

Epreuve 3
10.10.2026 - 15:10

Dames, 400m Libre

Cat. générale
Liste résultats

Records championnat USPORTS	4:02.76	KING, Savannah			01.01.2012
Records universitaires RSEQ	4:06.57	JARDIN, Barbara	UDEM	Toronto	21.02.2014

RSEQ (2026-2027) : 4:43.68 / USPORTS (2026-2027) : 4:22.67

Points: AQUA 2026

Rang				Age						Temps	Pts	
1.	TREMBLAY, Raphaëlle			22	Rouge et Or universitaire					4:16.54	722	QT
	50m:	29.71	29.71	150m:	1:34.39	32.40	250m:	2:39.85	32.74	350m:	3:45.04	32.20
	100m:	1:01.99	32.28	200m:	2:07.11	32.72	300m:	3:12.84	32.99	400m:	4:16.54	31.50
2.	WEISS REID, Béatrice			21	McGILL					4:16.69	721	QT
	50m:	12.00	12.00	150m:	1:35.11	32.37	250m:	2:40.52	32.77	350m:	3:45.71	32.45
	100m:	1:02.74	50.74	200m:	2:07.75	32.64	300m:	3:13.26	32.74	400m:	4:16.69	30.98
3.	CHUPIN, Lucia			18	McGILL					4:22.58	674	QT
	50m:	30.48	30.48	150m:	1:36.27	33.02	250m:	2:41.85	32.67	350m:	3:49.35	34.27
	100m:	1:03.25	32.77	200m:	2:09.18	32.91	300m:	3:15.08	33.23	400m:	4:22.58	33.23
4.	DE CHAZAL, Emilie			21	McGILL					4:24.72	658	
	50m:	30.50	30.50	150m:	1:36.03	32.96	250m:	2:43.69	34.03	350m:	3:51.26	33.87
	100m:	1:03.07	32.57	200m:	2:09.66	33.63	300m:	3:17.39	33.70	400m:	4:24.72	33.46
5.	GAGNON, Isabelle			22	Rouge et Or universitaire					4:26.15	647	
	50m:	31.65	31.65	150m:	1:38.06	33.28	250m:	2:45.29	33.58	350m:	3:52.92	33.93
	100m:	1:04.78	33.13	200m:	2:11.71	33.65	300m:	3:18.99	33.70	400m:	4:26.15	33.23
6.	MICHAUD, Élisabeth			21	Université de Montréal					4:28.14	633	
	50m:	31.10	31.10	150m:	1:38.24	33.85	250m:	2:46.51	34.34	350m:	3:54.89	34.18
	100m:	1:04.39	33.29	200m:	2:12.17	33.93	300m:	3:20.71	34.20	400m:	4:28.14	33.25
7.	BOYER, Mariane			17	University of Ottawa Gee-Gees					4:28.71	629	
	50m:	30.34	30.34	150m:	1:36.61	33.09	250m:	2:44.63	34.07	350m:	3:54.91	34.99
	100m:	1:03.52	33.18	200m:	2:10.56	33.95	300m:	3:19.92	35.29	400m:	4:28.71	33.80
8.	BÉASSE, Blanche			22	Université de Montréal					4:28.98	627	
	50m:	31.50	31.50	150m:	1:39.03	34.06	250m:	2:47.53	34.08	350m:	3:55.56	34.00
	100m:	1:04.97	33.47	200m:	2:13.45	34.42	300m:	3:21.56	34.03	400m:	4:28.98	33.42
9.	PHAM-SPICKLER, Alexia			23	Université de Sherbrooke Vert					4:29.03	626	
	50m:	30.82	30.82	150m:	1:37.40	33.73	250m:	2:45.93	34.42	350m:	3:55.04	34.43
	100m:	1:03.67	32.85	200m:	2:11.51	34.11	300m:	3:20.61	34.68	400m:	4:29.03	33.99
10.	MCLEOD, Kealeigh			19	McGILL					4:29.39	624	
	50m:	31.27	31.27	150m:	1:37.61	33.52	250m:	2:45.71	34.09	350m:	3:55.19	35.08
	100m:	1:04.09	32.82	200m:	2:11.62	34.01	300m:	3:20.11	34.40	400m:	4:29.39	34.20
11.	DI MARIA, Jessica			19	Université de Montréal					4:29.64	622	
	50m:	29.68	29.68	150m:	1:37.06	34.06	250m:	2:45.64	34.34	350m:	3:55.39	34.94
	100m:	1:03.00	33.32	200m:	2:11.30	34.24	300m:	3:20.45	34.81	400m:	4:29.64	34.25
12.	COLQUHOUN, Sydney			20	University of Ottawa Gee-Gees					4:30.12	619	
	50m:	30.41	30.41	150m:	1:37.15	33.76	250m:	2:46.11	34.52	350m:	3:55.77	34.98
	100m:	1:03.39	32.98	200m:	2:11.59	34.44	300m:	3:20.79	34.68	400m:	4:30.12	34.35
13.	MARIGAU, Maika			21	Université de Montréal					4:30.66	615	
	50m:	31.05	31.05	150m:	1:39.22	34.23	250m:	2:48.31	34.68	350m:	3:57.78	34.74
	100m:	1:04.99	33.94	200m:	2:13.63	34.41	300m:	3:23.04	34.73	400m:	4:30.66	32.88
14.	MARCON, Isabella			19	University of Ottawa Gee-Gees					4:31.03	613	
	50m:	30.75	30.75	150m:	1:37.98	34.08	250m:	2:46.76	34.38	350m:	3:56.72	35.15
	100m:	1:03.90	33.15	200m:	2:12.38	34.40	300m:	3:21.57	34.81	400m:	4:31.03	34.31

