Programmanr. 405 | Dames, 200m wisselslag | 11 jaar en ouder
22-11-2026 - 16:26 | Resultaten

rang	naam	vereniging	intijd			tijd	RT	50m	100m	150m	200m
Onder 14											
1.	Lena Verplak	Aqua-Novio'94	2:38.76	201400512		**2:38.39**		33.82	1:12.88	2:01.79	2:38.39
2.	Sophia Heusinkveld	De Berkelduikers	2:47.09	201301552		**2:43.50**		36.50	1:18.96	2:04.41	2:43.50
3.	Laura Offermans	ZV Zaltbommel	2:56.47	201300766		**2:50.00**		35.48	1:20.60	2:11.31	2:50.00
4.	Vlinder Mariman	Aqua-Novio'94	2:57.04	201301522		**2:52.07**		36.82	1:19.67	2:13.07	2:52.07
5.	Jackie Scherps	Aqua-Novio'94	2:55.33	201500846		**2:52.51**		38.97	1:21.13	2:12.75	2:52.51
6.	Roxan Meijer	DWK	2:52.85	201300854		**2:52.99**		39.25	1:23.32	2:14.23	2:52.99
7.	Dorean Iseger	DWK	2:57.35	201300470		**2:53.33**		35.15	1:17.81	2:12.52	2:53.33
8.	Nynthe Spikmans	Aqua-Novio'94	2:57.20	201301168		**2:56.89**		37.83	1:23.56	2:15.53	2:56.89
9.	Lola van den Dam	De Vrije Slag	2:58.92	201300098		**2:57.22**		39.02	1:25.46	2:16.52	2:57.22
10.	Elin Hut	Wahoo Swimming	2:58.72	201300020		**2:58.50**		37.87	1:24.65	2:15.97	2:58.50
11.	J. Rugenbrink	Aquapoldro	3:06.26	201401324		**3:01.66**		38.77	1:26.73	2:18.27	3:01.66
12.	Evi Burgerhart	DWK	3:05.80	201400076		**3:02.67**		39.64	1:27.84	2:21.49	3:02.67
13.	Lotte Ketelaar	Montferland	3:07.31	201401248		**3:02.82**		42.07	1:27.95	2:21.71	3:02.82
14.	Noor de Vogt	DWK	3:05.62	201400120		**3:04.26**		36.83	1:23.35	2:20.50	3:04.26
15.	Juliet Donker	NDD	3:07.87	201400374		**3:06.54**		41.12	1:30.53	2:24.43	3:06.54
16.	Janne Groen	Aqua-Novio'94	3:09.07	201401186		**3:07.71**		39.58	1:28.03	2:24.94	3:07.71
17.	Sienna Japink	De Rijn	3:09.61	201402322		**3:12.00**		43.55	1:29.29	2:30.24	3:12.00
Onder 16											
1.	Anna Berkhout	DWK	2:39.80	201100080		**2:39.28**		34.93	1:14.40	2:00.14	2:39.28
2.	Fay Jansen	Aqua-Novio'94	2:41.08	201200154		**2:41.09**		34.05	1:17.19	2:05.95	2:41.09
3.	Belle Fiering	Aqua-Novio'94	2:43.97	201202546		**2:42.67**		34.53	1:17.75	2:06.97	2:42.67
4.	Bente Toth	SG Octopus - ZVV	2:45.43	201102818		**2:45.25**		35.60	1:18.52	2:06.38	2:45.25
5.	Gerlin van de Krol	DWK	2:42.06	201101412		**2:46.12**		35.33	1:24.11	2:06.13	2:46.12
6.	Maud Sellis	SG Octopus - ZVV	2:47.27	201101172		**2:47.34**		35.78	1:18.94	2:05.73	2:47.34
7.	Maartje van Berkom	Aqua-Novio'94	2:43.47	201100514		**2:47.44**		35.21	1:19.23	2:10.78	2:47.44
8.	Jaurieke Morren	SG Octopus - ZVV	2:51.76	201200292		**2:47.82**		36.23	1:20.22	2:09.89	2:47.82
9.	Maud Lamfers	Aquapoldro	2:57.57	201201350		**2:47.91**		34.32	1:15.36	2:08.20	2:47.91
10.	Annabel Pisters	RZC	2:52.38	201200074		**2:48.71**		35.48	1:21.01	2:08.53	2:48.71
11.	Femke Mandema	DWK	2:49.55	201100396		**2:55.27**		38.45	1:24.22	2:15.33	2:55.27
