

PK 25m 2026
EEKLO, 3 - 4/10/2026

Programmanr. 14
3/10/2026 - 15:55

Dames, 400m vrije slag

13 jaar en ouder
Resultaten

Punten: AQUA 2025

Rang	Inschr.	Tijd	Pnt
13 - 14 jaar			
1. Rutsaert Emily	STA/21067/12 4:40.43	4:40.51	553
50m:	150m:	250m:	350m:
100m: 1:06.06	200m: 2:18.03	300m:	400m: 4:40.51
2. Claeys Romee	SOS/21038/12 4:54.90	4:46.12	521
50m:	150m:	250m:	350m:
100m: 1:09.07	200m: 2:22.34	300m:	400m: 4:46.12
3. Verluyten Niene	TSZ/41093/12 4:46.34	4:51.32	493
50m:	150m:	250m:	350m:
100m: 1:10.17	200m: 2:25.61	300m:	400m: 4:51.32
4. Lammens Alix	STW/21275/13 4:50.40	4:53.05	485
50m:	150m:	250m:	350m:
100m: 1:08.32	200m: 2:22.54	300m:	400m: 4:53.05
5. Boterbergh Lieke	AST/21065/12 5:08.13	4:54.85	476
50m:	150m:	250m:	350m:
100m: 1:10.66	200m: 2:26.81	300m:	400m: 4:54.85
6. Van De Winkel Lola	AZL/21106/12 5:11.46	5:00.90	448
50m:	150m:	250m:	350m:
100m: 1:11.53	200m: 2:28.53	300m:	400m: 5:00.90
7. Blancquaert Camille	MEGA/21348/12 5:09.66	5:09.23	412
50m:	150m:	250m:	350m:
100m: 1:13.21	200m: 2:30.99	300m:	400m: 5:09.23
8. Van der Plas Lotte	MEGA/21393/13 5:15.02	5:12.39	400
50m:	150m:	250m:	350m:
100m: 1:11.54	200m: 2:31.02	300m:	400m: 5:12.39
9. Degrande An	FIRST/21262/12 5:26.25	5:14.48	392
50m:	150m:	250m:	350m:
100m: 1:15.42	200m: 2:35.58	300m:	400m: 5:14.48
10. Dierickx Maren	SOS/21004/12 5:39.18	5:18.06	379
50m:	150m:	250m:	350m:
100m: 1:15.69	200m: 2:38.65	300m:	400m: 5:18.06
11. Mertens Xiana	RSC/21110/12 5:30.82	5:18.51	377
50m:	150m:	250m:	350m:
100m: 1:16.42	200m: 2:36.77	300m:	400m: 5:18.51
12. Vandenhoecke Alaïs	RSC/21116/13 5:37.84	5:22.55	363
50m:	150m:	250m:	350m:
100m: 1:17.25	200m: 2:39.96	300m:	400m: 5:22.55
13. De Mey Aurora	MEGA/21556/12 5:31.66	5:24.38	357
50m:	150m:	250m:	350m:
100m: 1:17.68	200m: 2:42.31	300m:	400m: 5:24.38
14. Vander Mijnsbrugge Lore	AZL/21109/12 5:15.72	5:25.06	355
50m:	150m:	250m:	350m:
100m: 1:15.63	200m: 2:38.31	300m:	400m: 5:25.06
15. Jacob Emma	ZNA/21412/13 5:41.78	5:31.50	335
50m:	150m:	250m:	350m:
100m: 1:19.40	200m: 2:44.88	300m:	400m: 5:31.50
16. Laga Lore	SOS/21007/13 5:44.81	5:31.51	335
50m:	150m:	250m:	350m:
100m: 1:17.47	200m: 2:43.08	300m:	400m: 5:31.51

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Programmanr. 14, Dames, 400m vrije slag

