

Championnats BCBW 2026 S2_S5 10_11-10-2026
Ottignies-Louvain-la-Neuve, 10 - 11-10-2026

Epreuve 38
11-10-26 - 14:00

Dames, 400m Libre

11 ans et plus
Liste résultats

Temps limite BCBW 11: 6:22.74; 12: 6:03.11; 13: 5:48.57; 14: 5:40.26; 15: 5:29.30; 16: 5:20.05; 17: 5:16.79; 18: 5:09.11; 19 +: 5:04.54

Rang	Nom	Licence	T.I.	Temps final
11 ans				
1.	FONCIER, Poppy	BEL AQUABLA/014774/5:35.80		5:27.46
	50m: 36.80 36.80 150m: 1:59.38 42.10 250m: 3:23.50 42.22 350m: 4:47.66 41.44			
	100m: 1:17.28 40.48 200m: 2:41.28 41.90 300m: 4:06.22 42.72 400m: 5:27.46 39.80			
2.	RUTTIENS VELASQUEZ, BEL	WN/014740/15 5:51.94		5:36.19
	50m: 38.62 38.62 150m: 2:05.45 43.39 250m: 3:31.34 42.59 350m: 4:57.08 42.91			
	100m: 1:22.06 43.44 200m: 2:48.75 43.30 300m: 4:14.17 42.83 400m: 5:36.19 39.11			
3.	TEKDEMIR, Eylul	TUR WN/014739/15 6:04.50		5:38.78
	50m: 37.58 37.58 150m: 2:03.54 43.98 250m: 3:30.93 43.58 350m: 4:58.00 43.55			
	100m: 1:19.56 41.98 200m: 2:47.35 43.81 300m: 4:14.45 43.52 400m: 5:38.78 40.78			
4.	FERRARI, Charlotte	FRA CNSW/015271/15 5:55.14		5:57.41
	50m: 39.00 39.00 150m: 2:07.33 44.81 250m: 3:39.91 46.57 350m: 5:13.77 47.16			
	100m: 1:22.52 43.52 200m: 2:53.34 46.01 300m: 4:26.61 46.70 400m: 5:57.41 43.64			
5.	SAELENS, Alexia	BEL WN/015483/15 6:16.62		6:06.77
	50m: 39.93 39.93 150m: 2:13.18 47.47 250m: 3:49.54 48.18 350m: 5:24.03 45.80			
	100m: 1:25.71 45.78 200m: 3:01.36 48.18 300m: 4:38.23 48.69 400m: 6:06.77 42.74			
6.	KACEJKO, Olivia	POL WN/014735/15 6:05.83		6:07.00
	50m: 43.24 43.24 150m: 2:17.34 47.38 250m: 3:50.38 46.43 350m: 5:22.47 46.89			
	100m: 1:29.96 46.72 200m: 3:03.95 46.61 300m: 4:35.58 45.20 400m: 6:07.00 44.53			
7.	JARDON, Nell	BEL SCR/014988/15 6:16.64		6:12.04
	50m: 40.43 40.43 150m: 2:14.90 48.22 250m: 3:52.92 48.93 350m: 5:28.83 47.06			
	100m: 1:26.68 46.25 200m: 3:03.99 49.09 300m: 4:41.77 48.85 400m: 6:12.04 43.21			
8.	DOLJENCU, Sabrina	BEL BOUST/015881/15 7:08.08		6:36.80 *
	50m: 44.86 44.86 150m: 2:26.12 51.11 250m: 4:08.80 50.90 350m: 5:49.55 49.48			
	100m: 1:35.01 50.15 200m: 3:17.90 51.78 300m: 5:00.07 51.27 400m: 6:36.80 47.25			

