Event 30 | Women, 200m Medley | Open
31.10.2026 - 12:03 | Startlist Prelim

| | | | | | |
|---|---|---|---|---|---|
| Latvian Records | 2:13.36 | MALUKA Ieva | RDSN | Riga | 02.11.2019 |
| Meet Records | 2:13.36 | MALUKA Ieva | LAT | Riga | 02.11.2019 |

SSM : 2:09.42 / SM : 2:21.13 / SMK : 2:29.36 / I : 2:39.91 / II : 2:56.00 / III : 3:18.51 / IV : 4:00.10

| | | YB | | |
|---|---|---|---|---|
| **Heat 1 of 4** | | | | |
| 2 | STAJEVSKA Arina | 08 | PK Ogre | NT |
| 3 | LEPNEVA Zarifa Sabri | 12 | RSS Ridzene-DSN | 3:03.41 |
| 4 | ROMANJUK Maria | 96 | GoSwim Ujumisklubi | NT |
| **Heat 2 of 4** | | | | |
| 1 | METSUR Karolin | 11 | Ujumisklubi Briis | 2:43.49 |
| 2 | STRAUTINA Evelina | 13 | Jelgavas SPS | 2:36.09 |
| 3 | KOROLKO Anastasia | 10 | SK Zolitude | 2:24.11 |
| 4 | KUZMINA Ksenija | 12 | Daugavpils SS | 2:31.19 |
| 5 | HEMMELE Paula | 12 | Valmieras SS | 2:38.67 |
| 6 | TRETJAKA Eva | 12 | Rezeknes BJSS | 3:00.29 |
| **Heat 3 of 4** | | | | |
| 1 | KOEL Helena | 11 | Ujumisklubi Briis | 2:42.05 |
| 2 | SKRABE Liene Evelina | 11 | Valmieras SS | 2:35.15 |
| 3 | ANSPOKA Anete | 09 | Siguldas SS | 2:23.17 |
| 4 | SIRJAJEVA Arina | 06 | Kipsalas peldbaseins III | 2:30.44 |
| 5 | RITUMA Emilija | 13 | Kipsalas peldbaseins III | 2:37.93 |
| 6 | HALJASPARG Ketter | 11 | Ujumisklubi Briis | 2:49.76 |
| **Heat 4 of 4** | | | | |
| 1 | TREIGUTE Lea | 12 | PS Riga | 2:39.02 |
| 2 | SIRMA Dzenifera | 08 | SK Delfins | 2:33.82 |
| 3 | ROMANJUK Darja | 06 | Spordiklubi Garant | 2:18.12 |
| 4 | ZAIDENTSAL Alessandra | 08 | Spordiklubi Garant | 2:24.89 |
| 5 | PETROVA Diana | 12 | SK Delfins | 2:36.21 |
| 6 | VZENKOVSKA Amelija | 12 | Jelgavas SPS | 2:47.76 |