12.	G. van der Spek	Batavia Swim	3:40.65	201102806	SM7	**3:36.17**	510	51.39	1:44.19	2:47.35	3:36.17
AFGEM	Robin Versteeg	Aqua-Novio'94	2:46.11	201200276							
NG	Yvonne de Graaf	DWK	2:50.27	201101418							
Onder 18											
1.	Myrthe Rozendaal	Aqua-Novio'94	2:26.96	201000790		**2:27.25**		32.13	1:11.87	1:52.20	2:27.25
2.	Charlotte Landman	CWW	2:33.89	200901290		**2:30.74**		31.68	1:08.49	1:55.15	2:30.74
3.	Tessa van Beek	DWK	2:28.25	201001446		**2:32.95**		32.44	1:12.62	1:56.98	2:32.95
4.	Lynn Rozendal	NDD	2:36.44	200901038		**2:34.80**		33.07	1:12.61	1:58.27	2:34.80
5.	Lili Oosting	DWK	2:36.51	200900384		**2:36.39**		33.14	1:12.26	1:59.99	2:36.39
6.	Kyana de Vries	Aqua-Novio'94	2:39.79	200901260		**2:40.30**		34.26	1:16.65	2:00.80	2:40.30
7.	Lenore Donker	NDD	2:44.18	201000080		**2:47.46**		36.58	1:18.33	2:08.64	2:47.46
8.	Sabina Klijn	RZC	2:47.82	201000050		**2:48.14**		35.74	1:20.08	2:08.93	2:48.14
9.	Elin Das	NDD	2:46.88	200901036		**2:49.70**		35.08	1:17.69	2:10.04	2:49.70
10.	Pleun Schouten	De IJsselmeeuwen	2:50.13	201002106		**2:53.44**		36.37	1:23.94	2:16.28	2:53.44
NG	Tess Dugandzic	Zuiderzeezwemmers	2:39.92	201002908							
Onder 20											
1.	Lyke Bellert	SG Octopus - ZVV	2:26.36	200701424		**2:26.01**		31.48	1:06.92	1:50.89	2:26.01
2.	Niobe Maduro	Aqua-Novio'94	2:29.48	200800378		**2:27.94**		31.22	1:09.41	1:51.77	2:27.94
3.	Noa Ottens	Aqua-Novio'94	2:32.93	200702256		**2:36.51**		30.43	1:10.76	1:58.42	2:36.51
4.	Carlijn Boltendal	Zuiderzeezwemmers	2:39.04	200700082		**2:38.14**		33.41	1:13.86	2:00.87	2:38.14
5.	Nynke van Leeuwen	De Berkelduikers	2:36.74	200701272		**2:42.78**		34.12	1:16.60	2:05.76	2:42.78
6.	Inke Versluis	Olympia	2:48.66	200800218		**2:46.08**		35.57	1:19.64	2:07.85	2:46.08
7.	Tess Wakker	De Rijn	2:48.88	200700154		**2:46.72**		35.07	1:18.18	2:08.63	2:46.72
8.	Nilou Vriesema	De Hokseberg	2:44.46	200703216		**2:48.23**		33.61	1:16.30	2:09.17	2:48.23
9.	D. van de Werken	Olympia	2:52.23	200701672		**2:51.66**		37.38	1:26.35	2:14.26	2:51.66
10.	Elise van der Wielen	Olympia	2:47.82	200700346		**2:52.93**		38.88	1:25.09	2:13.74	2:52.93

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Senioren

1. Inge Arts	Aqua-Novio'94	2:30.45	199203076		**2:27.73**		31.88	1:09.16	1:53.07	2:27.73
2. Jonna Muntjewerff	ENC Arnhem	2:28.23	200402396		**2:28.46**		31.94	1:08.20	1:52.85	2:28.46
3. Kim van Dongen	SG Wijchen-Gelenberg	2:31.68	200400140		**2:33.62**		32.54	1:10.13	1:54.86	2:33.62
4. M. van Langevelde	DWK	2:32.20	199803160		**2:35.11**		31.26	1:13.68	1:58.83	2:35.11
5. Feline Slijkhuis	SG Octopus - ZVV	2:36.66	200501042		**2:40.97**		34.92	1:16.71	2:03.07	2:40.97
NG Lynn Rötter	ZPC Livo	2:36.77	200600950							

Para

1. G. van der Spek	Batavia Swim	3:40.65	201102806	SM7	**3:36.17**	510	51.39	1:44.19	2:47.35	3:36.17