

Epreuve 4
10.10.2026 - 15:30

Messieurs, 400m Libre

Cat. générale
Liste résultats

Records championnat USPORTS	3:43.91	SAY, Rick				01.01.2001
Records universitaires RSEQ	3:46.97	BLAMART, Raphaël	MTL	Markham		13.03.2026

RSEQ (2026-2027) : 4:14.22 / USPORTS (2026-2027) : 3:55.39

Points: AQUA 2026

Rang					Age					Temps	Pts	
1.	BLAMART, Raphaël				19	Université de Montréal				3:55.16	735	QT
	50m:	26.85	26.85	150m:	1:26.06	29.75	250m:	2:25.96	29.82	350m:	3:25.02	29.26
	100m:	56.31	29.46	200m:	1:56.14	30.08	300m:	2:55.76	29.80	400m:	3:55.16	30.14
2.	VOLODIN, Artiom				23	McGILL				3:56.49	722	
	50m:	27.03	27.03	150m:	1:26.29	29.78	250m:	2:26.12	30.06	350m:	3:26.27	30.14
	100m:	56.51	29.48	200m:	1:56.06	29.77	300m:	2:56.13	30.01	400m:	3:56.49	30.22
3.	DRUENNE, Théo				21	Rouge et Or universitaire				3:58.13	708	
	50m:	27.57	27.57	150m:	1:26.94	29.63	250m:	2:27.23	30.35	350m:	3:28.45	30.61
	100m:	57.31	29.74	200m:	1:56.88	29.94	300m:	2:57.84	30.61	400m:	3:58.13	29.68
4.	LAFONTAINE-GIGUÈRE, Laurier				21	Université de Montréal				3:58.46	705	
	50m:	27.26	27.26	150m:	1:26.86	29.96	250m:	2:28.02	30.48	350m:	3:28.98	30.42
	100m:	56.90	29.64	200m:	1:57.54	30.68	300m:	2:58.56	30.54	400m:	3:58.46	29.48
5.	SEMENYUK, Yegor				21	McGILL				3:59.87	692	
	50m:	27.29	27.29	150m:	1:26.40	29.57	250m:	2:26.76	30.15	350m:	3:28.50	31.04
	100m:	56.83	29.54	200m:	1:56.61	30.21	300m:	2:57.46	30.70	400m:	3:59.87	31.37
6.	HEINBUCH, Austin				18	University of Ottawa Gee-Gees				4:00.86	684	
	50m:	27.62	27.62	150m:	1:28.41	30.54	250m:	2:29.29	30.42	350m:	3:30.99	31.00
	100m:	57.87	30.25	200m:	1:58.87	30.46	300m:	2:59.99	30.70	400m:	4:00.86	29.87
7.	PERKINS, Joshua				18	McGILL				4:01.67	677	
	50m:	27.60	27.60	150m:	1:29.18	30.87	250m:	2:30.96	30.62	350m:	3:32.88	31.07
	100m:	58.31	30.71	200m:	2:00.34	31.16	300m:	3:01.81	30.85	400m:	4:01.67	28.79
8.	MARSELLA, Matthew				19	University of Ottawa Gee-Gees				4:02.17	673	
	50m:	27.26	27.26	150m:	1:28.44	31.06	250m:	2:31.02	31.41	350m:	3:33.45	31.24
	100m:	57.38	30.12	200m:	1:59.61	31.17	300m:	3:02.21	31.19	400m:	4:02.17	28.72
9.	MORIN, William				21	McGILL				4:02.28	672	
	50m:	28.05	28.05	150m:	1:29.33	30.70	250m:	2:30.00	30.44	350m:	3:31.88	30.95
	100m:	58.63	30.58	200m:	1:59.56	30.23	300m:	3:00.93	30.93	400m:	4:02.28	30.40
10.	GANDER, Keenan				20	McGILL				4:03.52	662	
	50m:	27.86	27.86	150m:	1:28.94	30.64	250m:	2:30.63	30.67	350m:	3:32.85	30.89
	100m:	58.30	30.44	200m:	1:59.96	31.02	300m:	3:01.96	31.33	400m:	4:03.52	30.67
11.	OUELLETTE, Spencer				23	Université de Sherbrooke Vert				4:03.98	658	
	50m:	27.82	27.82	150m:	1:28.54	30.74	250m:	2:30.75	30.86	350m:	3:33.62	31.26
	100m:	57.80	29.98	200m:	1:59.89	31.35	300m:	3:02.36	31.61	400m:	4:03.98	30.36
12.	VANDERSTEEN, Torren				21	McGILL				4:05.07	649	
	50m:	27.63	27.63	150m:	1:27.98	30.57	250m:	2:30.04	31.17	350m:	3:33.72	31.98
	100m:	57.41	29.78	200m:	1:58.87	30.89	300m:	3:01.74	31.70	400m:	4:05.07	31.35
13.	LACASSE, Philippe				23	Université de Sherbrooke Vert				4:05.49	646	
	50m:	10.24	10.24	150m:	1:29.64	30.34	250m:	2:31.38	30.80	350m:	3:34.40	31.73
	100m:	59.30	49.06	200m:	2:00.58	30.94	300m:	3:02.67	31.29	400m:	4:05.49	31.09
14.	CAPRAZ, Mehmet D				18	University of Ottawa Gee-Gees				4:05.87	643	
	50m:	27.48	27.48	150m:	1:27.77	30.45	250m:	2:30.27	31.45	350m:	3:34.61	32.17
	100m:	57.32	29.84	200m:	1:58.82	31.05	300m:	3:02.44	32.17	400m:	4:05.87	31.26

