Epreuve 105 — Filles, 400m 4 nages — 17 ans et moins
2026-10-25 - 10:30 — Liste résultats

Points: AQUA 2025

14 - 15 ans

Rang		Age		Temps	Pts
1.	HARVEY, Éllie	15	Club de natation région de Qué	**5:22.68**	496
	50m: 35.18 35.18 150m: 1:55.02 40.12 250m: 3:23.53 48.98 350m: 4:48.04 35.49				
	100m: 1:14.90 39.72 200m: 2:34.55 39.53 300m: 4:12.55 49.02 400m: 5:22.68 34.64				
2.	TESSIER, Ellyanne	14	Club de natation région de Qué	**5:24.12**	489
	50m: 36.60 36.60 150m: 2:00.34 43.63 250m: 3:26.50 43.20 350m: 4:47.10				
	100m: 1:16.71 40.11 200m: 2:43.30 42.96 300m: 400m: 5:24.12 37.02				
3.	SAVARD-FORGET, Rose	14	Nsh	**5:35.51**	441
	50m: 37.16 37.16 150m: 2:00.73 42.46 250m: 350m: 5:00.91 36.22				
	100m: 1:18.27 41.11 200m: 2:44.73 44.00 300m: 4:24.69 400m: 5:35.51 34.60				
4.	DUGAS, Natalie	15	Club de Natation Régional de l	**5:37.53**	433
	50m: 34.20 34.20 150m: 1:57.72 42.38 250m: 3:31.33 48.99 350m: 4:59.57 38.50				
	100m: 1:15.34 41.14 200m: 2:42.34 44.62 300m: 4:21.07 49.74 400m: 5:37.53 37.96				
5.	MARCOTTE, Rosalie	15	Club de natation région de Qué	**5:41.55**	418
	50m: 34.59 34.59 150m: 2:01.12 42.12 250m: 3:33.01 49.20 350m: 5:01.61 38.18				
	100m: 1:19.00 44.41 200m: 2:43.81 42.69 300m: 4:23.43 50.42 400m: 5:41.55 39.94				
6.	FORTIN, Charlie	14	Club Aquatique de la Capitale	**5:56.55**	367
	50m: 39.08 39.08 150m: 2:08.06 46.07 250m: 3:45.18 50.55 350m: 5:18.34 39.73				
	100m: 1:21.99 42.91 200m: 2:54.63 46.57 300m: 4:38.61 53.43 400m: 5:56.55 38.21				
7.	TRUDEL, Léanne	14	Unik	**5:57.77**	364
	50m: 41.29 41.29 150m: 2:16.82 46.06 250m: 3:51.55 49.59 350m: 5:19.78 38.61				
	100m: 1:30.76 49.47 200m: 3:01.96 45.14 300m: 4:41.17 49.62 400m: 5:57.77 37.99				
8.	GROLEAU, Leslie	14	Unik	**6:01.41**	353
	50m: 38.98 38.98 150m: 2:13.11 48.21 250m: 3:50.48 49.88 350m: 5:21.02 39.82				
	100m: 1:24.90 45.92 200m: 3:00.60 47.49 300m: 4:41.20 50.72 400m: 6:01.41 40.39				
9.	VACHON, Gabrielle	14	Club de Natation Régional de l	**6:04.60**	344
	50m: 37.14 37.14 150m: 2:08.60 48.09 250m: 3:50.59 53.90 350m: 5:25.55 39.96				
	100m: 1:20.51 43.37 200m: 2:56.69 48.09 300m: 4:45.59 55.00 400m: 6:04.60 39.05				
10.	BÉDARD, Flora	14	Club de Natation Régional de l	**6:08.24**	333
	50m: 38.58 38.58 150m: 2:14.15 47.35 250m: 3:53.63 51.73 350m: 5:29.18 42.50				
	100m: 1:26.80 48.22 200m: 3:01.90 47.75 300m: 4:46.68 53.05 400m: 6:08.24 39.06				
11.	MORIN, Camille	15	Nsh	**6:11.35**	325
	50m: 42.23 42.23 150m: 2:17.55 44.48 250m: 3:54.75 53.58 350m: 5:31.24 42.20				
	100m: 1:33.07 50.84 200m: 3:01.17 43.62 300m: 4:49.04 54.29 400m: 6:11.35 40.11				
12.	SAMSON, Elody	14	Unik	**6:15.27**	315
	50m: 39.64 39.64 150m: 2:11.96 250m: 3:53.12 54.88 350m: 5:34.67 43.98				
	100m: 200m: 2:58.24 46.28 300m: 4:50.69 57.57 400m: 6:15.27 40.60				
13.	GIGUÈRE, Eva	15	Club de Natation des Riverains	**6:15.73**	314
	50m: 41.17 41.17 150m: 2:15.37 47.11 250m: 3:56.39 54.38 350m: 5:34.09 42.86				
	100m: 1:28.26 47.09 200m: 3:02.01 46.64 300m: 4:51.23 54.84 400m: 6:15.73 41.64				
14.	NOLET, Charlie	15	Club de Natation des Riverains	**6:17.72**	309
	50m: 150m: 2:15.42 250m: 3:59.60 350m: 5:37.66				
	100m: 200m: 300m: 400m: 6:17.72 40.06				
15.	ROMDHANE, Yasmine	15	Nsh	**6:18.69**	307
	50m: 37.38 37.38 150m: 2:13.32 47.90 250m: 3:55.80 54.40 350m: 5:35.21 43.21				
	100m: 1:25.42 48.04 200m: 3:01.40 48.08 300m: 4:52.00 56.20 400m: 6:18.69 43.48				

