

Programmanr. 317
11/10/2026 - 17:06

Dames, 400m vrije slag

11 jaar en ouder
Resultaten

Punten: AQUA 2026

Rang					Inschr.	Tijd	Pnt		
jeugd 1 - B-zwemmers									voorlopige resultaten
1.	Neculae Maria Iulia				ALZV/21186/14	5:35.98	5:40.04	310	
	50m:			150m:		250m:		350m:	
	100m:	1:15.81		200m:	2:43.32	300m:		400m:	5:40.04
2.	Clabaut Elina				DIZV/21156/14	5:46.55	5:41.78	305	
	50m:			150m:		250m:		350m:	
	100m:	1:21.29		200m:	2:50.07	300m:		400m:	5:41.78
3.	Pinte Ella				ALZV/21175/15	5:48.66	5:47.17	291	
	50m:	38.46	38.46	150m:		250m:		350m:	
	100m:	1:22.03	43.57	200m:	2:52.03	300m:		400m:	5:47.17
4.	Willem Nore				KAZS/21225/14	5:55.36	5:50.54	283	
	50m:	38.64	38.64	150m:		250m:		350m:	
	100m:	1:22.40	43.76	200m:	2:52.79	300m:		400m:	5:50.54
5.	Vanderoost Anna				DIZV/21152/14	6:03.62	5:50.86	282	
	50m:	38.87	38.87	150m:		250m:		350m:	
	100m:	1:22.48	43.61	200m:	2:52.78	300m:		400m:	5:50.86
6.	Willen Lenthe				KAZS/21212/15	6:00.06	5:54.61	273	
	50m:	39.53	39.53	150m:		250m:		350m:	
	100m:	1:23.55	44.02	200m:	2:54.67	300m:		400m:	5:54.61
7.	Van Hoeymissen Janne				ALZV/21180/14	5:55.77	5:57.84	266	
	50m:	39.90	39.90	150m:		250m:		350m:	
	100m:	1:24.88	44.98	200m:	2:58.90	300m:		400m:	5:57.84
8.	Reyniers Sinne				ZCK/22143/14	6:35.93	6:20.65	221	
	50m:			150m:		250m:		350m:	
	100m:	1:31.55		200m:	3:08.15	300m:		400m:	6:20.65
9.	Props Karlien				DIZV/21151/15	6:37.31	6:24.49	214	
	50m:	41.81	41.81	150m:		250m:		350m:	
	100m:	1:29.87	48.06	200m:	3:09.86	300m:		400m:	6:24.49
10.	Dia Guinée Angelina				DIZV/21157/14	8:10.19	6:30.69	204	
	50m:	43.17	43.17	150m:		250m:		350m:	
	100m:	1:32.74	49.57	200m:	3:13.52	300m:		400m:	6:30.69
11.	Put Julie				KAZS/21230/15	6:51.95	6:31.70	203	
	50m:			150m:		250m:		350m:	
	100m:	1:31.11		200m:	3:10.44	300m:		400m:	6:31.70
12.	Michiels Evelyn				DIZV/21153/15	6:48.61	6:36.59	195	
	50m:	45.69	45.69	150m:		250m:		350m:	
	100m:	1:36.68	50.99	200m:	3:17.81	300m:		400m:	6:36.59
13.	Verheyen Charlotte				KAZS/21232/14	6:55.07	6:46.15	182	
	50m:	44.27	44.27	150m:		250m:		350m:	
	100m:	1:35.78	51.51	200m:	3:22.50	300m:		400m:	6:46.15
14.	Degreef Emelie				KAZS/21214/14	7:38.99	6:47.69	180	
	50m:			150m:		250m:		350m:	
	100m:	1:35.19		200m:	3:21.44	300m:		400m:	6:47.69
dis	Pinnock Anna				di:SCWR/21080/14	6:00.07			
4.4 - Start initiëren voor het signaal									

jeugd 1 - A-zwemmers

voorlopige resultaten

1.	Ndiaye Mai			DDAT/21170/14	5:06.24	5:02.74	439
	50m:	33.75	33.75	150m:		250m:	
	100m:	1:11.35	37.60	200m:	2:28.32	300m:	400m: 5:02.74

Programmanr. 317, Meisjes, 400m vrije slag, jeugd 1 - A-zwemmers

Rang				Inscr.	Tijd	Pnt
2.	Seghers Milla			ZCK/22131/15 5:28.73	5:17.47	381
	50m: 36.35	36.35	150m:	250m:	350m:	
	100m: 1:16.40	40.05	200m: 2:37.36	300m:	400m: 5:17.47	