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Rang				Age				Temps	Pts
15.	BROUSSEAU, Merielle			20	McGILL			4:31.83	607
	50m:	30.77	30.77	150m:	1:37.77	33.83	250m:	2:47.16	35.15
	100m:	1:03.94	33.17	200m:	2:12.51	34.74	300m:	3:22.22	34.46
16.	CHAMPAGNE, Amélia			21	Rouge et Or universitaire			4:34.64	589
	50m:	31.02	31.02	150m:	1:39.06	34.40	250m:	2:49.27	35.42
	100m:	1:04.66	33.64	200m:	2:14.17	35.11	300m:	3:24.91	34.31
17.	MARQUIS, Jade			22	Université de Montréal			4:35.96	580
	50m:	31.63	31.63	150m:	1:39.85	34.40	250m:	2:49.66	35.69
	100m:	1:05.45	33.82	200m:	2:14.61	34.76	300m:	3:25.13	35.14
18.	TREMBLAY, Sarah-Louise			22	UQTR Patriotes			4:37.49	571
	50m:	31.26	31.26	150m:	1:40.22	34.90	250m:	2:51.02	35.91
	100m:	1:05.32	34.06	200m:	2:15.49	35.27	300m:	3:26.78	34.80
19.	PANAITESCU, Andreea Francesc			17	University of Ottawa Gee-Gees			4:38.69	563
	50m:	31.16	31.16	150m:	1:40.15	34.60	250m:	2:50.21	36.34
	100m:	1:05.55	34.39	200m:	2:15.40	35.25	300m:	3:25.68	36.67
20.	EVANS, Jocelyn			19	University of Ottawa Gee-Gees			4:41.97	544
	50m:	31.02	31.02	150m:	1:40.26	35.03	250m:	2:51.85	36.98
	100m:	1:05.23	34.21	200m:	2:15.91	35.65	300m:	3:28.11	36.88
21.	PAYANT, Léa			19	Université de Montréal			4:42.38	542
	50m:	30.92	30.92	150m:	1:40.32	35.09	250m:	2:52.37	36.96
	100m:	1:05.23	34.31	200m:	2:15.97	35.65	300m:	3:29.26	36.16
22.	QUEVILLON, Liliane			20	Université de Montréal			4:42.82	539
	50m:	30.98	30.98	150m:	1:39.89	34.85	250m:	2:51.96	37.32
	100m:	1:05.04	34.06	200m:	2:15.58	35.69	300m:	3:28.77	36.73
23.	CLOUTIER, Sabrina			22	Université de Sherbrooke Vert			4:44.00	532
	50m:	32.32	32.32	150m:	1:42.94	35.65	250m:	2:54.65	36.78
	100m:	1:07.29	34.97	200m:	2:18.73	35.79	300m:	3:31.27	35.95
24.	CÔTÉ, Virginie			20	Université de Sherbrooke Vert			4:44.41	530
	50m:	31.73	31.73	150m:	1:42.69	35.78	250m:	2:55.31	36.54
	100m:	1:06.91	35.18	200m:	2:18.99	36.30	300m:	3:32.12	35.75
hc.	PONTON, Emma			20	McGILL			4:30.84	614hc.
	50m:	30.73	30.73	150m:	1:38.04	33.79	250m:	2:46.78	35.15
	100m:	1:04.25	33.52	200m:	2:12.23	34.19	300m:	3:21.56	34.13
hc.	PAUL, Florence			20	Rouge et Or universitaire			4:39.46	559hc.
	50m:	32.52	32.52	150m:	1:42.33	35.53	250m:	2:53.89	35.22
	100m:	1:06.80	34.28	200m:	2:18.00	35.67	300m:	3:29.54	34.70