Epreuve 106 — Garçons, 400m 4 nages — 17 ans et moins
2026-10-25 - 10:58 — Liste résultats

Points: AQUA 2025

14 - 15 ans

Rang		Age		Temps	Pts
1.	GOSSELIN, Manoé	14	Rouge et Or/Université Laval	**4:54.78**	505
2.	WILDI, Jake	15	Rouge et Or/Université Laval	**4:58.93**	484
3.	ZHAO, Benoit-Long	14	Club de natation région de Qué	**5:09.13**	438
4.	LESSARD, Édouard	14	Club de natation région de Qué	**5:11.47**	428
5.	PIGEON, Arthur	15	Club de Natation des Riverains	**5:11.54**	428
6.	JOBIN, Etienne	15	Club de Natation des Riverains	**5:22.34**	386
7.	BELISLE, Vincent	14	Club de natation région de Qué	**5:23.72**	381
8.	CORMIER, Thomas	15	Club de natation région de Qué	**5:23.87**	381
9.	D'ANJOU, Léonard	14	Club de natation région de Qué	**5:23.90**	380
10.	CORMIER, Thomas	14	Nsh	**5:32.80**	351
11.	LEBLANC, Justin	15	Club de Natation des Riverains	**5:33.08**	350
12.	LÉVESQUE, Félix	15	Club Aquatique de la Capitale	**5:33.88**	347
13.	VAN OYEN, Mathieu	14	Club de natation région de Qué	**5:34.37**	346
14.	BAHI, Sâd	14	Nsh	**5:36.94**	338
15.	AMMARI, Yanis	15	Nsh	**6:14.52**	246

1.	50m:	32.69	32.69	150m:	1:46.25	38.23	250m:	3:06.70	43.31	350m:	4:22.85	33.13
	100m:	1:08.02	35.33	200m:	2:23.39	37.14	300m:	3:49.72	43.02	400m:	4:54.78	31.93
2.	50m:	31.84	31.84	150m:	1:48.29	39.55	250m:	3:09.07	41.12	350m:	4:25.20	34.16
	100m:	1:08.74	36.90	200m:	2:27.95	39.66	300m:	3:51.04	41.97	400m:	4:58.93	33.73
3.	50m:	30.44	30.44	150m:	1:45.93	39.56	250m:	3:08.75	42.76	350m:	4:32.64	36.53
	100m:	1:06.37	35.93	200m:	2:25.99	40.06	300m:	3:56.11	47.36	400m:	5:09.13	36.49
4.	50m:	33.41	33.41	150m:	1:51.90	39.98	250m:	3:15.97	44.19	350m:	4:37.55	34.87
	100m:	1:11.92	38.51	200m:	2:31.78	39.88	300m:	4:02.68	46.71	400m:	5:11.47	33.92
5.	50m:	32.75	32.75	150m:	1:52.17	38.57	250m:	3:18.46	45.93	350m:	4:39.60	33.83
	100m:	1:13.60	40.85	200m:	2:32.53	40.36	300m:	4:05.77	47.31	400m:	5:11.54	31.94
6.	50m:	32.69	32.69	150m:	1:50.83	40.58	250m:	3:18.43	47.96	350m:	4:45.23	38.05
	100m:	1:10.25	37.56	200m:	2:30.47	39.64	300m:	4:07.18	48.75	400m:	5:22.34	37.11
7.	50m:	31.14	31.14	150m:	1:48.94	39.08	250m:	3:19.42	51.43	350m:	4:48.22	36.81
	100m:	1:09.86	38.72	200m:	2:27.99	39.05	300m:	4:11.41	51.99	400m:	5:23.72	35.50
8.	50m:	34.82	34.82	150m:	2:00.01	45.40	250m:	3:29.62	45.69	350m:	4:50.45	35.62
	100m:	1:14.61	39.79	200m:	2:43.93	43.92	300m:	4:14.83	45.21	400m:	5:23.87	33.42
9.	50m:	32.26	32.26	150m:	1:55.71	43.37	250m:	3:25.40	48.72	350m:	4:50.73	36.59
	100m:	1:12.34	40.08	200m:	2:36.68	40.97	300m:	4:14.14	48.74	400m:	5:23.90	33.17
10.	50m:	35.99	35.99	150m:	2:03.38	43.54	250m:	3:30.30	45.80	350m:	4:55.82	39.11
	100m:	1:19.84	43.85	200m:	2:44.50	41.12	300m:	4:16.71	46.41	400m:	5:32.80	36.98
11.	50m:	32.91	32.91	150m:	1:53.49	44.29	250m:	3:26.75	49.01	350m:	4:54.57	40.09
	100m:	1:09.20	36.29	200m:	2:37.74	44.25	300m:	4:14.48	47.73	400m:	5:33.08	38.51
12.	50m:	34.16	34.16	150m:	1:56.38	40.29	250m:	3:28.23	50.39	350m:	4:56.99	37.25
	100m:	1:16.09	41.93	200m:	2:37.84	41.46	300m:	4:19.74	51.51	400m:	5:33.88	36.89
13.	50m:	36.35	36.35	150m:	2:03.54	40.55	250m:	3:31.46	48.37	350m:	4:58.13	37.96
	100m:	1:22.99	46.64	200m:	2:43.09	39.55	300m:	4:20.17	48.71	400m:	5:34.37	36.24
14.	50m:	36.40	36.40	150m:	2:00.65	41.22	250m:	3:29.13	47.50	350m:	4:59.65	41.27
	100m:	1:19.43	43.03	200m:	2:41.63	40.98	300m:	4:18.38	49.25	400m:	5:36.94	37.29
15.	50m:	40.23	40.23	150m:	2:17.88	48.83	250m:	3:56.07	51.38	350m:	5:31.67	42.78
	100m:	1:29.05	48.82	200m:	3:04.69	46.81	300m:	4:48.89	52.82	400m:	6:14.52	42.85