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Rang				Age				Temps	Pts
15.	LABARRE, Tristan			22	Rouge et Or universitaire			4:05.90	643
	50m:	27.96	27.96	150m:	1:29.37	30.83	250m:	2:31.58	31.20
	100m:	58.54	30.58	200m:	2:00.38	31.01	300m:	3:02.99	31.41
							350m:	3:34.90	31.91
							400m:	4:05.90	31.00
16.	MADJBEUR, Wassim			19	Université de Montréal			4:07.21	632
	50m:	28.09	28.09	150m:	1:30.54	31.62	250m:	2:34.39	31.76
	100m:	58.92	30.83	200m:	2:02.63	32.09	300m:	3:06.02	31.63
							350m:	3:37.19	31.17
							400m:	4:07.21	30.02
17.	JANVIER, Mikael			20	Rouge et Or universitaire			4:07.49	630
	50m:	28.66	28.66	150m:	1:29.93	30.80	250m:	2:32.68	31.37
	100m:	59.13	30.47	200m:	2:01.31	31.38	300m:	3:04.41	31.73
							350m:	3:36.30	31.89
							400m:	4:07.49	31.19
18.	BÉRUBÉ, Thomas			20	Université de Sherbrooke Vert			4:10.14	610
	50m:	28.09	28.09	150m:	1:30.32	31.49	250m:	2:34.53	32.27
	100m:	58.83	30.74	200m:	2:02.26	31.94	300m:	3:06.94	32.41
							350m:	3:39.36	32.42
							400m:	4:10.14	30.78
19.	BOURNE, Charlie			18	University of Ottawa Gee-Gees			4:10.30	609
	50m:	28.09	28.09	150m:	1:30.13	31.55	250m:	2:33.77	31.85
	100m:	58.58	30.49	200m:	2:01.92	31.79	300m:	3:05.82	32.05
							350m:	3:38.51	32.69
							400m:	4:10.30	31.79
20.	PURDY, Nicholas			20	Université de Montréal			4:11.27	602
	50m:	27.88	27.88	150m:	1:28.58	30.54	250m:	2:33.04	32.42
	100m:	58.04	30.16	200m:	2:00.62	32.04	300m:	3:05.77	32.73
							350m:	3:39.07	33.30
							400m:	4:11.27	32.20
21.	CAMPBELL, Silas			18	University of Ottawa Gee-Gees			4:11.32	602
	50m:	27.69	27.69	150m:	1:28.73	30.76	250m:	2:31.72	31.89
	100m:	57.97	30.28	200m:	1:59.83	31.10	300m:	3:04.78	33.06
							350m:	3:38.72	33.94
							400m:	4:11.32	32.60
22.	LEVAC, Philippe			20	Université de Sherbrooke Vert			4:12.39	594
	50m:	10.47	10.47	150m:	1:31.87	31.96	250m:	2:36.57	32.42
	100m:	59.91	49.44	200m:	2:04.15	32.28	300m:	3:09.19	32.62
							350m:	3:41.58	32.39
							400m:	4:12.39	30.81
23.	DUMAIS, Jules			20	Université de Montréal			4:14.69	578
	50m:	28.92	28.92	150m:	1:32.91	32.54	250m:	2:38.52	32.95
	100m:	1:00.37	31.45	200m:	2:05.57	32.66	300m:	3:11.08	32.56
							350m:	3:43.25	32.17
							400m:	4:14.69	31.44
24.	D'AMOUR, Louis-Thomas			20	Université de Montréal			4:15.33	574
	50m:	28.13	28.13	150m:	1:31.00	31.75	250m:	2:36.00	33.00
	100m:	59.25	31.12	200m:	2:03.00	32.00	300m:	3:09.20	33.20
							350m:	3:42.87	33.67
							400m:	4:15.33	32.46
25.	PANTAROTTO, Zachary			19	University of Ottawa Gee-Gees			4:26.05	507
	50m:	29.21	29.21	150m:	1:34.66	33.20	250m:	2:42.19	33.69
	100m:	1:01.46	32.25	200m:	2:08.50	33.84	300m:	3:16.33	34.14
							350m:	3:51.36	35.03
							400m:	4:26.05	34.69
26.	PROULX-BÉGIN, Nicolas			34	UQTR Patriotes			4:29.87	486
	50m:	30.99	30.99	150m:	1:37.31	33.62	250m:	2:45.18	34.30
	100m:	1:03.69	32.70	200m:	2:10.88	33.57	300m:	3:20.08	34.90
							350m:	3:55.37	35.29
							400m:	4:29.87	34.50
forf.déc.	TOKATLI, Murat			22	McGILL				forf.déc.
forf.déc.	VERDON, Laurent			20	Université de Sherbrooke Vert				forf.déc.
hc.	LEGAULT, Justin			21	Université de Montréal			4:12.47	594hc.
	50m:	28.69	28.69	150m:	1:33.15	32.61	250m:	2:38.61	32.40
	100m:	1:00.54	31.85	200m:	2:06.21	33.06	300m:	3:11.32	32.71
							350m:	3:42.91	31.59
							400m:	4:12.47	29.56