disciplína 12 | muži, 400m voľný spôsob | 9 roč. a st.
17.10.2026 - 12:45 | Výsledky

bodovanie: AQUA 2025

por.		Roč.		čas	body

10 roč.

1.	Šuvada Marek	16	MPK Dolný Kubín	**5:46.37**	230

50m:	37.17	37.17	150m:	2:04.35	44.81	250m:	3:33.68	45.44	350m:	5:05.70	46.62
100m:	1:19.54	42.37	200m:	2:48.24	43.89	300m:	4:19.08	45.40	400m:	5:46.37	40.67

2.	Šmajda Juraj	16	PK Martin	**5:59.09**	206

50m:	41.87	41.87	150m:	2:12.98	45.34	250m:	3:45.83	46.79	350m:	5:18.04	45.73
100m:	1:27.64	45.77	200m:	2:59.04	46.06	300m:	4:32.31	46.48	400m:	5:59.09	41.05

3.	Klein Samuel	16	PK Martin	**6:08.98**	190

50m:	42.99	42.99	150m:	2:18.21	47.78	250m:	3:51.97	46.47	350m:	5:24.85	45.03
100m:	1:30.43	47.44	200m:	3:05.50	47.29	300m:	4:39.82	47.85	400m:	6:08.98	44.13

4.	Ličko Adam	16	PK Martin	**6:17.70**	177

50m:	42.56	42.56	150m:	2:19.51	48.68	250m:	3:56.09	48.52	350m:	5:32.65	48.09
100m:	1:30.83	48.27	200m:	3:07.57	48.06	300m:	4:44.56	48.47	400m:	6:17.70	45.05

5.	Murček Martin	16	PK Martin	**7:49.51**	92

50m:	50.75	50.75	150m:	2:53.00	1:01.47	250m:	4:56.99	1:03.08	350m:	6:54.78	56.48
100m:	1:51.53	1:00.78	200m:	3:53.91	1:00.91	300m:	5:58.30	1:01.31	400m:	7:49.51	54.73

11 - 12 roč.

1.	Plešinský Jakub	14	MPK Dolný Kubín	**5:28.02**	270

50m:	36.58	36.58	150m:	1:59.75	41.86	250m:	3:24.48	42.55	350m:	4:48.98	41.59
100m:	1:17.89	41.31	200m:	2:41.93	42.18	300m:	4:07.39	42.91	400m:	5:28.02	39.04

2.	Halvoník Patrik	14	MPK Dolný Kubín	**5:29.78**	266

50m:	35.92	35.92	150m:	2:00.02	42.78	250m:	3:26.13	43.19	350m:	4:50.61	41.83
100m:	1:17.24	41.32	200m:	2:42.94	42.92	300m:	4:08.78	42.65	400m:	5:29.78	39.17

3.	Dimofanous Achilleas	15	MPK Dolný Kubín	**5:31.07**	263

50m:	36.77	36.77	150m:	2:01.05	42.37	250m:	3:26.19	42.87	350m:	4:51.70	43.00
100m:	1:18.68	41.91	200m:	2:43.32	42.27	300m:	4:08.70	42.51	400m:	5:31.07	39.37

4.	Zuzík Matej	15	PK Tenax Žilina	**5:54.98**	213

50m:	38.67	38.67	150m:	2:09.60	46.80	250m:	3:42.03	46.72	350m:	5:13.05	45.12
100m:	1:22.80	44.13	200m:	2:55.31	45.71	300m:	4:27.93	45.90	400m:	5:54.98	41.93

5.	Mišún Matej	15	PK Martin	**5:57.56**	209

50m:	37.87	37.87	150m:	2:09.45	46.04	250m:	3:43.08	46.89	350m:	5:16.60	46.61
100m:	1:23.41	45.54	200m:	2:56.19	46.74	300m:	4:29.99	46.91	400m:	5:57.56	40.96

6.	Čieško Martin	14	PK Martin	**6:42.65**	146

50m:	41.36	41.36	150m:	2:21.40	51.33	250m:	4:07.31	52.86	350m:	5:51.49	51.61
100m:	1:30.07	48.71	200m:	3:14.45	53.05	300m:	4:59.88	52.57	400m:	6:42.65	51.16

7.	Vajo Adam	15	PK Martin	**6:43.02**	146

50m:	43.51	43.51	150m:	2:27.71	52.84	250m:	4:14.42	53.28	350m:	5:59.46	53.27
100m:	1:34.87	51.36	200m:	3:21.14	53.43	300m:	5:06.19	51.77	400m:	6:43.02	43.56

13 - 14 roč.

