Prova 25 — Femin., 200m Costas — Absolutos
31/10/2026 - 19:00 — Resultados

Recordes Nacionais 25m Open	2:03.51	Camila Rodrigues, REBELO	POR	Lublin (POL)	03/12/2025
Recordes Nacionais 25m Sen	2:03.51	Camila Rodrigues, REBELO	POR	Lublin (POL)	03/12/2025
Recordes Nacionais 25m Jun 18	2:09.87	Maria Gomes, NEVES	SCB	Felgueiras	11/04/2026
Recordes Nacionais 25m Jun 17	2:11.13	Camila Rodrigues, REBELO	ALN	Felgueiras	20/12/2019
Recordes Nacionais 25m Juv A	2:11.74	Camila Rodrigues, REBELO	ALN	Felgueiras	21/12/2018
Recordes Nacionais 25m Juv B	2:14.11	Camila Rodrigues, REBELO	ALN	Condeixa	12/05/2018
Recordes Nacionais 25m Inf A	2:17.86	Catia Raquel, MARTINHEIRA	LDC	Sines	21/12/2008
Recordes Nacionais 25m Inf B	2:21.33	Rafaela Gomes, AZEVEDO	SAD	Algés	06/06/2015
Recordes Regionais Open	2:13.06	Catia Raquel, MARTINHEIRA	LDC	Uster (SUI)	28/01/2012
Recordes Regionais Sen	2:13.11	Catia Raquel, MARTINHEIRA	LDC	Felgueiras	21/12/2013
Recordes Regionais Jun 18	2:35.40	Rafaela Mariano, ANTONIO	PORTIN	Albufeira	09/11/2024
Recordes Regionais Jun 17	2:13.06	Catia Raquel, MARTINHEIRA	LDC	Uster (SUI)	28/01/2012
Recordes Regionais Juv A	2:16.55	Catia Raquel, MARTINHEIRA	LDC	Guarda	12/12/2010
Recordes Regionais Juv B	2:16.81	Catia Raquel, MARTINHEIRA	LDC	Leiria	06/12/2009
Recordes Regionais Inf A	2:17.86	Catia Raquel, MARTINHEIRA	LDC	Sines	21/12/2008
Recordes Regionais Inf B	2:23.93	Miriam Filipe, MARCOS	CNOL	Tavira	09/03/2014

Pontos: AQUA 2025

Lugar	Nome	Ano	Licença	Clube	Tempo Final	AQUA	Pts
1.	Leonor Martins, COSTA *Recorde Regional*	09	205320	Natação de Lagos	**2:21.42**	581	14,00
	50m: 33.28 (33.28) 100m: 1:08.59 (35.31) 150m: 1:44.83 (36.24) 200m: 2:21.42 (36.59)						
2.	Constanca Lourenco, AZEVEDO	10	213367	Lagoa Académico Clube	**2:23.31**	558	12,00
	50m: 33.63 (33.63) 100m: 1:09.55 (35.92) 150m: 1:46.66 (37.11) 200m: 2:23.31 (36.65)						
3.	Leonor Castanho, SANTOS	07	150848	Sporting	**2:24.76**	542	11,00
	50m: 34.63 (34.63) 100m: 1:11.26 (36.63) 150m: 1:48.04 (36.78) 200m: 2:24.76 (36.72)						
4.	Maria Lopes, AMADO	04	131517	Sporting	**2:26.65**	521	10,00
	50m: 33.87 (33.87) 100m: 1:10.14 (36.27) 150m: 1:47.75 (37.61) 200m: 2:26.65 (38.90)						
5.	Margarida Almeida, FERREIRA	11	151230	Sporting	**2:27.75**	509	9,00
	50m: 34.38 (34.38) 100m: 1:11.83 (37.45) 150m: 1:49.63 (37.80) 200m: 2:27.75 (38.12)						
6.	Maria Rita, FILIPE	10	211565	Benfica	**2:28.03**	507	8,00
	50m: 35.50 (35.50) 100m: 1:13.10 (37.60) 150m: 1:50.94 (37.84) 200m: 2:28.03 (37.09)						
7.	Violeta Reis, PETERSSON	10	213282	Louletano / Loule Aqui e Agora	**2:30.96**	478	7,00
	50m: 35.67 (35.67) 100m: 1:13.98 (38.31) 150m: 1:52.91 (38.93) 200m: 2:30.96 (38.05)						
8.	Maria Francisca, SIMOES	11	216456	Aquatico Silves	**2:36.72**	427	5,00
	50m: 37.54 (37.54) 100m: 1:17.62 (40.08) 150m: 1:58.65 (41.03) 200m: 2:36.72 (38.07)						
9.	Beatriz Matos, ROSA	13	219369	Lagoa Académico Clube	**2:38.19**	415	4,00
	50m: 38.52 (38.52) 100m: 1:19.12 (40.60) 150m: 1:59.85 (40.73) 200m: 2:38.19 (38.34)						
10.	Leonor Melo, LOPES	12	217426	Portinado	**2:38.45**	413	3,00
	50m: 37.22 (37.22) 100m: 1:17.53 (40.31) 150m: 1:58.96 (41.43) 200m: 2:38.45 (39.49)						
11.	Barbara Barros, SILVA	13	216871	Louletano / Loule Aqui e Agora	**2:47.04**	352	2,00
	50m: 39.36 (39.36) 100m: 1:20.78 (41.42) 150m: 2:03.89 (43.11) 200m: 2:47.04 (43.15)						
12.	Leonor Vieira, PEREIRA	11	216448	Aquatico Silves	**2:48.26**	345	1,00
	50m: 39.03 (39.03) 100m: 1:21.89 (42.86) 150m: 2:06.00 (44.11) 200m: 2:48.26 (42.26)						