

Promotions BCBW 2026 S2_S5
Ottignies-Louvain-la-Neuve, 10- - 11-10-2026

Epreuve 107
11-10-26

Messieurs, 400m Libre

11 ans et plus
Liste résultats

Temps limite BCBW - Promotions 11: 6:02.69; 12: 5:41.38; 13: 5:27.57; 14: 5:17.34; 15: 5:11.39; 16: 5:06.99; 17: 4:58.22; 18: 4:51.00; 19 +: 4:39.70

Rang	Nom	Licence	T.I.	Temps final
11 ans				
disq.	ALEVIZOPOULOS, Iason	BEL LSC/212877/15	NT	6:49.63
<i>SW 5.2 - Le nageur n'a pas touché le mur au virage ou à l'arrivée.</i>				
50m:	41.18	41.18	150m: 2:23.50	52.23
100m:	1:31.27	50.09	200m: 3:17.67	54.17
250m:	4:12.74	55.07	300m: 5:06.49	53.75
350m:	6:00.51	54.02	400m:	6:49.63
		49.12		

12 ans				
1.	VANDERSTEENE, Charly	BEL WN/014166/14	5:43.15	5:43.62
50m:	37.49	37.49	150m: 2:03.69	44.35
100m:	1:19.34	41.85	200m: 2:47.01	43.32
250m:	3:31.84	44.83	300m: 4:16.83	44.99
350m:	5:00.95	44.12	400m:	5:43.62
		42.67		
2.	OYARCE BERROCAL, A	BEL CNSW/015846/14	NT	6:38.91
50m:	40.99	40.99	150m: 2:20.35	50.74
100m:	1:29.61	48.62	200m: 3:11.35	51.00
250m:	4:05.09	53.74	300m: 4:58.52	53.43
350m:	5:45.56	47.04	400m:	6:38.91
		53.35		

13 ans				
1.	GIL PENALVA, Luis	ESP CNSW/960541/13	NT	5:01.39 *
50m:	33.56	33.56	150m: 1:48.51	38.21
100m:	1:10.30	36.74	200m: 2:27.31	38.80
250m:	3:06.32	39.01	300m: 3:45.10	38.78
350m:	4:23.93	38.83	400m:	5:01.39
		37.46		
2.	NOWACKI, Mateusz	POL CNSW/014691/13	5:34.51	5:22.48 *
50m:	37.50	37.50	150m: 1:59.46	41.39
100m:	1:18.07	40.57	200m: 2:40.72	41.26
250m:	3:22.03	41.31	300m: 4:03.37	41.34
350m:	4:43.99	40.62	400m:	5:22.48
		38.49		
3.	CARDACI, Alessio	BEL CNSW/015999/13	5:44.55	5:32.69
50m:	37.56	37.56	150m: 2:02.51	42.91
100m:	1:19.60	42.04	200m: 2:44.70	42.19
250m:	3:27.63	42.93	300m: 4:12.87	45.24
350m:	4:55.25	42.38	400m:	5:32.69
		37.44		
4.	GRIGORAS, Victor	BEL CNSW/015268/13	6:40.87	5:39.37
50m:	35.33	35.33	150m: 2:01.38	44.26
100m:	1:17.12	41.79	200m: 2:45.65	44.27
250m:	3:30.54	44.89	300m: 4:15.04	44.50
350m:	4:59.12	44.08	400m:	5:39.37
		40.25		
5.	CHETCUTI, Nate	BEL CNSW/015861/13	NT	6:03.71
50m:	37.65	37.65	150m: 2:06.98	45.06
100m:	1:21.92	44.27	200m: 2:53.42	46.44
250m:	3:41.31	47.89	300m: 4:30.66	49.35
350m:	5:18.36	47.70	400m:	6:03.71
		45.35		
6.	NIEDERLANDER, F.	GER CNSW/014717/13	NT	6:08.68
50m:	38.91	38.91	150m: 2:13.95	49.11
100m:	1:24.84	45.93	200m: 3:01.80	47.85
250m:	3:49.82	48.02	300m: 4:38.09	48.27
350m:	5:26.71	48.62	400m:	6:08.68
		41.97		
7.	DING, Xiangwei	BEL CNSW/015267/13	6:53.58	6:20.18
50m:	39.51	39.51	150m: 2:17.66	50.90
100m:	1:26.76	47.25	200m: 3:07.17	49.51
250m:	3:57.36	50.19	300m: 4:46.36	49.00
350m:	5:34.68	48.32	400m:	6:20.18
		45.50		

14 ans				
1.	PETIT, Eliot	BEL CNBA/014406/12	5:34.05	5:01.81 *
50m:	34.16	34.16	150m: 1:49.64	38.22
100m:	1:11.42	37.26	200m: 2:28.23	38.59
250m:	3:06.97	38.74	300m: 3:45.29	38.32
350m:	4:24.22	38.93	400m:	5:01.81
		37.59		
2.	MUHADRI, Sami	BEL CNBA/236083/12	NT	5:07.64 *
50m:	33.17	33.17	150m: 1:49.89	38.81
100m:	1:11.08	37.91	200m: 2:29.71	39.82
250m:	3:09.49	39.78	300m: 3:49.70	40.21
350m:	4:28.85	39.15	400m:	5:07.64
		38.79		
3.	LOUAFI, Adam	BEL CNBA/014387/12	5:30.42	5:10.13 *
50m:	33.65	33.65	150m: 1:48.92	38.49
100m:	1:10.43	36.78	200m: 2:28.12	39.20
250m:	3:08.39	40.27	300m: 3:49.52	41.13
350m:	4:30.92	41.40	400m:	5:10.13
		39.21		

Promotions BCBW 2026 S2_S5
Ottignies-Louvain-la-Neuve, 10- - 11-10-2026

Epreuve 107, Garçons, 400m Libre, 14 ans

Rang	Nom	Licence				T.I.		Temps final		
4.	CAHUET, Arsene	FRA	CNSW/015891/12	NT				5:37.11		
	50m:	35.54	35.54	150m:	2:02.05	44.12	250m:	3:30.65	44.49	350m: 4:58.88 42.96
	100m:	1:17.93	42.39	200m:	2:46.16	44.11	300m:	4:15.92	45.27	400m: 5:37.11 38.23
5.	HUTSE, Jensen	BEL	CNSW/014692/12	5:58.72				5:47.15		
	50m:	37.51	37.51	150m:	2:03.27	43.31	250m:	3:32.54	45.27	350m: 5:04.14 45.79
	100m:	1:19.96	42.45	200m:	2:47.27	44.00	300m:	4:18.35	45.81	400m: 5:47.15 43.01

15 ans

1.	TERTEROV, Arsène	BEL	CNSW/012492/11	5:12.27				5:16.23		
	50m:	34.93	34.93	150m:	1:53.11	40.03	250m:	3:15.20	41.49	350m: 4:38.13 41.56
	100m:	1:13.08	38.15	200m:	2:33.71	40.60	300m:	3:56.57	41.37	400m: 5:16.23 38.10