1.	Buc Tomáš	12	PO Ružomberok	**4:26.33**	506

50m:	29.05	29.05	150m:	1:35.97	33.98	250m:	2:44.34	33.94	350m:	3:53.34	34.46
100m:	1:01.99	32.94	200m:	2:10.40	34.43	300m:	3:18.88	34.54	400m:	4:26.33	32.99

2.	Mičo Tomáš	12	PK Martin	**4:35.69**	456

50m:	31.43	31.43	150m:	1:40.92	35.22	250m:	2:50.98	34.84	350m:	4:01.88	35.41
100m:	1:05.70	34.27	200m:	2:16.14	35.22	300m:	3:26.47	35.49	400m:	4:35.69	33.81

3.	Vrobel Michael	12	MPK Tvrdošín	**4:44.16**	416

50m:	32.04	32.04	150m:	1:42.49	35.99	250m:	2:55.73	36.70	350m:	4:08.61	36.19
100m:	1:06.50	34.46	200m:	2:19.03	36.54	300m:	3:32.42	36.69	400m:	4:44.16	35.55

disciplína 12, žiaci, 400m voľný spôsob, 13 - 14 roč.

por.		Roč.								čas	body
4.	Svitek Artur	13	PK Martin							**4:45.12**	412
	50m: 31.12	31.12	150m: 1:41.59	35.56	250m: 2:54.27	36.49	350m: 4:09.70	37.44			
	100m: 1:06.03	34.91	200m: 2:17.78	36.19	300m: 3:32.26	37.99	400m: 4:45.12	35.42			
5.	Gabarík Peter	13	MPK Tvrdošín							**4:53.64**	377
	50m: 32.93	32.93	150m: 1:46.59	37.13	250m: 3:02.20	37.77	350m: 4:17.56	37.75			
	100m: 1:09.46	36.53	200m: 2:24.43	37.84	300m: 3:39.81	37.61	400m: 4:53.64	36.08			
6.	Hrúz Jakub	12	PK Martin							**5:04.77**	337
	50m: 31.36	31.36	150m: 1:46.97	38.99	250m: 3:06.97	40.96	350m: 4:27.37	40.40			
	100m: 1:07.98	36.62	200m: 2:26.01	39.04	300m: 3:46.97	40.00	400m: 5:04.77	37.40			
7.	Gallik Filip	13	PK Tenax Žilina							**5:21.39**	288
	50m: 35.41	35.41	150m: 1:54.67	40.48	250m: 3:17.29	41.86	350m: 4:41.53	42.11			
	100m: 1:14.19	38.78	200m: 2:35.43	40.76	300m: 3:59.42	42.13	400m: 5:21.39	39.86			
8.	Benko Adam	13	PK Tenax Žilina							**5:27.75**	271
	50m: 35.73	35.73	150m: 1:57.71	41.45	250m: 3:21.82	42.59	350m: 4:47.64	42.73			
	100m: 1:16.26	40.53	200m: 2:39.23	41.52	300m: 4:04.91	43.09	400m: 5:27.75	40.11			
9.	Nemtušiak Michal	12	MPK Delfín Liptovský Mikuláš							**5:49.19**	224
	50m: 37.91	37.91	150m: 2:06.91	44.41	250m: 3:38.84	44.83	350m: 5:10.62	44.87			
	100m: 1:22.50	44.59	200m: 2:54.01	47.10	300m: 4:25.75	46.91	400m: 5:49.19	38.57			

15 roč. a st.

1.	Kubas Rastislav	08	TT Dolný Kubín							**4:43.35**	420
	50m: 32.11	32.11	150m: 1:43.59	36.02	250m: 2:56.01	35.45	350m: 4:08.24	36.25			
	100m: 1:07.57	35.46	200m: 2:20.56	36.97	300m: 3:31.99	35.98	400m: 4:43.35	35.11			
2.	Michalica Michal	06	MPK Dolný Kubín							**4:51.70**	385
	50m: 32.62	32.62	150m: 1:44.28	36.13	250m: 2:58.03	36.74	350m: 4:14.41	38.25			
	100m: 1:08.15	35.53	200m: 2:21.29	37.01	300m: 3:36.16	38.13	400m: 4:51.70	37.29			
3.	Schmidt Oliver	11	KPŠ Nereus Žilina							**4:59.51**	355
	50m: 31.05	31.05	150m: 1:45.51	38.10	250m: 3:03.05	38.74	350m: 4:22.05	39.22			
	100m: 1:07.41	36.36	200m: 2:24.31	38.80	300m: 3:42.83	39.78	400m: 4:59.51	37.46			
4.	Pavlíček Dominik	95	PO Ružomberok							**5:47.24**	228
	50m: 33.21	33.21	150m: 1:53.20	42.55	250m: 3:26.69	47.97	350m: 5:01.67	46.83			
	100m: 1:10.65	37.44	200m: 2:38.72	45.52	300m: 4:14.84	48.15	400m: 5:47.24	45.57			