Epreuve 4 — Dames, 400m 4 nages — Open
30.10.2026 - 15:53 — Liste résultats Finales

Swiss National Records	4:33.51	UGOLKOVA Maria	SCU	Budapest (HUN)	08.10.2021
Records régionaux de la Romandie	4:48.62	FROISSART Alexandra	LYN	Uster	16.11.2018

Points: AQUA 2024

Rang		AN		Temps	Pts

Finale A

1. GABELLIERI Gaia — 13 — Lausanne Aquatique — **5:16.71** — 546

50m:	33.35	33.35	150m:	1:54.58	41.14	250m:	3:20.29	45.67	350m:	4:41.88	36.43
100m:	1:13.44	40.09	200m:	2:34.62	40.04	300m:	4:05.45	45.16	400m:	5:16.71	34.83

2. LA GROTTERIA Alyssia — 10 — Red-Fish Neuchâtel — **5:17.43** — 542

50m:	34.73	34.73	150m:	1:56.03	40.66	250m:	3:20.99	44.42	350m:	4:42.58	36.78
100m:	1:15.37	40.64	200m:	2:36.57	40.54	300m:	4:05.80	44.81	400m:	5:17.43	34.85

3. CHANSON Yaël — 12 — Renens-Natation — **5:18.73** — 536

50m:	33.70	33.70	150m:	1:54.79	39.64	250m:	3:19.69	44.57	350m:	4:43.21	37.67
100m:	1:15.15	41.45	200m:	2:35.12	40.33	300m:	4:05.54	45.85	400m:	5:18.73	35.52

4. ROCCHI Camilla — 13 — Natation Sportive Genève — **5:19.23** — 533

50m:	33.34	33.34	150m:	1:52.49	42.02	250m:	3:19.72	45.21	350m:	4:43.24	38.28
100m:	1:10.47	37.13	200m:	2:34.51	42.02	300m:	4:04.96	45.24	400m:	5:19.23	35.99

5. MAGGINI Ayleen — 11 — Fribourg Aquatics — **5:20.03** — 529

50m:	34.11	34.11	150m:	1:55.38	41.06	250m:	3:21.27	45.33	350m:	4:44.56	37.41
100m:	1:14.32	40.21	200m:	2:35.94	40.56	300m:	4:07.15	45.88	400m:	5:20.03	35.47

6. SACHET Brune — 11 — Rolle Natation — **5:25.56** — 503

50m:	33.27	33.27	150m:	1:55.02	41.49	250m:	3:21.31	44.66	350m:	4:47.11	39.63
100m:	1:13.53	40.26	200m:	2:36.65	41.63	300m:	4:07.48	46.17	400m:	5:25.56	38.45

7. CHARBONNIER Kira — 08 — Lancy Natation — **5:29.18** — 486

50m:	35.08	35.08	150m:	1:58.54	42.02	250m:	3:25.81	45.33	350m:	4:51.33	39.94
100m:	1:16.52	41.44	200m:	2:40.48	41.94	300m:	4:11.39	45.58	400m:	5:29.18	37.85

8. STETTLER Inès — 12 — Lancy Natation — **5:31.67** — 475

50m:	36.08	36.08	150m:	2:00.82	42.20	250m:	3:30.74	48.19	350m:	4:55.89	37.27
100m:	1:18.62	42.54	200m:	2:42.55	41.73	300m:	4:18.62	47.88	400m:	5:31.67	35.78

Finale B

9. GRICHTING Jolyne — 10 — Lancy Natation — **5:28.96** — 487

50m:	35.35	35.35	150m:	1:58.62	42.19	250m:	3:26.32	46.10	350m:	4:52.00	38.48
100m:	1:16.43	41.08	200m:	2:40.22	41.60	300m:	4:13.52	47.20	400m:	5:28.96	36.96

10. BLATTER Nives — 11 — Schwimmklub Region Murten — **5:30.72** — 479

50m:	36.21	36.21	150m:	1:58.43	41.43	250m:	3:28.75	48.40	350m:	4:54.18	36.92
100m:	1:17.00	40.79	200m:	2:40.35	41.92	300m:	4:17.26	48.51	400m:	5:30.72	36.54

11. OTT Léa — 12 — Lausanne Aquatique — **5:32.47** — 472

50m:	37.25	37.25	150m:	2:03.06	43.60	250m:	3:31.63	45.80	350m:	4:55.21	37.67
100m:	1:19.46	42.21	200m:	2:45.83	42.77	300m:	4:17.54	45.91	400m:	5:32.47	37.26

12. ERARD Nina — 12 — CN La Chaux-de-Fonds — **5:34.49** — 463

50m:	37.90	37.90	150m:	2:04.76	43.62	250m:	3:33.94	46.19	350m:	4:59.26	37.92
100m:	1:21.14	43.24	200m:	2:47.75	42.99	300m:	4:21.34	47.40	400m:	5:34.49	35.23

13. BONDA Mélissa — 13 — Lausanne Aquatique — **5:34.63** — 463

50m:	36.40	36.40	150m:	2:03.73	43.40	250m:	3:32.15	46.04	350m:	4:57.33	38.99
100m:	1:20.33	43.93	200m:	2:46.11	42.38	300m:	4:18.34	46.19	400m:	5:34.63	37.30

14. FAVRE Elynn — 14 — CN La Chaux-de-Fonds — **5:42.35** — 432

50m:	36.69	36.69	150m:	2:02.46	43.08	250m:	3:34.33	48.91	350m:	5:04.28	40.97
100m:	1:19.38	42.69	200m:	2:45.42	42.96	300m:	4:23.31	48.98	400m:	5:42.35	38.07

15. ERARD Lola — 14 — CN La Chaux-de-Fonds — **5:44.18** — 425

50m:	37.65	37.65	150m:	2:07.73	44.62	250m:	3:39.27	48.73	350m:	5:07.11	38.80
100m:	1:23.11	45.46	200m:	2:50.54	42.81	300m:	4:28.31	49.04	400m:	5:44.18	37.07

Epreuve 4, Dames, 400m 4 nages, Finale, Open

Rang		AN		Temps	Pts
16.	LE LIRZIN Nerea	13	Red-Fish Neuchâtel	**5:46.89**	415

50m:	39.51	39.51	150m:	2:07.00	43.20	250m:	3:37.73	48.51	350m:	5:08.40	39.60
100m:	1:23.80	44.29	200m:	2:49.22	42.22	300m:	4:28.80	51.07	400m:	5:46.89	38.49