47.74	250m:	3:51.38	48.11	350m:	5:23.52		45.92
	100m:	1:29.12	47.09	200m:	3:03.27	46.41	300m:	4:37.60	46.22	400m:	6:04.83		41.31

Epreuve 114, Filles, 400m Libre, 11 - 12 ans

Rang		AN		Temps	Pts
3.	NEWTON, Kaylie	14	C.N. Dollard-des-Ormeaux	**6:32.04**	202
	50m: 41.89 41.89 150m: 2:23.26 50.92 250m: 4:03.44 50.32 350m: 5:43.31 49.18				
	100m: 1:32.34 50.45 200m: 3:13.12 49.86 300m: 4:54.13 50.69 400m: 6:32.04 48.73				
4.	MIRAUTA, Ella Rose	14	C.N. Dollard-des-Ormeaux	**6:56.55**	168
	50m: 46.98 46.98 150m: 2:34.48 54.28 250m: 4:22.35 54.42 350m: 6:10.17 55.81				
	100m: 1:40.20 53.22 200m: 3:27.93 53.45 300m: 5:14.36 52.01 400m: 6:56.55 46.38				
5.	PARIZEAU, Claire	14	C.N. Dollard-des-Ormeaux	**7:03.89**	160
	50m: 45.61 45.61 150m: 2:33.31 54.07 250m: 4:24.82 56.00 350m: 6:13.71 53.66				
	100m: 1:39.24 53.63 200m: 3:28.82 55.51 300m: 5:20.05 55.23 400m: 7:03.89 50.18				
6.	HEGYI, Romy	14	Calac	**7:22.14**	141
	50m: 48.14 48.14 150m: 2:43.75 58.18 250m: 4:39.25 57.09 350m: 6:32.64 56.55				
	100m: 1:45.57 57.43 200m: 3:42.16 58.41 300m: 5:36.09 56.84 400m: 7:22.14 49.50				

11 - 12 ans, Garçons

1.	HÉROUX, Émile	15	Club Citadins de Vaudreuil	**6:09.95**	188
	50m: 42.35 42.35 150m: 2:19.18 49.14 250m: 3:52.85 46.31 350m: 5:27.52 46.24				
	100m: 1:30.04 47.69 200m: 3:06.54 47.36 300m: 4:41.28 48.43 400m: 6:09.95 42.43				
2.	KHUDIK, Lukian	14	Calac	**6:11.91**	185
	50m: 40.06 40.06 150m: 2:17.33 49.60 250m: 3:54.54 47.96 350m: 5:29.66 47.58				
	100m: 1:27.73 47.67 200m: 3:06.58 49.25 300m: 4:42.08 47.54 400m: 6:11.91 42.25				
3.	SHAO, Yibo	15	C.N. Dollard-des-Ormeaux	**6:36.97**	152
	50m: 41.48 41.48 150m: 2:20.20 50.71 250m: 4:04.29 52.04 350m: 5:48.34 51.48				
	100m: 1:29.49 48.01 200m: 3:12.25 52.05 300m: 4:56.86 52.57 400m: 6:36.97 48.63				
4.	OUAKKAT, Ilyas	15	C.N. Dollard-des-Ormeaux	**6:57.09**	131
	50m: 44.73 44.73 150m: 2:29.28 53.10 250m: 4:17.68 53.99 350m: 6:06.89 53.88				
	100m: 1:36.18 51.45 200m: 3:23.69 54.41 300m: 5:13.01 55.33 400m: 6:57.09 50.20				