

Limietwedstrijd KB 2026
Nijmegen, 17-10-2026

Programmanr. 32
17-10-2026 - 16:49

Dames, 400m wisselslag

10 jaar en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Fenna Reijmers	CWW Swimteam	5:35.23 200800244	5:36.95	
	50m: 35.77	35.77 150m: 2:04.06	44.56 250m: 3:32.06	45.64 350m: 4:58.80	39.94
	100m: 1:19.50	43.73 200m: 2:46.42	42.36 300m: 4:18.86	46.80 400m: 5:36.95	38.15
2.	Lena Verplak	Aqua-Novio'94	6:17.90 201400512	5:49.28	
	50m: 37.05	37.05 150m: 2:05.08	42.81 250m: 3:39.17	52.03 350m: 5:11.49	39.88
	100m: 1:22.27	45.22 200m: 2:47.14	42.06 300m: 4:31.61	52.44 400m: 5:49.28	37.79
3.	Sophia Heusinkveld	De Berkelduikers	5:57.05 201301552	5:53.21	
	50m:	150m:	250m:	350m:	
	100m: 1:27.08	200m:	300m:	400m: 5:53.21	
4.	Danique van de Werken	Olympia	6:10.27 200701672	6:11.22	
	50m: 38.15	38.15 150m: 2:16.30	52.05 250m: 3:56.85	50.08 350m: 5:30.60	42.23
	100m: 1:24.25	46.10 200m: 3:06.77	50.47 300m: 4:48.37	51.52 400m: 6:11.22	40.62
5.	Liz Miller	ZWK Merlet	6:33.73 201201234	6:13.88	
	50m: 44.06	44.06 150m: 2:24.16	47.65 250m: 4:01.21	50.90 350m: 5:35.22	42.29
	100m: 1:36.51	52.45 200m: 3:10.31	46.15 300m: 4:52.93	51.72 400m: 6:13.88	38.66