15 - 16 jaar

1.	De Decker Febe	MEGA/21363/10	4:46.31	4:38.70	563
	50m:	150m:	250m:	350m:	
	100m: 1:04.90	200m: 2:14.84	300m:	400m: 4:38.70	
2.	Verluyten Leni	TSZ/21094/10	4:41.70	4:39.71	557
	50m:	150m:	250m:	350m:	
	100m: 1:05.00	200m: 2:15.76	300m:	400m: 4:39.71	
3.	De Mulder Chloë	STA/21049/10	4:42.30	4:43.46	535
	50m:	150m:	250m:	350m:	
	100m: 1:08.25	200m: 2:19.53	300m:	400m: 4:43.46	
4.	Van Den Brecht Sarah	AZL/21085/10	4:44.74	4:45.23	526
	50m:	150m:	250m:	350m:	
	100m: 1:06.31	200m: 2:19.13	300m:	400m: 4:45.23	
5.	Guisset Jelle	AST/21057/10	4:43.24	4:50.56	497
	50m:	150m:	250m:	350m:	
	100m: 1:08.50	200m: 2:22.57	300m:	400m: 4:50.56	
6.	Murat Irem	TSZ/21050/10	4:56.08	4:54.39	478
	50m:	150m:	250m:	350m:	
	100m: 1:08.43	200m: 2:23.05	300m:	400m: 4:54.39	
7.	Van Ooteghem Kyana	RSC/21137/11	4:55.85	5:05.11	429
	50m:	150m:	250m:	350m:	
	100m: 1:11.50	200m: 2:28.48	300m:	400m: 5:05.11	
8.	Strobbe Maja	SOS/21039/11	5:07.49	5:08.49	415
	50m:	150m:	250m:	350m:	
	100m: 1:12.48	200m: 2:31.59	300m:	400m: 5:08.49	
9.	Van Brabant Mila	FIRST/21268/10	5:28.16	5:08.82	414
	50m:	150m:	250m:	350m:	
	100m: 1:13.88	200m: 2:33.08	300m:	400m: 5:08.82	
10.	Hoebbeek Tinne	ZNA/21330/10	5:21.57	5:17.28	382
	50m:	150m:	250m:	350m:	
	100m: 1:15.27	200m: 2:36.94	300m:	400m: 5:17.28	
11.	Colpaert Julie	SWEM/21071/11	5:12.24	5:19.76	373
	50m:	150m:	250m:	350m:	
	100m: 1:14.97	200m: 2:36.67	300m:	400m: 5:19.76	
12.	Bulckaen Janne	SOS/21041/11	5:23.50	5:20.47	370
	50m:	150m:	250m:	350m:	
	100m: 1:15.96	200m: 2:37.07	300m:	400m: 5:20.47	
13.	Taelman Yade	SWEM/21085/11	5:25.43	5:31.25	335
	50m:	150m:	250m:	350m:	
	100m: 1:18.53	200m: 2:42.43	300m:	400m: 5:31.25	

17 - 18 jaar

1.	De Bont Sam	TSZ/21105/08	4:28.10	4:24.82	657
	50m:	150m:	250m:	350m:	
	100m: 1:03.83	200m: 2:11.27	300m:	400m: 4:24.82	
2.	Van Avondt Lina	STA/21039/09	4:26.40	4:28.28	632
	50m:	150m:	250m:	350m:	
	100m: 1:03.33	200m: 2:11.58	300m:	400m: 4:28.28	
3.	Delpoort Lotte	STW/21156/09	4:40.62	4:41.71	545
	50m:	150m:	250m:	350m:	
	100m: 1:06.75	200m: 2:17.40	300m:	400m: 4:41.71	
4.	Baeke Stine	MEGA/21332/09	4:58.45	5:08.04	417
	50m:	150m:	250m:	350m:	
	100m: 1:11.32	200m: 2:29.46	300m:	400m: 5:08.04	

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Programmanr. 14, Meisjes, 400m vrije slag, 17 - 18 jaar

Rang				Inscr.	Tijd	Pnt
5.	De Winter Lore			SWEM/21118/09 5:45.00	5:30.15	339
	50m:	150m:	250m:	350m:		
	100m: 1:16.79	200m: 2:42.13	300m:	400m: 5:30.15		