Programmanr. 301 — Dames, 4 x 200m vrije slag — Senioren Open
21-11-2026 - 13:00 — Resultaten

rang		vereniging		intijd					tijd	RT
o16 en senioren open										
1.	Deltasteur 1	Deltasteur		9:21.40					**9:19.22**	
	Isabel Amelink		15		30.68	1:05.43	1:41.70	2:18.06	2:18.06	
	Manoah Dekker		15		32.89	1:10.20	1:48.98	2:26.80	2:26.80	
	Nova Volmer		13		31.61	1:07.22	1:44.06	2:20.11	2:20.11	
	Lisa Boogaard		15		29.82	1:03.57	1:39.26	2:14.25	2:14.25	
2.	Oz&Pc 1	O Z & P C		9:40.14					**9:42.99**	
	Anna Withag		13		33.33	1:10.22	1:48.55	2:27.38	2:27.38	
	Aimee van Tongeren		15		32.59	1:09.77	1:48.60	2:27.22	2:27.22	
	Ribanna Damm		15		31.45	1:07.77	1:45.58	2:22.58	2:22.58	
	Nikki Mulder		13		32.89	1:11.27	1:48.77	2:25.81	2:25.81	
3.	Dedemsvaart-AC 2	Dedemsvaart-AC		9:53.29					**10:06.58**	
	Ilse Zuurman		15		33.79	1:11.00	1:49.23	2:25.65	2:25.65	
	Nora Ekelmans		12		36.61	1:17.74	2:01.03	2:42.20	2:42.20	
	Lynn Tio		15		32.00	1:09.30	1:46.50	2:28.46	2:28.46	
	Femke Keizer		14		32.49	1:09.94	1:50.98	2:30.27	2:30.27	
4.	Dedemsvaart-AC 3	Dedemsvaart-AC		10:51.63					**10:33.14**	
	Reva van der Veen		12		33.18	1:10.68	1:49.09	2:27.25	2:27.25	
	Vièn Zoer		11		35.02	1:16.51	2:01.71	2:45.40	2:45.40	
	Daphne Spijker		13		37.31	1:19.82	2:03.12	2:44.68	2:44.68	
	Kaily Remmers		13		34.46	1:14.09	1:55.50	2:35.81	2:35.81	
5.	De Dinkel 2	De Dinkel		11:21.05					**10:46.77**	
	Sammie Arendsen		12		36.56	1:17.76	2:01.63	2:45.01	2:45.01	
	Lynn Hofste		11		34.90	1:15.73	1:58.43	2:37.08	2:37.08	
	Wies Lenferink		12		37.23	1:21.46	2:06.72	2:47.29	2:47.29	
	Fiep ten Berge		12		34.54	1:13.41	1:55.22	2:37.39	2:37.39	
Senioren Open										
1.	Dedemsvaart-AC 1	Dedemsvaart-AC		8:52.00					**9:21.74**	
	Marlies Dijsselhof		20		31.56	1:07.82	1:45.62	2:23.33	2:23.33	
	Alessia Sluis		23		29.64	1:04.66	1:40.57	2:16.22	2:16.22	
	Daphne Dijsselhof		17		32.09	1:09.15	1:47.35	2:24.77	2:24.77	
	Michelle Zomerdijk		26		30.18	1:04.54	1:41.02	2:17.42	2:17.42	
2.	De Dinkel 1	De Dinkel		9:23.56					**9:32.71**	
	Imke Oude Engberink		15		33.64	1:10.71	1:49.44	2:25.43	2:25.43	
	Laurien Gliese-Slooijer		19		30.95	1:06.69	1:42.88	2:19.49	2:19.49	
	Claire Bosch		22		31.96	1:09.30	1:49.62	2:29.58	2:29.58	
	Eline Lutters		20		31.27	1:06.65	1:42.78	2:18.21	2:18.21	