Event 11 | Women, 400m Freestyle | Open
17.10.2026 - 10:45 | Results

Points: AQUA 2026

Rank		YB			Time	Pts

2012 and older

1.	SKRABE Liene Evelina			11	Valmieras SS							**4:54.04**	480	
	50m:	32.63	32.63	150m:	1:45.97	37.19	250m:	3:01.32	37.85	350m:	4:17.17	37.62		
	100m:	1:08.78	36.15	200m:	2:23.47	37.50	300m:	3:39.55	38.23	400m:	4:54.04	36.87		
2.	MEZALE Karlina			11	Valmieras SS							**5:13.20**	397	
	50m:	35.50	35.50	150m:	1:55.22	40.72	250m:	3:15.64	40.28	350m:	4:35.22	39.62		
	100m:	1:14.50	39.00	200m:	2:35.36	40.14	300m:	3:55.60	39.96	400m:	5:13.20	37.98		
3.	LAURSONE Andzelina			11	Valmieras SS							**5:13.49**	396	
	50m:	36.02	36.02	150m:	1:56.61	40.76	250m:	3:16.84	40.19	350m:	4:36.08	39.53		
	100m:	1:15.85	39.83	200m:	2:36.65	40.04	300m:	3:56.55	39.71	400m:	5:13.49	37.41		
4.	KUBLICKA Elza Monika			08	Valmieras SS							**5:16.23**	386	
	50m:	34.50	34.50	150m:	1:53.23	40.25	250m:	3:14.70	41.02	350m:	4:36.45	40.96		
	100m:	1:12.98	38.48	200m:	2:33.68	40.45	300m:	3:55.49	40.79	400m:	5:16.23	39.78		
5.	CAUNE Katrine			12	Valmieras SS							**5:23.94**	359	
	50m:	37.50	37.50	150m:	2:00.00	41.25	250m:	3:23.64	41.69	350m:	4:46.77	41.17		
	100m:	1:18.75	41.25	200m:	2:41.95	41.95	300m:	4:05.60	41.96	400m:	5:23.94	37.17		
6.	OGSTE Rebeka			12	Valmieras SS							**5:29.97**	339	
	50m:	35.00	35.00	150m:	1:57.88	42.10	250m:	3:22.98	42.85	350m:	4:50.14	43.57		
	100m:	1:15.78	40.78	200m:	2:40.13	42.25	300m:	4:06.57	43.59	400m:	5:29.97	39.83		
7.	VILLE Polina			10	Valmieras SS							**5:43.39**	301	
	50m:	38.31	38.31	150m:	2:04.30	43.50	250m:	3:31.87	43.78	350m:	5:01.12	44.38		
	100m:	1:20.80	42.49	200m:	2:48.09	43.79	300m:	4:16.74	44.87	400m:	5:43.39	42.27		
8.	KLAVINA Elza Elizabete			12	Valmieras SS							**5:52.92**	277	
	50m:	39.03	39.03	150m:	2:08.46	44.98	250m:	3:39.82	45.42	350m:	5:11.41	45.61		
	100m:	1:23.48	44.45	200m:	2:54.40	45.94	300m:	4:25.80	45.98	400m:	5:52.92	41.51		
9.	SPIRGE Tabita			12	Valmieras SS							**6:01.90**	257	
	50m:	41.28	41.28	150m:	2:12.62	46.22	250m:	3:45.30	46.57	350m:	5:19.29	46.47		
	100m:	1:26.40	45.12	200m:	2:58.73	46.11	300m:	4:32.82	47.52	400m:	6:01.90	42.61		
10.	MAIZITE Alise			12	Valmieras SS							**6:20.09**	222	
	50m:	43.35	43.35	150m:	2:19.52	48.73	250m:	3:57.27	48.53	350m:	5:35.49	48.74		
	100m:	1:30.79	47.44	200m:	3:08.74	49.22	300m:	4:46.75	49.48	400m:	6:20.09	44.60		

YOB 2013 - 2014

1.	VIKSNA Leticija Alma			13	Valmieras SS							**5:30.43**	338	
	50m:	35.15	35.15	150m:	1:56.71	41.10	250m:	3:21.61	42.04	350m:	4:47.29	43.17		
	100m:	1:15.61	40.46	200m:	2:39.57	42.86	300m:	4:04.12	42.51	400m:	5:30.43	43.14		
2.	FREIMANE Katrina			14	Valmieras SS							**5:42.04**	305	
	50m:	38.94	38.94	150m:	2:06.76	43.82	250m:	3:36.18	44.00	350m:	5:03.01	43.42		
	100m:	1:22.94	44.00	200m:	2:52.18	45.42	300m:	4:19.59	43.41	400m:	5:42.04	39.03		
3.	MAGNUSA Elza			13	RSS Ridzene							**5:43.35**	301	
	50m:	37.75	37.75	150m:	2:06.91	45.39	250m:	3:35.68	44.06	350m:	5:02.97	43.21		
	100m:	1:21.52	43.77	200m:	2:51.62	44.71	300m:	4:19.76	44.08	400m:	5:43.35	40.38		
4.	SMIRNOVA Milana			14	Valmieras SS							**5:49.13**	286	
	50m:	39.48	39.48	150m:	2:10.42	46.42	250m:	3:42.80	46.08	350m:	5:10.76	43.43		
	100m:	1:24.00	44.52	200m:	2:56.72	46.30	300m:	4:27.33	44.53	400m:	5:49.13	38.37		