12 ans

1.	SABA, Leila	BEL BOUST/013371/14 5:05.85		5:02.80
	50m: 34.80 34.80 150m: 1:51.56 38.62 250m: 3:08.60 38.72 350m: 4:25.77 38.68			
	100m: 1:12.94 38.14 200m: 2:29.88 38.32 300m: 3:47.09 38.49 400m: 5:02.80 37.03			
2.	DE COSTER, Lise	BEL WN/013187/14 5:07.81		5:07.29
	50m: 34.20 34.20 150m: 1:51.40 39.54 250m: 3:10.18 39.58 350m: 4:29.43 39.22			
	100m: 1:11.86 37.66 200m: 2:30.60 39.20 300m: 3:50.21 40.03 400m: 5:07.29 37.86			
3.	DE WITTE, Elise	BEL AQUABLA/013512/5:19.45		5:15.97
	50m: 35.64 35.64 150m: 1:54.83 39.88 250m: 3:15.72 40.92 350m: 4:37.48 40.75			
	100m: 1:14.95 39.31 200m: 2:34.80 39.97 300m: 3:56.73 41.01 400m: 5:15.97 38.49			
4.	NOBELS, Camille	BEL Aquabla/074992/14 5:23.79		5:18.15
	50m: 35.95 35.95 150m: 1:58.07 41.27 250m: 3:20.40 41.16 350m: 4:41.98 40.61			
	100m: 1:16.80 40.85 200m: 2:39.24 41.17 300m: 4:01.37 40.97 400m: 5:18.15 36.17			
5.	BOUCART, Nyssa	BEL AQUABLA/013507/5:21.98		5:18.73
	50m: 36.00 36.00 150m: 1:57.39 40.87 250m: 3:20.01 41.57 350m: 4:40.15 39.75			
	100m: 1:16.52 40.52 200m: 2:38.44 41.05 300m: 4:00.40 40.39 400m: 5:18.73 38.58			
6.	YALCIN, Alin	BEL WN/015832/14 5:27.61		5:18.96
	50m: 37.31 37.31 150m: 1:58.90 41.17 250m: 3:21.21 41.29 350m: 4:43.14 40.94			
	100m: 1:17.73 40.42 200m: 2:39.92 41.02 300m: 4:02.20 40.99 400m: 5:18.96 35.82			
7.	TAZMI, Inès	BEL CNBA/012773/14 5:14.44		5:20.03
	50m: 35.00 35.00 150m: 1:55.61 40.57 250m: 3:18.32 41.53 350m: 4:40.49 40.66			
	100m: 1:15.04 40.04 200m: 2:36.79 41.18 300m: 3:59.83 41.51 400m: 5:20.03 39.54			

Championnats BCBW 2026 S2_S5 10_11-10-2026
Ottignies-Louvain-la-Neuve, 10 - 11-10-2026

Epreuve 38, Filles, 400m Libre, 12 ans

Rang	Nom	Licence	T.I.	Temps final	
8.	LEPOUTRE, Eléonore	BEL AQUABLA/013514/5	40.63	5:21.01	
	50m: 34.82	34.82	150m: 1:55.75	41.37	250m: 3:18.81 40.91 350m: 4:41.95 41.03
	100m: 1:14.38	39.56	200m: 2:37.90	42.15	300m: 4:00.92 42.11 400m: 5:21.01 39.06
9.	DEMARET, Anaëlle	BEL BOUST/013367/14	5:42.54	5:31.79	
	50m: 37.49	37.49	150m: 2:02.61	43.50	250m: 3:27.42 41.89 350m: 4:50.65 41.51
	100m: 1:19.11	41.62	200m: 2:45.53	42.92	300m: 4:09.14 41.72 400m: 5:31.79 41.14
10.	CAI, Qixuan	BEL BOUST/013278/14	5:39.82	5:35.43	
	50m: 36.18	36.18	150m: 2:00.18	43.08	250m: 3:27.88 44.00 350m: 4:54.95 43.18
	100m: 1:17.10	40.92	200m: 2:43.88	43.70	300m: 4:11.77 43.89 400m: 5:35.43 40.48
11.	HORACEK, Gaia	CZE BOUST/015002/14	5:49.17	5:37.09	
	50m: 38.46	38.46	150m: 2:05.01	43.72	250m: 3:32.88 44.35 350m: 4:59.74 43.22
	100m: 1:21.29	42.83	200m: 2:48.53	43.52	300m: 4:16.52 43.64 400m: 5:37.09 37.35
12.	CALAFATIDIS, Anastasia	BEL BOUST/013364/14	5:43.82	5:38.67	
	50m: 37.67	37.67	150m: 2:03.41	43.84	250m: 3:32.07 44.40 350m: 4:59.16 43.20
	100m: 1:19.57	41.90	200m: 2:47.67	44.26	300m: 4:15.96 43.89 400m: 5:38.67 39.51
13.	FAUCON, Amélie	BEL AQUABLA/013510/5	5:51.38	5:40.73	
	50m: 38.69	38.69	150m: 2:05.42	44.59	250m: 3:33.08 44.08 350m: 4:59.31 43.11
	100m: 1:20.83	42.14	200m: 2:49.00	43.58	300m: 4:16.20 43.12 400m: 5:40.73 41.42
14.	POENARU, Maria	ROU CNBA/587907/14	5:42.47	5:44.35	
	50m: 36.87	36.87	150m: 2:03.93	44.93	250m: 3:32.65 44.56 350m: 5:01.21 44.02
	100m: 1:19.00	42.13	200m: 2:48.09	44.16	300m: 4:17.19 44.54 400m: 5:44.35 43.14
15.	DOLJENCU, Olivia	BEL BOUST/015880/14	5:55.04	5:48.40	
	50m: 39.15	39.15	150m: 2:08.44	45.53	250m: 3:38.09 44.61 350m: 5:07.38 44.24
	100m: 1:22.91	43.76	200m: 2:53.48	45.04	300m: 4:23.14 45.05 400m: 5:48.40 41.02
16.	PACAUD, Malia	BEL SCR/015133/14	6:14.40	6:10.02	*
	50m: 41.97	41.97	150m: 2:15.11	47.67	250m: 3:49.61 46.85 350m: 5:25.12 47.13
	100m: 1:27.44	45.47	200m: 3:02.76	47.65	300m: 4:37.99 48.38 400m: 6:10.02 44.90
17.	DUBOIS, Line	BEL SCR/015930/14	NT	6:54.26	*
	50m: 46.37	46.37	150m: 2:34.90	55.00	250m: 4:22.73 54.55 350m: 6:08.53 53.83
	100m: 1:39.90	53.53	200m: 3:28.18	53.28	300m: 5:14.70 51.97 400m: 6:54.26 45.73