Epreuve 106, Garçons, 400m 4 nages, 14 - 15 ans

Rang		Age		Temps	Pts
16.	BEAUDET, Gabriel	15	Club de natation région de Qué	**6:23.59**	229
	50m: 35.39 35.39 150m: 2:17.74 49.30 250m: 4:02.20 56.94 350m: 5:43.51 40.82				
	100m: 1:28.44 53.05 200m: 3:05.26 47.52 300m: 5:02.69 1:00.49 400m: 6:23.59 40.08				
17.	THIBODEAU, Adam	14	Club Aquatique de la Capitale	**6:35.12**	209
	50m: 44.15 44.15 150m: 2:27.58 52.21 250m: 4:13.81 57.18 350m: 5:56.10 44.35				
	100m: 1:35.37 51.22 200m: 3:16.63 49.05 300m: 5:11.75 57.94 400m: 6:35.12 39.02				

16 - 17 ans

1.	BEAUDOIN, Loic	16	Rouge et Or/Université Laval	**4:45.96**	553
	50m: 29.59 29.59 150m: 1:40.24 36.83 250m: 2:57.60 41.59 350m: 4:13.04 33.81				
	100m: 1:03.41 33.82 200m: 2:16.01 35.77 300m: 3:39.23 41.63 400m: 4:45.96 32.92				
2.	DORVAL, Henri-Louis	17	Rouge et Or/Université Laval	**4:54.16**	508
	50m: 29.31 29.31 150m: 1:41.29 37.27 250m: 3:03.55 44.65 350m: 4:22.86 34.37				
	100m: 1:04.02 34.71 200m: 2:18.90 37.61 300m: 3:48.49 44.94 400m: 4:54.16 31.30				
3.	VOGRIG, Liam	17	Club Aquatique de la Capitale	**5:04.52**	458
	50m: 29.34 29.34 150m: 1:44.42 38.65 250m: 350m: 4:27.73 34.97				
	100m: 1:05.77 36.43 200m: 2:24.42 40.00 300m: 3:52.76 400m: 5:04.52 36.79				
4.	RODRIGUE, Jacob	16	Équinoxes de Thetford Mines	**5:08.86**	439
	50m: 31.31 31.31 150m: 1:48.43 40.15 250m: 3:11.36 43.08 350m: 4:34.01 36.73				
	100m: 1:08.28 36.97 200m: 2:28.28 39.85 300m: 3:57.28 45.92 400m: 5:08.86 34.85				
5.	BELANGER, Kristofer	16	Club de natation région de Qué	**5:11.28**	429
	50m: 33.29 33.29 150m: 1:50.53 39.39 250m: 3:16.60 46.80 350m: 4:37.84 34.59				
	100m: 1:11.14 37.85 200m: 2:29.80 39.27 300m: 4:03.25 46.65 400m: 5:11.28 33.44				
6.	LARIVIÈRE, Simon	16	Club de natation région de Qué	**5:23.63**	381
	50m: 34.76 34.76 150m: 1:59.20 40.38 250m: 3:26.70 49.57 350m: 4:49.44 35.78				
	100m: 1:18.82 44.06 200m: 2:37.13 37.93 300m: 4:13.66 46.96 400m: 5:23.63 34.19				
7.	PERRIER, Rafaël	16	Unik	**5:23.67**	381
