Epreuve 3 — Garçons, 400m Libre — 11 - 13 ans
2026-10-17 - 8:43 — Liste résultats

Points: AQUA 2026

Rang		Age		Temps	Pts
1.	HABEL, Leonard	13	Sorel Tracy Natation	**5:21.13**	288
	50m: 35.26 35.26 — 150m: 1:56.97 41.69 — 250m: 3:20.04 41.70 — 350m: 4:42.63 41.03				
	100m: 1:15.28 40.02 — 200m: 2:38.34 41.37 — 300m: 4:01.60 41.56 — 400m: 5:21.13 38.50				
2.	PÉLOQUIN, Antoine	12	Sorel Tracy Natation	**5:35.04**	254
	50m: 37.49 37.49 — 150m: 2:01.33 42.42 — 250m: 3:28.44 43.46 — 350m: 4:55.07 43.50				
	100m: 1:18.91 41.42 — 200m: 2:44.98 43.65 — 300m: 4:11.57 43.13 — 400m: 5:35.04 39.97				
3.	FAUCHON, zachary	12	Club Natation Bois Francs	**5:42.27**	238
	50m: 36.56 36.56 — 150m: 2:01.51 42.91 — 250m: 3:30.13 44.42 — 350m: 4:58.25 43.94				
	100m: 1:18.60 42.04 — 200m: 2:45.71 44.20 — 300m: 4:14.31 44.18 — 400m: 5:42.27 44.02				
4.	LEGAULT, Zachary	11	Sorel Tracy Natation	**5:42.94**	237
	50m: 38.42 38.42 — 150m: 2:05.13 44.32 — 250m: 3:32.89 44.02 — 350m: 5:00.86 44.25				
	100m: 1:20.81 42.39 — 200m: 2:48.87 43.74 — 300m: 4:16.61 43.72 — 400m: 5:42.94 42.08				
5.	GIPSON-GUZMAN, Elliott	13	Équipe de natation de Cowansvi	**6:15.46**	180
	50m: 40.76 40.76 — 150m: 2:16.16 48.29 — 250m: 3:53.85 49.06 — 350m: 5:30.20 47.10				
	100m: 1:27.87 47.11 — 200m: 3:04.79 48.63 — 300m: 4:43.10 49.25 — 400m: 6:15.46 45.26				
6.	CAZABON, Zackary	11	Sorel Tracy Natation	**6:19.51**	174
	50m: — 150m: 2:21.87 — 250m: 4:47.75 — 350m:				
	100m: — 200m: — 300m: 5:31.93 44.18 — 400m: 6:19.51				
7.	SIMPSON, Lawrence	12	Équipe de natation de Cowansvi	**6:30.41**	160
	50m: 40.26 40.26 — 150m: 2:18.88 51.00 — 250m: — 350m:				
	100m: 1:27.88 47.62 — 200m: — 300m: 5:43.24 — 400m: 6:30.41				

Epreuve 3 — Garçons, 400m Libre — 14 - 15 ans
2026-10-17 - 8:43 — Liste résultats

Points: AQUA 2026

Rang		Age		Temps	Pts
1.	MEUNIER, Achille	14	Club de Natation Memphrémagog	**4:38.62**	442
	50m: 30.59 30.59 — 150m: 1:41.81 35.89 — 250m: 2:54.91 37.00 — 350m: 4:06.36 35.01				
	100m: 1:05.92 35.33 — 200m: 2:17.91 36.10 — 300m: 3:31.35 36.44 — 400m: 4:38.62 32.26				
2.	BEAUREGARD, Lucas	15	Équipe de natation de Cowansvi	**4:40.74**	432
	50m: 30.88 30.88 — 150m: 1:39.91 35.08 — 250m: 2:51.21 35.79 — 350m:				
	100m: 1:04.83 33.95 — 200m: 2:15.42 35.51 — 300m: 3:27.88 36.67 — 400m: 4:40.74				
3.	BRUNET, Nathan	14	Les Loutres	**5:31.51**	262
	50m: 34.90 34.90 — 150m: 1:58.61 42.64 — 250m: 4:12.27 43.91 — 350m: 4:55.02				
	100m: 1:15.97 41.07 — 200m: 3:28.36 1:29.75 — 300m: — 400m: 5:31.51 36.49				
4.	DRAPEAU, Pierre-Antoine	14	Club de natation St-Hyacinthe	**5:59.48**	205
	50m: 39.66 39.66 — 150m: 2:11.43 46.28 — 250m: 3:45.34 47.30 — 350m: 5:17.45 45.83				
	100m: 1:25.15 45.49 — 200m: 2:58.04 46.61 — 300m: 4:31.62 46.28 — 400m: 5:59.48 42.03				

Epreuve 3 — Messieurs, 400m Libre — 16 ans et plus
2026-10-17 - 8:43 — Liste résultats

Points: AQUA 2026

Rang		Age		Temps	Pts
1.	LAMBERT, Nathan	17	Équipe de natation de Cowansvi	**4:15.89**	570
	50m: 28.53 28.53 — 150m: 1:33.72 32.89 — 250m: 2:39.69 32.63 — 350m: 3:44.79 32.02				
	100m: 1:00.83 32.30 — 200m: 2:07.06 33.34 — 300m: 3:12.77 33.08 — 400m: 4:15.89 31.10				
2.	DOORBEEGASSING, Dwain Matthe	16	Club Natation Bois Francs	**4:34.58**	461
	50m: 28.72 28.72 — 150m: 1:37.94 35.33 — 250m: 2:48.61 35.29 — 350m: 4:00.88 35.94				
	100m: 1:02.61 33.89 — 200m: 2:13.32 35.38 — 300m: 3:24.94 36.33 — 400m: 4:34.58 33.70				

Epreuve 3, Messieurs, 400m Libre, 16 ans et plus

Rang		Age		Temps	Pts
3.	PEPIN, Philippe	16	Équipe de natation de Cowansvi	**4:42.42**	424

50m:	30.29	30.29	150m:	1:40.12	36.09	250m:	2:52.42	36.28	350m:	4:06.28	36.83
100m:	1:04.03	33.74	200m:	2:16.14	36.02	300m:	3:29.45	37.03	400m:	4:42.42	36.14

4.	BÉGIN, Charles-Étienne	19	Équipe de natation de Cowansvi	**4:44.09**	417						
50m:	31.02	31.02	150m:	1:41.17	35.30	250m:	2:53.70	36.09	350m:	4:07.49	36.87
100m:	1:05.87	34.85	200m:	2:17.61	36.44	300m:	3:30.62	36.92	400m:	4:44.09	36.60

5.	POET, Nahuel	18	Club de Natation Memphrémagog	**4:58.73**	358						
50m:	32.79	32.79	150m:	1:46.01	37.54	250m:	3:02.04	38.10	350m:	4:20.62	39.34
100m:	1:08.47	35.68	200m:	2:23.94	37.93	300m:	3:41.28	39.24	400m:	4:58.73	38.11