Epreuve 105, Filles, 400m 4 nages, 14 - 15 ans

Rang		Age		Temps	Pts
16.	RENAUD, Émilie	15	Club de Natation des Riverains	**6:23.17**	296
	50m: 40.83 40.83 150m: 2:16.48 46.88 250m: 3:58.34 56.36 350m: 5:38.91 44.25				
	100m: 1:29.60 48.77 200m: 3:01.98 45.50 300m: 4:54.66 56.32 400m: 6:23.17 44.26				
17.	GIRARD, Élodie	14	Club de natation région de Qué	**6:38.69**	263
	50m: 42.98 42.98 150m: 2:20.21 47.40 250m: 4:09.15 1:02.81 350m: 5:57.57 44.13				
	100m: 1:32.81 49.83 200m: 3:06.34 46.13 300m: 5:13.44 1:04.29 400m: 6:38.69 41.12				
18.	FAUCHER, Julianne	15	Club de Natation des Riverains	**6:59.23**	226
	50m: 47.11 47.11 150m: 2:34.96 54.22 250m: 4:28.82 1:00.05 350m: 6:15.29 44.61				
	100m: 1:40.74 53.63 200m: 3:28.77 53.81 300m: 5:30.68 1:01.86 400m: 6:59.23 43.94				
disq.	LAVOIE, Daphnée	14	Nsh		

16 - 17 ans

1.	ABETTI, Douae	16	Club de natation région de Qué	**5:08.96**	565
	50m: 34.39 34.39 150m: 1:54.82 40.64 250m: 3:18.94 42.70 350m: 4:35.11 34.29				
	100m: 1:14.18 39.79 200m: 2:36.24 41.42 300m: 4:00.82 41.88 400m: 5:08.96 33.85				
2.	TURCOTTE, Annabelle	17	Club de natation région de Qué	**5:10.31**	558
	50m: 32.99 32.99 150m: 1:50.06 39.14 250m: 3:16.51 47.84 350m: 4:37.11 33.06				
	100m: 1:10.92 37.93 200m: 2:28.67 38.61 300m: 4:04.05 47.54 400m: 5:10.31 33.20				
3.	LEMELIN, Émie	16	Club de natation région de Qué	**5:14.34**	536
	50m: 34.47 34.47 150m: 1:49.19 37.99 250m: 3:13.75 45.58 350m: 4:38.43 36.73				
	100m: 1:11.20 36.73 200m: 2:28.17 38.98 300m: 4:01.70 47.95 400m: 5:14.34 35.91				
4.	SHINK, Laurie	17	Club de natation région de Qué	**5:16.36**	526
	50m: 34.01 34.01 150m: 1:53.64 40.34 250m: 3:18.50 44.06 350m: 4:39.55 37.17				
	100m: 1:13.30 39.29 200m: 2:34.44 40.80 300m: 4:02.38 43.88 400m: 5:16.36 36.81				
5.	LAFRENIÈRE, Juliette	16	Club de natation région de Qué	**5:20.07**	508
	50m: 32.23 32.23 150m: 1:50.36 39.15 250m: 3:19.38 49.27 350m: 4:45.37 37.13				
	100m: 1:11.21 38.98 200m: 2:30.11 39.75 300m: 4:08.24 48.86 400m: 5:20.07 34.70				
6.	BEAUDOIN, Marie-Laurence	17	Rouge et Or/Université Laval	**5:23.64**	491
	50m: 33.82 33.82 150m: 1:53.36 41.98 250m: 3:23.71 48.24 350m: 4:47.37 36.22				
	100m: 1:11.38 37.56 200m: 2:35.47 42.11 300m: 4:11.15 47.44 400m: 5:23.64 36.27				
7.	LAJEUNESSE, Éliane	17	Club de Natation de Montmagny	**5:25.94**	481
	50m: 33.35 33.35 150m: 1:54.44 41.94 250m: 3:24.21 47.78 350m: 4:49.02 37.37				
	100m: 1:12.50 39.15 200m: 2:36.43 41.99 300m: 4:11.65 47.44 400m: 5:25.94 36.92				
8.	GAGNON, Héloïse	16	Club de natation région de Qué	**5:35.95**	439
	50m: 35.61 35.61 150m: 2:00.63 41.85 250m: 3:32.02 50.06 350m: 5:00.52 38.01				
	100m: 1:18.78 43.17 200m: 2:41.96 41.33 300m: 4:22.51 50.49 400m: 5:35.95 35.43				
9.	CANTIN, Élisabeth	16	Rouge et Or/Université Laval	**5:40.37**	422
	50m: 34.68 34.68 150m: 1:59.10 42.97 250m: 3:33.30 52.32 350m: 5:02.82 37.82				
	100m: 1:16.13 41.45 200m: 2:40.98 41.88 300m: 4:25.00 51.70 400m: 5:40.37 37.55				
10.	CADARIO, Émilie	17	Nsh	**5:52.92**	379
	50m: 150m: 2:04.40 46.05 250m: 3:40.58 50.55 350m: 5:14.20				
	100m: 1:18.35 200m: 2:50.03 45.63 300m: 400m: 5:52.92 38.72				
11.	BLAIS, Florence	16	Club de Natation des Riverains	**5:59.56**	358
	50m: 37.31 37.31 150m: 2:07.91 46.54 250m: 3:43.53 50.29 350m: 5:19.55 43.17				
	100m: 1:21.37 44.06 200m: 2:53.24 45.33 300m: 4:36.38 52.85 400m: 5:59.56 40.01				