

Zwemcompetitie-deel1
Denekamp, 3/10/2026

Programmanr. 27
03/10/2026 - 17:22

Jongens, 400m vrije slag

Onder 18
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Mathijs Boersma	ZPC Hoogeveen	4:21.80	201000313	4:33.32
	50m: 29.55	29.55 150m:	250m:	350m:	
	100m: 1:02.43	32.88 200m: 2:11.02	300m:	400m: 4:33.32	
2.	Milan Bottenberg	Deltasteur	4:33.17	200900153	4:42.62
	50m: 29.69	29.69 150m:	250m:	350m:	
	100m: 1:03.69	34.00 200m: 2:16.29	300m:	400m: 4:42.62	
3.	Daequan Ramos	ZPC Hoogeveen	4:44.60	200901709	4:43.23
	50m: 30.68	30.68 150m:	250m:	350m:	
	100m: 1:05.48	34.80 200m: 2:19.33	300m:	400m: 4:43.23	
4.	Matthijs Wierbos	ZPC Hoogeveen	4:59.84	200901965	4:47.48
	50m: 32.16	32.16 150m:	250m:	350m:	
	100m: 1:07.38	35.22 200m: 2:20.85	300m:	400m: 4:47.48	
5.	Daan Vinke	Deltasteur	4:41.72	201001039	4:49.29
	50m: 31.49	31.49 150m:	250m:	350m:	
	100m: 1:06.33	34.84 200m: 2:20.29	300m:	400m: 4:49.29	
6.	Twan Felix	Deltasteur	4:57.79	201000123	5:07.92
	50m: 32.45	32.45 150m:	250m:	350m:	
	100m: 1:09.82	37.37 200m: 2:27.92	300m:	400m: 5:07.92	
7.	Simon Vahl	Deltasteur	5:12.09	200900161	5:10.83
	50m: 32.98	32.98 150m:	250m:	350m:	
	100m: 1:11.70	38.72 200m: 2:31.29	300m:	400m: 5:10.83	
8.	Guus ter Braak	De Dinkel	5:39.77	201000459	5:16.13
	50m: 34.76	34.76 150m:	250m:	350m:	
	100m: 1:13.76	39.00 200m: 2:35.86	300m:	400m: 5:16.13	
9.	Daniel Bruin	Deltasteur	5:40.66	201000121	5:17.72
	50m: 34.96	34.96 150m:	250m:	350m:	
	100m: 1:14.89	39.93 200m: 2:36.23	300m:	400m: 5:17.72	
10.	Hugo Harwig	Deltasteur	5:22.20	201002533	5:21.99
	50m: 33.37	33.37 150m:	250m:	350m:	
	100m: 1:12.32	38.95 200m: 2:34.11	300m:	400m: 5:21.99	
11.	Timo Bottenberg	Deltasteur	5:07.49	200900151	5:22.12
	50m: 35.30	35.30 150m:	250m:	350m:	
	100m: 1:15.68	40.38 200m: 2:39.56	300m:	400m: 5:22.12	
NG.ZA	Jens Rikhof	De Dinkel	5:03.88	201001239	