Prova 30 | Femin., 100m Livres | OPEN
08/11/2026 - 16:50 | LIZMONTAGENS | Startlist Final

Recordes Nacionais 25m Open	54.28	Ema Jeronimo, CONCEICAO	SAD	Algés	20/06/2026
Recordes Nacionais 25m 19 +	54.28	Ema Jeronimo, CONCEICAO	SAD	Algés	20/06/2026
Recordes Nacionais 25m 18	55.57	Mariana Pacheco, CUNHA	CNCE	Leiria	26/11/2021
Recordes Nacionais 25m 17	55.54	Carolina Miranda, FERNANDES	CGA	Leiria	28/11/2021
Recordes Nacionais 25m 16	56.72	Ana Reis, SOUSA	CNLA	Porto	08/12/2017
Recordes Nacionais 25m 15	56.18	Carolina Miranda, FERNANDES	CGA	Mealhada	08/12/2019
Recordes Nacionais 25m 14	57.65	Carolina Miranda, FERNANDES	CGA	Estarreja	10/06/2019
Recordes Nacionais 25m 13	58.55	Carolina Miranda, FERNANDES	CGA	Felgueiras	11/03/2018

Tempo a Obter INF 13 - 14: 1:16.07 / Tempo a Obter JUV 15 - 16: 1:07.90 / Tempo a Obter JUN/ SEN 17 +: 1:01.50

Final, Final A

1	Carolina Sofia, MARTINS	OPEN	210962	Palmela Desporto	1:00.35	_____
2	Adriana Giles, LOPEZ	OPEN	228854	CN Rio Maior	59.83	_____
3	Leonor Peso, PARENTE	OPEN	208092	Benfica	59.28	_____
4	Eva Alexandra, COUTINHO	OPEN	208558	Porto	57.55	
5	Ema Jeronimo, CONCEICAO	OPEN	129812	Sport Alges e Dafundo	59.02	
6	Carolina Vizinho, CABRAL	OPEN	206307	Galitos / Bresimar	59.72	
7	Zoe Pinho, NUNES	OPEN	209378	Galitos / Bresimar	1:00.14	
8	Luisa Ponte, JORGE	OPEN	204158	Palmela Desporto	1:00.69	_____

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