13 ans

1.	MASSCHELEIN, Sophie	BEL WN/012125/13	4:54.48	4:48.24	
	50m: 33.30	33.30	150m: 1:46.08	36.70	250m: 2:59.45 36.61 350m: 4:13.38 37.08
	100m: 1:09.38	36.08	200m: 2:22.84	36.76	300m: 3:36.30 36.85 400m: 4:48.24 34.86
2.	KACEJKO, Victoria	POL WN/014143/13	5:19.59	5:03.15	
	50m: 34.57	34.57	150m: 1:51.06	38.40	250m: 3:08.87 39.01 350m: 4:26.76 39.22
	100m: 1:12.66	38.09	200m: 2:29.86	38.80	300m: 3:47.54 38.67 400m: 5:03.15 36.39
3.	DALOZE, Manon	BEL LSC/015902/13	5:31.24	5:14.27	
	50m: 35.51	35.51	150m: 1:55.35	39.97	250m: 3:16.06 40.48 350m: 4:36.95 40.65
	100m: 1:15.38	39.87	200m: 2:35.58	40.23	300m: 3:56.30 40.24 400m: 5:14.27 37.32
4.	BULTOT EL KOUCHI, Inè	BEL WN/013188/13	5:07.94	5:15.25	
	50m: 34.39	34.39	150m: 1:53.81	40.41	250m: 3:14.53 40.92 350m: 4:36.09 40.51
	100m: 1:13.40	39.01	200m: 2:33.61	39.80	300m: 3:55.58 41.05 400m: 5:15.25 39.16
5.	SCARMURE, Emilie	BEL WN/014112/13	5:17.53	5:22.18	
	50m: 36.30	36.30	150m: 1:56.96	40.70	250m: 3:18.85 40.75 350m: 4:41.82 41.42
	100m: 1:16.26	39.96	200m: 2:38.10	41.14	300m: 4:00.40 41.55 400m: 5:22.18 40.36
6.	DELVAUX, Eléa	BEL SCR/015109/13	5:55.71	5:34.89	
	50m: 35.38	35.38	150m: 1:59.92	43.37	250m: 3:27.92 44.16 350m: 4:54.14 43.36
	100m: 1:16.55	41.17	200m: 2:43.76	43.84	300m: 4:10.78 42.86 400m: 5:34.89 40.75

