gara 4 — Ragazze, 400m Stile Libero — 2011 e più giovane
07.11.2026 - 9:30 — Risultati

Swiss National Records	4:03.73	RIGAMONTI, Flavia		Debrecen (HUN)	15.12.2007
Swiss Junior Team Championships	4:22.39	CENA, Benedetta	SUI	Savosa	08.12.2012

Pointi: AQUA 2025 — Lista risultati provvisoria

Rango		An		Tempo	Pt.
1.	PELLANDA, Esmeralda	13	Nuoto Sport Locarno 1	**4:42.11**	543
	50m: 32.32 32.32 150m: 1:42.98 35.55 250m: 2:55.07 36.03 350m: 4:07.21 35.83				
	100m: 1:07.43 35.11 200m: 2:19.04 36.06 300m: 3:31.38 36.31 400m: 4:42.11 34.90				
2.	SCARFONE, Sara	11	Mendrisiotto Nuoto 1	**4:46.23**	520
	50m: 32.94 32.94 150m: 1:44.20 36.01 250m: 2:57.24 36.64 350m: 4:10.37 36.64				
	100m: 1:08.19 35.25 200m: 2:20.60 36.40 300m: 3:33.73 36.49 400m: 4:46.23 35.86				
3.	MENEGHETTI, Margherita	11	Lugano Aquatics 2	**4:49.51**	503
	50m: 32.09 32.09 150m: 1:43.00 36.11 250m: 2:57.33 37.45 350m: 4:12.80 37.75				
	100m: 1:06.89 34.80 200m: 2:19.88 36.88 300m: 3:35.05 37.72 400m: 4:49.51 36.71				
4.	MAGGIONI, Victoria	13	A-Club Swimming Team Savosa SA 1	**4:54.38**	478
	50m: 33.48 33.48 150m: 1:48.77 37.37 250m: 3:04.54 37.05 350m: 4:19.74 37.29				
	100m: 1:11.40 37.92 200m: 2:27.49 38.72 300m: 3:42.45 37.91 400m: 4:54.38 34.64				
5.	CHOUKHMANE, Nisrine	12	Turrita Nuoto 1	**4:54.78**	476
	50m: 33.40 33.40 150m: 1:46.99 36.83 250m: 3:01.36 37.68 350m: 4:17.70 38.43				
	100m: 1:10.16 36.76 200m: 2:23.68 36.69 300m: 3:39.27 37.91 400m: 4:54.78 37.08				
6.	SMITH, Gabriella	12	Lugano Aquatics 1	**5:01.86**	443
	50m: 33.87 33.87 150m: 1:49.11 38.32 250m: 3:06.23 38.68 350m: 4:24.40 39.26				
	100m: 1:10.79 36.92 200m: 2:27.55 38.44 300m: 3:45.14 38.91 400m: 5:01.86 37.46				
7.	NEGRO, Marta	12	Mendrisiotto Nuoto 2	**5:02.81**	439
	50m: 33.55 33.55 150m: 1:49.24 38.41 250m: 3:07.88 38.95 350m: 4:26.13 39.07				
	100m: 1:10.83 37.28 200m: 2:28.93 39.69 300m: 3:47.06 39.18 400m: 5:02.81 36.68				
8.	MORONI, Giada	11	Società Pallanuoto Bissone 1	**5:05.69**	427
	50m: 34.60 34.60 150m: 1:53.08 39.92 250m: 3:12.16 39.30 350m: 4:30.40 39.28				
	100m: 1:13.16 38.56 200m: 2:32.86 39.78 300m: 3:51.12 38.96 400m: 5:05.69 35.29				
9.	RANIERI, Deniz	14	A-Club Swimming Team Savosa SA 2	**5:10.90**	406
	50m: 34.94 34.94 150m: 1:53.99 39.46 250m: 3:12.88 39.63 350m: 4:32.62 39.65				
	100m: 1:14.53 39.59 200m: 2:33.25 39.26 300m: 3:52.97 40.09 400m: 5:10.90 38.28				
10.	JANKOVIC, Gioia	14	Turrita Nuoto 2	**5:43.82**	300
	50m: 38.09 38.09 150m: 2:04.54 43.49 250m: 3:31.93 43.90 350m: 5:02.04 45.98				
	100m: 1:21.05 42.96 200m: 2:48.03 43.49 300m: 4:16.06 44.13 400m: 5:43.82 41.78				
11.	PAVLINOVIC, Marta	13	Turrita Nuoto 3	**6:05.61**	249
	50m: 41.80 41.80 150m: 2:14.89 46.61 250m: 3:48.59 47.41 350m: 5:21.38 45.88				
	100m: 1:28.28 46.48 200m: 3:01.18 46.29 300m: 4:35.50 46.91 400m: 6:05.61 44.23				
12.	MELLONE, Carola	15	A-Club Swimming Team Savosa SA 3	**6:05.88**	249
	50m: 40.68 40.68 150m: 2:15.25 47.65 250m: 3:49.62 47.26 350m: 5:22.43 46.20				
	100m: 1:27.60 46.92 200m: 3:02.36 47.11 300m: 4:36.23 46.61 400m: 6:05.88 43.45				