dis Anslot Méline dis:SCWR/21075/15 5:38.84

4.4 - Start initiëren voor het signaal

jeugd 2 -B-zwemmers

voorlopige resultaten

1.	Moxhet Tess			DIZV/21133/13 5:27.49	5:20.37	371
	50m:		150m:	250m:	350m:	
	100m: 1:17.09		200m: 2:39.76	300m:	400m: 5:20.37	
2.	Vermeir Josefien			DDAT/21171/13 6:01.17	5:23.47	360
	50m: 36.25	36.25	150m:	250m:	350m:	
	100m: 1:17.64	41.39	200m: 2:40.10	300m:	400m: 5:23.47	
3.	De Wilde Margot			DIZV/21131/13 5:42.36	5:25.90	352
	50m: 35.10	35.10	150m:	250m:	350m:	
	100m: 1:14.34	39.24	200m: 2:37.86	300m:	400m: 5:25.90	
4.	Van Hoylandt Julie			KVZP/21106/13 5:53.44	5:29.59	340
	50m:		150m:	250m:	350m:	
	100m: 1:18.74		200m: 2:44.09	300m:	400m: 5:29.59	
5.	Tronckoe Bente			DDAT/21167/13 5:59.79	5:38.68	314
	50m:		150m:	250m:	350m:	
	100m: 1:17.26		200m: 2:43.59	300m:	400m: 5:38.68	
6.	Vermoesen Estée			DDAT/21169/12 5:43.47	5:42.07	304
	50m: 38.00	38.00	150m:	250m:	350m:	
	100m: 1:19.50	41.50	200m: 2:44.55	300m:	400m: 5:42.07	
7.	Van Rossen Axelle			ALZV/21148/12 6:05.42	5:51.77	280
	50m: 36.42	36.42	150m:	250m:	350m:	
	100m: 1:19.42	43.00	200m: 2:49.66	300m:	400m: 5:51.77	
8.	Willen Luna			KAZS/21221/13 5:40.62	5:51.98	279
	50m:		150m:	250m:	350m:	
	100m: 1:22.16		200m: 2:52.02	300m:	400m: 5:51.98	
9.	De Bus Alissia			DIZV/21125/12 NT	5:57.28	267
	50m: 39.39	39.39	150m:	250m:	350m:	
	100m:		200m: 2:56.82	300m:	400m: 5:57.28	
10.	Vanderoost Clara			DIZV/21148/13 5:55.49	5:58.38	265
	50m: 40.42	40.42	150m:	250m:	350m:	
	100m: 1:25.38	44.96	200m: 2:58.28	300m:	400m: 5:58.38	
11.	La Marca Emma			DIZV/21159/13 6:32.17	6:26.74	211
	50m: 41.23	41.23	150m:	250m:	350m:	
	100m: 1:29.33	48.10	200m: 3:08.99	300m:	400m: 6:26.74	

jeugd 2 -A-zwemmers

voorlopige resultaten

1.	Wyffels Louise Marie			DDAT/21150/13 5:00.37	4:57.09	465
	50m: 32.61	32.61	150m:	250m:	350m:	
	100m: 1:09.30	36.69	200m: 2:25.54	300m:	400m: 4:57.09	
2.	Nuytkens Marie			ZCK/22113/13 5:07.73	5:06.49	423
	50m: 33.28	33.28	150m:	250m:	350m:	
	100m: 1:11.30	38.02	200m: 2:29.34	300m:	400m: 5:06.49	
3.	Van Roy Onah			DDAT/21196/13 5:06.91	5:10.41	408
	50m:		150m:	250m:	350m:	
	100m: 1:12.73		200m: 2:32.23	300m:	400m: 5:10.41	

Programmanr. 317, Dames, 400m vrije slag

jeugd 3 -B-zwimmers

voorlopige resultaten

1.	Van Der Meeren Lotte	DDAT/21118/10	4:57.90	4:55.15	474
	50m: 32.71 32.71	150m:	250m:	350m:	
	100m: 1:08.68 35.97	200m: 2:23.62	300m:	400m: 4:55.15	
2.	Roelant Siska	KVZP/21088/11	5:04.28	5:10.56	407
	50m:	150m:	250m:	350m:	
	100m: 1:15.19	200m: 2:35.50	300m:	400m: 5:10.56	
3.	Reyniers Fien	ZCK/22114/11	5:25.73	5:15.47	388
	50m: 36.19 36.19	150m:	250m:	350m:	
	100m: 1:15.99 39.80	200m: 2:36.71	300m:	400m: 5:15.47	
4.	De Tollenaere Laura	ZCK/22135/11	5:20.72	5:27.84	346
	50m: 35.50 35.50	150m:	250m:	350m:	
	100m: 1:14.50 39.00	200m: 2:37.76	300m:	400m: 5:27.84	
5.	De Wilde Lore	DIZV/21127/11	5:24.94	5:28.71	343
	50m:	150m:	250m:	350m:	
	100m: 1:17.53	200m: 2:41.22	300m:	400m: 5:28.71	
6.	Van Steenwinkel Esther	KVZP/21095/10	5:32.37	5:33.49	329
	50m: 37.22 37.22	150m:	250m:	350m:	
	100m: 1:18.38 41.16	200m: 2:42.25	300m:	400m: 5:33.49	
7.	Derijcke Laura	DIZV/21111/10	5:35.39	5:47.58	290
	50m: 36.59 36.59	150m:	250m:	350m:	
	100m: 1:18.83 42.24	200m: 2:48.18	300m:	400m: 5:47.58	
8.	Muyldermans Sam	ALZV/21166/11	NT	5:54.59	273
	50m: 39.27 39.27	150m:	250m:	350m:	
	100m: 1:23.45 44.18	200m: 2:56.44	300m:	400m: 5:54.59	
9.	Brams Ann-Sophie	ALZV/21149/11	6:05.45	6:02.48	256
	50m:	150m:	250m:	350m:	
	100m: 1:23.91	200m: 2:56.30	300m:	400m: 6:02.48	

jeugd 3 -A-zwimmers

voorlopige resultaten

1.	Verherstraeten Lore	DIZV/21108/11	4:50.97	4:51.06	495
	50m: 31.71 31.71	150m:	250m:	350m:	
	100m: 1:07.77 36.06	200m: 2:23.64	300m:	400m: 4:51.06	

17 jaar en ouder

voorlopige resultaten

1.	Dalemans Lyn	ZCK/22065/09	4:31.79	4:36.19	579
	50m: 30.71 30.71	150m:	250m:	350m:	
	100m: 1:04.75 34.04	200m: 2:14.30	300m:	400m: 4:36.19	
2.	Geens Amélie	ZCK/22094/09	4:47.69	4:48.88	506
	50m:	150m:	250m:	350m:	
	100m: 1:07.03	200m: 2:20.56	300m:	400m: 4:48.88	