Programmanr. 3 — Heren, 400m wisselslag — Senioren Open
7/11/2026 - 14:05 — Resultaten

rang	naam	vereniging	intijd		tijd	RT
1.	Jasper Thijert	WS Twente 1	4:45.99	200700321	**4:08.47**	
	50m: 29.68	29.68 150m:		250m:	350m:	
	100m: 1:04.62	34.94 200m:		300m:	400m: 4:08.47	
2.	Bjorn Scholten	WS Twente 1	4:59.10	200801143	**4:40.24**	
	50m: 31.98	31.98 150m:		250m:	350m:	
	100m: 1:09.14	37.16 200m:		300m:	400m: 4:40.24	
3.	Finn Ooijman	WS Twente 2	5:17.79	200603161	**4:47.04**	
	50m: 34.17	34.17 150m:		250m:	350m:	
	100m: 1:14.35	40.18 200m:		300m:	400m: 4:47.04	
4.	Mattijn Thijert	WS Twente 1	4:54.59	200501921	**4:56.33**	
	50m: 29.52	29.52 150m:		250m:	350m:	
	100m: 1:04.78	35.26 200m:		300m:	400m: 4:56.33	
5.	Thijs Poll	WS Twente 1	5:06.54	200700203	**5:08.36**	
	50m: 33.50	33.50 150m:		250m:	350m:	
	100m: 1:14.33	40.83 200m:		300m:	400m: 5:08.36	
6.	Egbert Stolk	ZPC De Hof	5:22.40	197600889	**5:09.91**	
	50m: 31.89	31.89 150m:		250m:	350m:	
	100m: 1:09.36	37.47 200m:		300m:	400m: 5:09.91	
7.	Pieter Pickhardt	ZPC De Hof	5:14.46	198301657	**5:22.78**	
	50m: 34.09	34.09 150m:		250m:	350m:	
	100m: 1:13.98	39.89 200m:		300m:	400m: 5:22.78	
8.	Kinui Brito Geurts	WS Twente 2	NT	200804059	**5:32.61**	
	50m: 34.90	34.90 150m:		250m:	350m:	
	100m: 1:14.65	39.75 200m:		300m:	400m: 5:32.61	
9.	Silvio Overbeeke	Z&PV de Veene	5:36.27	200801889	**5:45.05**	
	50m: 36.51	36.51 150m:		250m:	350m:	
	100m: 1:19.48	42.97 200m:		300m:	400m: 5:45.05	
10.	Viktor Post	WS Twente 2	6:10.90	200802201	**6:04.11**	
	50m: 33.75	33.75 150m:		250m:	350m:	
	100m: 1:18.05	44.30 200m:		300m:	400m: 6:04.11	
11.	Rick ten Hoopen	ZPC De Hof	NT	200803847	**6:15.70**	
	50m: 38.90	38.90 150m:		250m:	350m:	
	100m: 1:22.40	43.50 200m:		300m:	400m: 6:15.70	
DIS	Mykhailo Lytvyniuk	Z&PV de Veene	6:15.65	200604449		
	SR - Meer dan 1 vlinderbeenslag gemaakt voordat de 1e schoolslagbeenslag is gemaakt.					
AFGEM	Sven Keuper	ZPC De Hof	5:28.91	200800981		