Championnats BCBW 2026 S2_S5 10_11-10-2026
Ottignies-Louvain-la-Neuve, 10 - 11-10-2026

Epreuve 38, Dames, 400m Libre

14 ans

1. QUENTIN, Camille	BEL	LSC/015912/12	4:46.31					4:38.01	
50m: 31.75	31.75	150m: 1:42.29	35.74	250m: 2:53.98	36.18	350m: 4:05.11	35.50		
100m: 1:06.55	34.80	200m: 2:17.80	35.51	300m: 3:29.61	35.63	400m: 4:38.01	32.90		
2. BARSZCZEWSKA, Julia	BEL	WN/015149/12	4:48.65					4:38.04	
50m: 32.67	32.67	150m: 1:43.63	35.86	250m: 2:54.47	35.36	350m: 4:05.01	35.27		
100m: 1:07.77	35.10	200m: 2:19.11	35.48	300m: 3:29.74	35.27	400m: 4:38.04	33.03		
3. VLADU, Irina Maria	ROU	CNBA/012040/12	5:01.63					4:50.39	
50m: 33.55	33.55	150m: 1:47.76	37.68	250m: 3:00.61	35.91	350m: 4:15.54	37.42		
100m: 1:10.08	36.53	200m: 2:24.70	36.94	300m: 3:38.12	37.51	400m: 4:50.39	34.85		
4. SANZ ALEKSEEVA, Emr	BEL	LSC/015899/12	5:09.02					4:54.27	
50m: 33.60	33.60	150m: 1:47.75	37.82	250m: 3:02.60	37.21	350m: 4:18.49	37.57		
100m: 1:09.93	36.33	200m: 2:25.39	37.64	300m: 3:40.92	38.32	400m: 4:54.27	35.78		
5. MARBOUH, Safora	BEL	CNBA/011503/12	5:17.15					5:07.04	
50m: 34.63	34.63	150m: 1:53.71	39.73	250m: 3:12.59	39.48	350m: 4:31.99	40.06		
100m: 1:13.98	39.35	200m: 2:33.11	39.40	300m: 3:51.93	39.34	400m: 5:07.04	35.05		
6. ZHUKOVA, Maria	BEL	CNSW/012761/12	5:32.12					5:09.66	
50m: 35.64	35.64	150m: 1:54.87	40.17	250m: 3:13.74	39.45	350m: 4:32.91	39.48		
100m: 1:14.70	39.06	200m: 2:34.29	39.42	300m: 3:53.43	39.69	400m: 5:09.66	36.75		
7. DZENE, Annika	LAT	CNSW/013210/12	5:16.51					5:21.43	
50m: 35.53	35.53	150m: 1:56.25	40.94	250m: 3:19.84	41.86	350m: 4:43.47	41.40		
100m: 1:15.31	39.78	200m: 2:37.98	41.73	300m: 4:02.07	42.23	400m: 5:21.43	37.96		
8. VANDER STAPPEN, Son	BEL	CNSW/016156/12	5:26.72					5:23.21	
50m: 36.24	36.24	150m: 1:57.64	41.44	250m: 3:21.72	42.31	350m: 4:46.86	42.07		
100m: 1:16.20	39.96	200m: 2:39.41	41.77	300m: 4:04.79	43.07	400m: 5:23.21	36.35		
9. MONFILS-VAN BEETHOV	BEL	L.BOUST/013372/12	5:23.82					5:26.23	
50m: 36.84	36.84	150m: 1:57.63	40.76	250m: 3:21.66	42.28	350m: 4:45.26	40.82		
100m: 1:16.87	40.03	200m: 2:39.38	41.75	300m: 4:04.44	42.78	400m: 5:26.23	40.97		

