

Juttercup 2026
Den Helder, 18/10/2026

Programmanr. 25
18/10/2026 - 15:35

Jongens, 400m vrije slag

Gebjr 2009 - 2016
Resultaten

Punten: AQUA 2025

Rang	Leef.										Tijd	Pnt
Gebjr 2014												
1.	András Dijkema			12	Daw						5:21.82	286
	50m:	35.96	35.96	150m:	1:55.87	40.66	250m:	3:18.10	41.40	350m:	4:42.60	42.22
	100m:	1:15.21	39.25	200m:	2:36.70	40.83	300m:	4:00.38	42.28	400m:	5:21.82	39.22
2.	Jayden Hali			12	MSV-Zeemacht						5:28.51	269
	50m:	35.72	35.72	150m:	1:57.57	41.52	250m:	3:23.03	42.94	350m:	4:48.39	42.60
	100m:	1:16.05	40.33	200m:	2:40.09	42.52	300m:	4:05.79	42.76	400m:	5:28.51	40.12
Gebjr 2012												
1.	Alen Minasyan			14	MSV-Zeemacht						4:39.14	439
	50m:	33.44	33.44	150m:	1:45.94	36.32	250m:	2:58.38	36.03	350m:	4:07.42	33.68
	100m:	1:09.62	36.18	200m:	2:22.35	36.41	300m:	3:33.74	35.36	400m:	4:39.14	31.72
Gebjr 2011												
1.	Nanne Woldring			15	De Vikings						4:35.31	458
	50m:	30.86	30.86	150m:	1:41.12	35.49	250m:	2:52.62	35.68	350m:	4:02.62	34.28
	100m:	1:05.63	34.77	200m:	2:16.94	35.82	300m:	3:28.34	35.72	400m:	4:35.31	32.69
2.	Rory Costello			15	De Dolfijn						5:00.45	352
	50m:	33.99	33.99	150m:	1:49.81	38.06	250m:	3:07.52	38.91	350m:	4:25.26	38.66
	100m:	1:11.75	37.76	200m:	2:28.61	38.80	300m:	3:46.60	39.08	400m:	5:00.45	35.19
Gebjr 2009												
1.	Sven de Haas			17	ZV De Bron						4:50.80	388
	50m:	32.86	32.86	150m:	1:45.11	36.66	250m:	2:59.43	37.35	350m:	4:14.87	37.70
	100m:	1:08.45	35.59	200m:	2:22.08	36.97	300m:	3:37.17	37.74	400m:	4:50.80	35.93