Event 11, Girls, 400m Freestyle, YOB 2013 - 2014

Rank		YB		Time	Pts
5.	GROZA Kate	13	RSS Ridzene	**6:00.44**	260
	50m: 39.34 39.34 150m: 2:10.35 46.21 250m: 3:42.85 46.07 350m: 5:16.43 47.07				
	100m: 1:24.14 44.80 200m: 2:56.78 46.43 300m: 4:29.36 46.51 400m: 6:00.44 44.01				
6.	REKE Elza	13	RSS Ridzene	**6:03.10**	254
	50m: 41.24 41.24 150m: 2:13.15 46.02 250m: 3:46.10 46.93 350m: 5:19.88 46.66				
	100m: 1:27.13 45.89 200m: 2:59.17 46.02 300m: 4:33.22 47.12 400m: 6:03.10 43.22				
7.	BELASOVA Perle	13	RSS Ridzene	**6:03.98**	253
	50m: 41.60 41.60 150m: 2:13.81 46.29 250m: 3:47.26 47.18 350m: 5:19.70 45.19				
	100m: 1:27.52 45.92 200m: 3:00.08 46.27 300m: 4:34.51 47.25 400m: 6:03.98 44.28				
8.	VIDAUSKA Adina	13	RSS Ridzene	**6:06.63**	247
	50m: 40.87 40.87 150m: 2:13.54 46.42 250m: 3:48.42 47.69 350m: 5:22.86 47.19				
	100m: 1:27.12 46.25 200m: 3:00.73 47.19 300m: 4:35.67 47.25 400m: 6:06.63 43.77				
9.	BUKOVA Paula	14	Valmieras SS	**6:07.03**	246
	50m: 40.04 40.04 150m: 2:11.10 46.49 250m: 3:46.67 48.42 350m: 5:23.22 48.65				
	100m: 1:24.61 44.57 200m: 2:58.25 47.15 300m: 4:34.57 47.90 400m: 6:07.03 43.81				
10.	LUDZISA Emma Emilija	14	RSS Ridzene	**6:10.79**	239
	50m: 41.54 41.54 150m: 2:14.39 46.59 250m: 3:49.79 48.25 350m: 5:26.73 47.85				
	100m: 1:27.80 46.26 200m: 3:01.54 47.15 300m: 4:38.88 49.09 400m: 6:10.79 44.06				
11.	TREZINA Undine	13	RSS Ridzene	**6:30.41**	205
	50m: 45.29 45.29 150m: 2:25.60 50.98 250m: 4:06.77 50.44 350m: 5:44.69 48.90				
	100m: 1:34.62 49.33 200m: 3:16.33 50.73 300m: 4:55.79 49.02 400m: 6:30.41 45.72				
12.	KALVINA Emilija	13	RSS Ridzene	**6:35.52**	197
	50m: 44.35 44.35 150m: 2:24.47 51.47 250m: 4:07.18 50.75 350m: 5:48.64 52.63				
	100m: 1:33.00 48.65 200m: 3:16.43 51.96 300m: 4:56.01 48.83 400m: 6:35.52 46.88				
13.	STAROVOITOVA Dzemma	14	PK Ogre	**6:35.72**	196
	50m: 43.67 43.67 150m: 2:25.42 51.66 250m: 4:07.18 50.63 350m: 5:48.00 50.75				
	100m: 1:33.76 50.09 200m: 3:16.55 51.13 300m: 4:57.25 50.07 400m: 6:35.72 47.72				

2015 and younger

1.	GAULE Elizabete	15	PK Ogre	**5:45.32**	296
	50m: 38.59 38.59 150m: 2:06.23 44.23 250m: 3:35.00 44.55 350m: 5:03.02 44.09				
	100m: 1:22.00 43.41 200m: 2:50.45 44.22 300m: 4:18.93 43.93 400m: 5:45.32 42.30				
2.	BERTINA Mara	15	Valmieras SS	**5:54.52**	273
	50m: 36.06 36.06 150m: 2:03.77 45.43 250m: 3:37.30 47.07 350m: 5:12.26 47.52				
	100m: 1:18.34 42.28 200m: 2:50.23 46.46 300m: 4:24.74 47.44 400m: 5:54.52 42.26				
3.	MARIMONOVA Polina	15	PK Ogre	**6:24.60**	214
	50m: 41.16 41.16 150m: 2:20.88 50.63 250m: 4:01.77 50.93 350m: 5:40.38 49.25				
	100m: 1:30.25 49.09 200m: 3:10.84 49.96 300m: 4:51.13 49.36 400m: 6:24.60 44.22				
4.	NEIBERGA Enija Beatrise	17	PK Ogre	**6:40.49**	190
	50m: 46.40 46.40 150m: 2:31.21 51.66 250m: 4:15.61 52.52 350m: 5:55.09 47.70				
	100m: 1:39.55 53.15 200m: 3:23.09 51.88 300m: 5:07.39 51.78 400m: 6:40.49 45.40				
5.	MARIMONOVA Arina	15	PK Ogre	**6:55.12**	170
	50m: 44.69 44.69 150m: 2:31.47 53.83 250m: 4:18.76 53.26 350m: 6:06.09 53.97				
	100m: 1:37.64 52.95 200m: 3:25.50 54.03 300m: 5:12.12 53.36 400m: 6:55.12 49.03				