	50m: 36.02 36.02 150m: 1:59.81 41.91 250m: 3:28.95 47.59 350m: 4:48.50 34.50				
	100m: 1:17.90 41.88 200m: 2:41.36 41.55 300m: 4:14.00 45.05 400m: 5:23.67 35.17				
8.	BOUTIN, Karel	16	Club de natation région de Qué	**5:24.14**	380
	50m: 35.62 35.62 150m: 1:59.91 44.30 250m: 350m: 4:49.61 37.44				
	100m: 1:15.61 39.99 200m: 2:43.45 43.54 300m: 4:12.17 400m: 5:24.14 34.53				
9.	ST-LAURENT, Elliot	16	Club Aquatique de la Capitale	**5:26.81**	370
	50m: 150m: 1:52.14 41.55 250m: 3:21.95 48.12 350m: 4:49.53 37.63				
	100m: 1:10.59 200m: 2:33.83 41.69 300m: 4:11.90 49.95 400m: 5:26.81 37.28				
10.	GRONDIN, Louka	16	Club de Natation des Riverains	**5:38.59**	333
	50m: 36.88 36.88 150m: 2:03.29 44.93 250m: 3:34.55 45.56 350m: 5:01.40 40.18				
	100m: 1:18.36 41.48 200m: 2:48.99 45.70 300m: 4:21.22 46.67 400m: 5:38.59 37.19				
11.	ROY, Logan-Elyot	16	Club de Natation des Riverains	**5:54.90**	289
	50m: 39.20 39.20 150m: 2:14.09 49.83 250m: 3:52.06 50.99 350m: 5:20.50 40.50				
	100m: 1:24.26 45.06 200m: 3:01.07 46.98 300m: 4:40.00 47.94 400m: 5:54.90 34.40				
12.	MORIN, Xavier	16	Club Aquatique de la Capitale	**6:05.67**	264
	50m: 36.43 36.43 150m: 2:10.77 49.93 250m: 3:51.17 55.17 350m: 5:28.81 43.49				
	100m: 1:20.84 44.41 200m: 2:56.00 45.23 300m: 4:45.32 54.15 400m: 6:05.67 36.86				
13.	ZICAT, Nolan	16	Club de Natation des Riverains	**6:23.76**	229
	50m: 37.82 37.82 150m: 2:15.36 49.24 250m: 4:00.58 55.00 350m: 5:41.22 44.15				
	100m: 1:26.12 48.30 200m: 3:05.58 50.22 300m: 4:57.07 56.49 400m: 6:23.76 42.54				

Epreuve 106, Garçons, 400m 4 nages

13 ans et moins

1. FILLION, Thomas 12 Équinoxes de Thetford Mines **6:50.33** 187

50m:	42.30	42.30	150m:	2:30.32		250m:	4:23.85	1:04.75	350m:	6:08.88	42.41
100m:			200m:	3:19.10	48.78	300m:	5:26.47	1:02.62	400m:	6:50.33	41.45

2. GARNEAU, Éloi 12 Équinoxes de Thetford Mines **6:56.74** 178

50m:	40.70	40.70	150m:	3:21.18	1:48.38	250m:	4:22.90		350m:	6:09.61	46.31
100m:	1:32.80	52.10	200m:			300m:	5:23.30	1:00.40	400m:	6:56.74	47.13