Epreuve 16 — Filles, 400m 4 nages — 16 ans et moins
07.11.2026 - 11:30 — Liste résultats

Swiss National Records	4:42.97	VAN BERKEL, Martina	LIMM	Neuchatel	29.03.2009

Points: AQUA 2026

Rang		AN		Temps	Pts
1.	GABELLIERI, Gaia	13	Lausanne Aquatique 1	**5:20.86**	504
	50m: 33.30 33.30 150m: 1:55.59 41.81 250m: 3:22.33 46.10 350m: 4:45.20 37.18				
	100m: 1:13.78 40.48 200m: 2:36.23 40.64 300m: 4:08.02 45.69 400m: 5:20.86 35.66				
2.	MAGGINI, Ayleen	11	Fribourg Aquatics 1	**5:25.44**	483
	50m: 34.71 34.71 150m: 1:57.01 41.63 250m: 3:24.99 46.08 350m: 4:48.54 37.92				
	100m: 1:15.38 40.67 200m: 2:38.91 41.90 300m: 4:10.62 45.63 400m: 5:25.44 36.90				
3.	BONDA, Mélissa	13	Lausanne Aquatique 2	**5:35.86**	440
	50m: 37.89 37.89 150m: 2:04.63 43.21 250m: 3:33.82 46.09 350m: 4:58.52 38.28				
	100m: 1:21.42 43.53 200m: 2:47.73 43.10 300m: 4:20.24 46.42 400m: 5:35.86 37.34				
4.	CAUME GONÇALVES, Louise	13	Renens-Natation 1	**5:40.18**	423
	50m: 35.92 35.92 150m: 2:02.49 43.72 250m: 3:32.56 47.11 350m: 5:01.35 40.85				
	100m: 1:18.77 42.85 200m: 2:45.45 42.96 300m: 4:20.50 47.94 400m: 5:40.18 38.83				
5.	ERARD, Lola	14	CN La Chaux-de-Fonds 1	**5:42.41**	415
	50m: 36.83 36.83 150m: 2:06.38 44.10 250m: 3:36.94 48.08 350m: 5:04.60 39.51				
	100m: 1:22.28 45.45 200m: 2:48.86 42.48 300m: 4:25.09 48.15 400m: 5:42.41 37.81				
6.	LUKÀCS, Linda	14	Fribourg Aquatics 2	**6:46.54**	248
	50m: 43.55 43.55 150m: 2:30.98 53.78 250m: 4:18.00 54.89 350m: 6:01.88 47.12				
	100m: 1:37.20 53.65 200m: 3:23.11 52.13 300m: 5:14.76 56.76 400m: 6:46.54 44.66				
disq.10%	MEYER, Anaîs Alice	14	Red-Fish Neuchâtel 1	**5:49.99**	350
	404 - Pas touché en position dorsale (arrivée) (Temps: 11:39)				
	50m: 37.18 37.18 150m: 2:09.60 45.03 250m: 3:41.35 46.81 350m: 5:10.24 40.90				
	100m: 1:24.57 47.39 200m: 2:54.54 44.94 300m: 4:29.34 47.99 400m: 5:49.99 39.75				