

PK 25m 2026
Mol, 3 - 4/10/2026

Programmanr. 34
4/10/2026 - 16:09

Dames, 400m wisselslag

13 jaar en ouder
Resultaten

Punten: AQUA 2025

Rang	Inschr.							Tijd	Pnt			
13 - 14 jaar												
1.	Verret Julie		ZS/21124/12				5:34.03	5:34.13	447			
	50m:	35.87	35.87	150m:	2:01.45	44.03	250m:	3:31.02	48.52	350m:	4:58.50	39.12
	100m:	1:17.42	41.55	200m:	2:42.50	41.05	300m:	4:19.38	48.36	400m:	5:34.13	35.63
2.	Basstanie Liene		ZN/21063/12				5:35.54	5:39.61	425			
	50m:	35.59	35.59	150m:	2:02.28	42.94	250m:	3:32.59	48.31	350m:	5:01.67	40.04
	100m:	1:19.34	43.75	200m:	2:44.28	42.00	300m:	4:21.63	49.04	400m:	5:39.61	37.94
3.	Brouwers Phebe		AZK/21088/13				6:05.08	5:43.63	410			
	50m:	35.90	35.90	150m:	2:05.39	45.49	250m:	3:36.45	48.53	350m:	5:05.64	40.07
	100m:	1:19.90	44.00	200m:	2:47.92	42.53	300m:	4:25.57	49.12	400m:	5:43.63	37.99
4.	Adriaensen Lena		MOZKA/21148/13				NT	6:01.63	352			
	50m:	37.55	37.55	150m:	2:10.75	46.62	250m:	3:47.91	52.78	350m:	5:22.26	41.06
	100m:	1:24.13	46.58	200m:	2:55.13	44.38	300m:	4:41.20	53.29	400m:	6:01.63	39.37
5.	Joris Linde		ZVL/21156/12				NT	6:13.75	319			
	50m:	39.36	39.36	150m:	2:14.92	47.96	250m:	3:57.75	55.97	350m:	5:33.72	41.01
	100m:	1:26.96	47.60	200m:	3:01.78	46.86	300m:	4:52.71	54.96	400m:	6:13.75	40.03

15 - 16 jaar

1.	Van Reeth Lieze			ZVL/21093/11			5:42.67	5:42.05		416		
	50m:	36.81	36.81	150m:	2:02.62	42.52	250m:	3:35.70	50.32	350m:	5:04.73	39.02
	100m:	1:20.10	43.29	200m:	2:45.38	42.76	300m:	4:25.71	50.01	400m:	5:42.05	37.32
2.	Valkenborghs Yanne			ZGEEL/21151/10			NT	6:43.44		253		
	50m:	40.37	40.37	150m:	2:21.29	51.25	250m:	4:13.47	1:01.89	350m:	6:00.03	44.72
	100m:	1:30.04	49.67	200m:	3:11.58	50.29	300m:	5:15.31	1:01.84	400m:	6:43.44	43.41

19 jaar en ouder

1.	Van Looy Anke			HZA/21029/06			5:22.42	5:25.63	482			
	50m:	35.23	35.23	150m:	1:57.91	41.28	250m:	3:24.18	45.82	350m:	4:49.58	38.40
	100m:	1:16.63	41.40	200m:	2:38.36	40.45	300m:	4:11.18	47.00	400m:	5:25.63	36.05