15 ans

1. SEREY MENDOZA, Mayl	BEL	BOUST/012818/11	5:00.34					4:57.34	
50m: 33.83	33.83	150m: 1:48.75	37.68	250m: 3:04.44	37.51	350m: 4:19.97	37.64		
100m: 1:11.07	37.24	200m: 2:26.93	38.18	300m: 3:42.33	37.89	400m: 4:57.34	37.37		
2. PHILIPPRON, Carolina	BEL	BOUST/012334/11	5:14.98					5:08.37	
50m: 35.01	35.01	150m: 1:52.35	39.01	250m: 3:11.37	39.82	350m: 4:30.59	39.54		
100m: 1:13.34	38.33	200m: 2:31.55	39.20	300m: 3:51.05	39.68	400m: 5:08.37	37.78		
3. EL AOUIRI, Lina	BEL	CNBA/976191/11	5:20.78					5:13.41	
50m: 35.98	35.98	150m: 1:55.31	40.14	250m: 3:14.67	39.40	350m: 4:34.96	40.20		
100m: 1:15.17	39.19	200m: 2:35.27	39.96	300m: 3:54.76	40.09	400m: 5:13.41	38.45		
4. KREMER, Emely	GER	CNBA/012258/11	5:27.80					5:16.73	
50m: 35.92	35.92	150m: 1:55.53	40.02	250m: 3:16.95	40.97	350m: 4:38.56	40.54		
100m: 1:15.51	39.59	200m: 2:35.98	40.45	300m: 3:58.02	41.07	400m: 5:16.73	38.17		
5. SIMEONOV, Alexandra	BEL	AQUABLA/093672/5	5:49.01					5:27.57	
50m: 36.23	36.23	150m: 1:57.53	41.37	250m: 3:21.03	41.86	350m: 4:45.94	42.22		
100m: 1:16.16	39.93	200m: 2:39.17	41.64	300m: 4:03.72	42.69	400m: 5:27.57	41.63		

16 ans

1. MOLINA FUEYO, Marisa	BEL	WN/011919/10	4:59.54					4:53.23	
50m: 32.99	32.99	150m: 1:46.88	37.40	250m: 3:02.21	37.54	350m: 4:17.44	37.39		
100m: 1:09.48	36.49	200m: 2:24.67	37.79	300m: 3:40.05	37.84	400m: 4:53.23	35.79		
2. KALONJI, Elise	BEL	SCR/592048/10	5:34.76					5:17.07	
50m: 35.65	35.65	150m: 1:56.09	40.76	250m: 3:18.54	40.75	350m: 4:39.05	39.51		
100m: 1:15.33	39.68	200m: 2:37.79	41.70	300m: 3:59.54	41.00	400m: 5:17.07	38.02		

Championnats BCBW 2026 S2_S5 10_11-10-2026
Ottignies-Louvain-la-Neuve, 10- - 11-10-2026

Epreuve 38, Dames, 400m Libre

17 - 18 ans

1. HARTITI, Maissane	BEL	CNBA/010014/08	4:47.25				5:01.10	
50m:	32.20	32.20	150m:	1:46.12	37.80	250m:	3:04.07	39.87
100m:	1:08.32	36.12	200m:	2:24.71	38.59	300m:	3:43.20	39.13
350m:							4:23.07	39.87
400m:							5:01.10	38.03
2. ZIPPER, Evy	BEL	CNSW/010567/09	5:03.72				5:02.23	
50m:	32.76	32.76	150m:	1:47.10	37.83	250m:	3:05.00	39.27
100m:	1:09.27	36.51	200m:	2:25.73	38.63	300m:	3:44.63	39.63
350m:							4:24.15	39.52
400m:							5:02.23	38.08

19 ans et plus

1. COLINET, Manon	BEL	CNSW/012926/07	4:40.70				4:36.77	
50m:	31.81	31.81	150m:	1:41.05	34.87	250m:	2:51.66	35.32
100m:	1:06.18	34.37	200m:	2:16.34	35.29	300m:	3:27.11	35.45
350m:							4:02.54	35.43
400m:							4:36.77	34.23
2. COLINET, Charlotte	BEL	CNSW/012927/07	4:50.64				4:47.13	
50m:	32.49	32.49	150m:	1:44.01	36.03	250m:	2:56.72	36.75
100m:	1:07.98	35.49	200m:	2:19.97	35.96	300m:	3:33.63	36.91
350m:							4:10.77	37.14
400m:							4:47.13	36.36
3. HERMANS, Célia	BEL	BOUST/003434/04	4:35.66				4:56.77	
50m:	32.36	32.36	150m:	1:45.70	37.23	250m:	3:02.52	38.56
100m:	1:08.47	36.11	200m:	2:23.96	38.26	300m:	3:41.38	38.86
350m:							4:19.65	38.27
400m:							4:56.77	37.12