Programmanr. 5 | 400m vrije slag | 20 - 94 jaar
28/11/2026 - 14:00 | Startlijst

		Geb.		
Serie 1 van 10				
1	D'Hondt Georgette	60	LZV	9:10.08
2	Rizzo Stephanie	93	Esn	8:00.00
3	Collette Charlotte	90	FRA-DN	7:33.98
4	Schelfaut Hilde	56	Stw	7:10.65
5	Van Uytven Marc	66	OZEKA	7:31.23
6	Benauw Aurore	78	FRA-DN	7:45.00
7	Kapuczinski Abeline	93	CCM	9:00.00
8	Hohenbichler Michaël	53	CNSW	10:14.65
Serie 2 van 10				
1	Aerts Christel	66	TESS	6:44.44
2	Theate Françoise	63	CCM	6:40.00
3	Verbraecken Silke	99	Zik	6:37.90
4	Delaere Sabine	69	DM	6:34.02
5	Dubus Lucy	69	DM	6:35.82
6	Hernik Raphael	74	Esn	6:38.92
7	Marichal Sylvie	58	FRA-DN	6:41.80
8	Dugauquier Brigitte	55	CNSW	7:09.47
Serie 3 van 10				
1	Hamelryckx Laurence	76	CNSW	6:30.00
2	Vercouter Wolfgang	64	DZV	6:22.96
3	THIBOUST Sybille	81	FRA-USSA	6:18.38
4	Hayward Peter	59	GBR-TOT	6:07.48
5	Heuninck Geert	66	SWEM	6:11.58
6	Cop Caro	02	BRABO	6:20.41
7	Vincent Martine	55	FRA-DN	6:23.27
8	Van de Moortel Kristien	69	SHARK	6:33.51
Serie 4 van 10				
1	Caprasse Thomas	92	FNCS	6:01.16
2	Somers Sven	78	KST	5:55.75
3	Eelbode Elke	78	ORKA	5:55.00
4	Dejonckheere Mélina	91	CNSW	5:51.55
5	Cape Pascal	78	FNCS	5:51.61
6	Depreter Axelle	88	CCM	5:55.21
7	Verbeke Sarah	02	Uzkz	5:56.96
8	Danneels Dries	04	SWEM	6:04.38
Serie 5 van 10				
1	BREYER Bénédicte	72	FRA-USSA	5:48.89
2	Messina Alexia	92	Esn	5:42.00
3	Vercooren Cheyenne	93	ROSC	5:29.65
4	Halsberghe Gaëlle	94	EC	5:24.41
5	Vanmuysen Cedric	96	Stzc	5:26.44
6	Bresoux Olivier	69	CNSW	5:39.10
7	Naili Karim	66	CNBA	5:45.18
8	Christiaens Elke	78	GBZ	5:50.74

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Serie 6 van 10

1	Rotthier Tessa	96	GBZ	5:20.98
2	Vandenschrick Kaat	00	Rscm	5:19.44
3	Wauters Bo	02	ZORO	5:15.00
4	Clijmans Gert	94	KST	5:14.27
5	Huys Stijn	98	Zik	5:14.56
6	Schelstraete Bruno	90	EC	5:17.00
7	Vanderborght Yannick	75	LAQUA	5:20.24
8	Clerens Nicolas	87	Aquabla	5:22.18

Serie 7 van 10

1	Janon Thibault	90	Esn	5:09.58
2	Van Nooten Stan	81	LAQUA	5:06.91
3	Vinck Lore	02	MEGA	5:04.55
4	Haegeman Karen	97	AST	5:01.17
5	Delaender Katrien	66	DZV	5:01.56
6	Beckers Simon	95	Kzk	5:05.10
7	Frederix Ruben	83	Hzs	5:09.06
8	Nagl Norbert	68	AUT-HAK	5:09.65

Serie 8 van 10

1	Seuntiens Hans	84	KST	4:59.85
2	Vermaut Celine	99	Kzk	4:57.93
3	Delbrouck Manuel	72	Helios	4:55.34
4	Smans Philip	70	SHARK	4:54.55
5	De Witte Gielis	93	SWEM	4:55.00
6	Vaernewyck Jonathan	86	DZV	4:56.18
7	De Pauw Stijn	84	DZV	4:57.96
8	Cappello Federico	84	Lux-Sharks	5:00.00

Serie 9 van 10

1	Delepine M Romain	87	FRA-LUC	4:53.00
2	Vaernewyck Stephanie	83	DZV	4:48.06
3	Ledent Romain	94	Mosan	4:45.00
4	Van Brabandt Willem	79	FIRST	4:44.09
5	De Poorter Bram	84	SWEM	4:44.27
6	Hallade Richard	72	FRA-USCN	4:46.05
8	Thomas Benjamin	86	FRA-USCN	4:54.25

Serie 10 van 10

1	HANRAS Tiphaine	00	FRA-SN	4:37.62
2	Teston Marco	94	CNSW	4:30.00
3	Sottiau Robin	89	FRA-PCV	4:20.84
4	Van genechten Sander	03	LAQUA	4:14.25
5	Nuyes Kevin	85	Zik	4:18.94
6	Van Stichel Ortwijn	98	AZL	4:26.38
7	Rutten Ben	76	OZEKA	4:37.50
8	Richelle Eric	77	PLOUF	4:41.99