

NZC deel 1 2026-2027
Veenendaal, 3-10-2026

Programmanr. 13
3-10-2026 - 15:05

Dames, 400m vrije slag

Senioren Open
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Colinda van der Zanden	Aqua-Novio'94	4:29.11	200502618	4:24.69
	50m: 29.17	29.17	150m:	250m:	350m:
	100m: 1:01.32	32.15	200m: 2:08.11	300m:	400m: 4:24.69
2.	Rani Skrabanja	Hellas-Glana 1	4:30.58	199800992	4:30.19
	50m: 29.82	29.82	150m:	250m:	350m:
	100m: 1:03.03	33.21	200m: 2:11.24	300m:	400m: 4:30.19
3.	Merel Veltman	Hellas-Glana 1	4:42.30	200505538	4:39.32
	50m: 30.86	30.86	150m:	250m:	350m:
	100m: 1:04.32	33.46	200m: 2:14.16	300m:	400m: 4:39.32
4.	Inge Arts	Aqua-Novio'94	5:01.71	199203076	4:42.11
	50m: 31.99	31.99	150m:	250m:	350m:
	100m: 1:06.80	34.81	200m: 2:18.52	300m:	400m: 4:42.11
5.	Niobe Maduro	Aqua-Novio'94	4:43.97	200800378	4:42.63
	50m: 30.69	30.69	150m:	250m:	350m:
	100m: 1:04.89	34.20	200m: 2:16.21	300m:	400m: 4:42.63
6.	Tess Panjer	VZC	4:32.03	200403060	4:46.25
	50m: 30.54	30.54	150m:	250m:	350m:
	100m: 1:04.96	34.42	200m: 2:17.09	300m:	400m: 4:46.25
7.	Mandy Berndsens	VZC	4:51.82	201001138	4:47.84
	50m: 32.29	32.29	150m:	250m:	350m:
	100m: 1:08.14	35.85	200m: 2:21.82	300m:	400m: 4:47.84
8.	Isa Willemsen	Aqua-Novio'94	4:46.47	199900628	4:51.58
	50m: 30.29	30.29	150m:	250m:	350m:
	100m: 1:05.41	35.12	200m: 2:19.97	300m:	400m: 4:51.58
9.	Annika Hogenhuis	Zwemlust-den Hommel	4:46.39	200701340	4:54.07
	50m: 32.55	32.55	150m:	250m:	350m:
	100m: 1:08.37	35.82	200m: 2:22.13	300m:	400m: 4:54.07
10.	Mijke van Hal	Zwemlust-den Hommel	4:57.65	200800362	4:54.70
	50m: 32.63	32.63	150m:	250m:	350m:
	100m: 1:08.22	35.59	200m: 2:22.62	300m:	400m: 4:54.70
11.	Iris Goes	Zwemlust-den Hommel	4:59.48	200701704	4:55.12
	50m: 32.99	32.99	150m:	250m:	350m:
	100m: 1:09.10	36.11	200m: 2:24.21	300m:	400m: 4:55.12
12.	Manon Kloosterman	Zwemlust-den Hommel	4:46.79	199702082	5:00.35
	50m: 33.45	33.45	150m:	250m:	350m:
	100m: 1:09.75	36.30	200m: 2:25.35	300m:	400m: 5:00.35
13.	Renske Slangen	Hellas-Glana 1	4:58.64	201002740	5:00.59
	50m: 37.68	37.68	150m:	250m:	350m:
	100m: 1:11.36	33.68	200m: 2:28.70	300m:	400m: 5:00.59
14.	Vera van der Meer	VZC	5:05.05	200701508	5:02.41
	50m: 34.02	34.02	150m:	250m:	350m:
	100m: 1:12.01	37.99	200m: 2:29.65	300m:	400m: 5:02.41
15.	Sanne Busch	Zwemlust-den Hommel	4:56.74	200101486	5:06.61
	50m: 33.37	33.37	150m:	250m:	350m:
	100m: 1:10.64	37.27	200m: 2:28.10	300m:	400m: 5:06.61
16.	Lisanne Seising	VZC	5:08.68	200002084	5:17.56
	50m: 33.48	33.48	150m:	250m:	350m:
	100m: 1:11.89	38.41	200m: 2:32.26	300m:	400m: 5:17.56